Romsey Golf Club - Ladies Report

Presentation Day is Sunday 9th November members please keep this date free. More details later. **Ladies AGM** Wednesday 15th after golf. Can all lady members please make an effort to attend.

Results for this month

Wed 27/8 Stroke H. Caly Wed 3rd Sept Stroke B. Cole

Wed 10/9 Stableford L. Beasley 30pts

Wed 17/9 Stroke Monthly Medal B. Cole

The ladies have completed three rounds of the club championships and the winner was Beryl Cole with Leila Beasley winning the net championship.

Lancefield ladies visited us on the 10th Sept and while Leila was the winner on the day Di Brennan was the Lancefield winner with 29pts.

Hilda, Jan and Beryl went to play in the Broadford Bowl on 11th Sept. The weather was perfect and the Marysville team combined well on the day to win the bowl and A, B & C grades.

Hilda and Beryl went to the 27 hole Dalhousie Championships at Seymour on the 18th Sept. Hilda had a net 68 for the 18 holes and has taken 2 strokes off her handicap. Well played Hilda. The course was dry and already has summer run and Beryl ended up in the buffer zone for the 18 holes.

Please watch shop windows for a clinic in October details not available yet.

The ladies Numurkah weekend was again a great success. 7 ladies set off on the Friday morning. Fine weather encouraged us on to the course as soon as we arrived for some warm up golf. Saturday saw us out there again for 18 holes. Most of us found the greens extremely fast and had trouble chipping and staying on. Sunday we again hit off for another round. There were some clever players who looked at the sky after 9 holes and were able to see the rain coming. 4 ladies continued on till the skies opened and down poured torrential rain. We got soaked driving back to the clubhouse. Next year we have requested buggies with roll down sides.

The carts seemed to have only one speed –flat out or emergency brake and the turning circle wasn't as wide one lady had anticipated. One cabin had a "maid" who made early morning cuppas for her mates still in bed. This luxury we don't get at home. She also took some delicious jam with her. I believe there will be a reshuffle of cabins next year.

As it was an Olympic year we also had medal presentations. "The longest drive" going to the lady who travelled the furthest to get to Numurkah. "The best driver" to our driver for the Saturday afternoon. The caddy award went to the lady who passed the Vic Roads book to the driver as she was doing a Right hand turn!!, The Birdie award went to the lady who saw the most birds, NTP went to the lady who had a pin in her handbag. After all this there was a rousing rendition of Advance Australia Fair.

Saturday afternoon we headed out to the local winery. The "blonde" behind the bar when asked explained the difference between two ports was one was 2007 the other 2008. Question rephrased-answer one had medals the other didn't.

We can all thoroughly recommend the Big Strawberry at Koonoomoo. They serve the biggest strawberry sundaes, which most growing healthy lady golfers needed. If not that the strawberry pancakes were also well worth it. They also make a strawberry crème liquor yum!Needless to say we booked in again for next year.



"If Beryl can chip on and stay on – we can finally head to happy hour!"

Recipe for this month

Firstly I must tell you all these recipes do not come from Margaret Fulton's tried three times kitchen. After making last month's recipe and Ron declaring we wouldn't be having that again, we investigated the source of the recipe and discovered in the transferring and printing there was far too much sugar in the recipe, probably 1 tablespoon would be enough. Apologies to everyone who has already made the bladebone casserole.

5cup loaf

1cup Albran

1cup milk

1cup SR flour (or SR wholemeal flour)

1cup mixed fruit

½ cup sugar

Soak Albran in milk1/2 hr then combine all ingredients Cook in lined loaf tin for about 45 mins in a moderate oven.

With the weather improving and Wednesday's being fine and sunny we would love to have more ladies come along and join us.

Beryl Cole 54295411

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THE ROMSEY RAG

Issue No. 264

2000 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council

October 2008

THE OCTOBER EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY
- Relay for Life and Romsey Expo-

Relaying in the Ranges

The Lancefield-Macedon Ranges Relay For Life organising committee is calling on families, friends and workmates to register teams for the 2009 event, to be held at Lancefield Park on the weekend of February 28-March 1.



Relay For Life is open to everyone in the community, and suitable for all ages and fitness levels. Teams comprise 10 or more people who walk, run or stroll relay-style for up to 24 hours.



It is hoped around 850 people will participate in the next Relay at Lance-field. Last year 741 participants raised \$88,346 for The Cancer Council of Victoria, with proceeds going to research, education and support services to help reduce the impact of cancer on the Victorian community.

It costs \$15 per person to register. Once a team name is registered more members can be recruited.

For more information about the **Lancefield-Macedon** Ranges Relay For Life event or to register, visit www.relayforlife.org.au, call Melissa McCarthy on 0438 831 427 or contact The Cancer Council of Victoria on 1300 65 65 85

A number of teams are already planning their fund-raising activities for the 2009 Relay For Life. Some of these events appear in the pages of this month's Romsey Rag, and we would urge our community to get behind this great fundraiser. The Relay itself is a wonderful and moving experience for anyone who has not participated before, so as well as supporting other teams, why not consider registering your own team?

The editors.

ROMSEY EXPO 2008

The Lancefield Romsey Lions Club is organising another Expo Day for all local clubs, organisations and community groups, including sporting and charitable groups. It will be held at the Romsey Hub on November 15th. The Expo held a few years ago was a huge success, and a directory of organisations was produced as a result. This directory will be updated with current details and contacts, and may possibly be available on-line after the 2008 Expo. With the ever increasing number of people moving into our community, it is important to let them know what is available locally that may be of interest. This is a great opportunity to let our community know about what your group does, where to find you, who to contact, and maybe attract new members.

If you would like more information, or to book a space to promote your organisation, please contact Lion Jed McLaughlan on 0417 356 896

From Little Things Big Things Grow

The Macedon Ranges Shire Council hosted a Thank You Function for volunteers from organisations right across the Shire on Monday evening (September 23rd) at the new Romsey Hub. Despite the rainy weather, it was well attended by a very diverse range of people representing many organisations and clubs. Nearly all of the Shire's councillors were in attendance, as were the executive officers of the Shire. A delicious finger food supper and drinks were served, and the gathering entertained by local singer Todd Watts. In thanking volunteers for the contribution they make to our community, Mayor Noel Harvey quoted some amazing statistics about volunteer work in terms of dollar value and hours put in. But one had the impression all volunteers in attendance do it because they love and enjoy it.

The closing date for copy for the November Romsey Rag is <u>Friday</u>, <u>October 24th</u>, <u>2008</u>. We cannot guarantee inclusion of copy received after this date.

Please email your copy to the Romsey Rag email address: romseyrag@romseyps.vic.edu.au
When submitting graphics, please use a Jpeg format, as we cannot guarantee that we can open or print other formats.

Also, ensure that text is in a format that can be edited.

Editorially Speaking

Romsey Rag Editorial Committee: Joan Gibbs, Robyn Moore

Layout and Design:

Robyn Moore, Anne Cappler, Sue Hayes

Printing:

Robyn Moore, Colin Miller

Advertising /Sponsorship: Christie Brown-5429 5099 or Romsey Post Office

Collation Team Co-ordinator: Joan Sparkes—5429 5848

Contributions:

Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School (fax 5429 5765) by 12 noon of the cut off day as advised on this page and the front page.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

Advertising:

Rates are GST inclusive. Front page sponsorship:

\$130 per half page

Business card: \$25 per issue \$200 per year in Business Directory Quarter page: \$50 per issue \$100 per issue Half page: \$180 per issue Full page:

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Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434

2000 copies delivered to the Romsey community at the commencement of each month.



Macedon Ranges Shire Council -Generous supporters of the Romsey

Romsey Rag Publication Deadlines 2008

Edition	Closing date for copy	Collating date
November 2008	Friday October 24h	Thursday October 30th
December 2008	Friday November 21st	Thursday November 27th

October is Wildlife Awareness Month

Dear friends,

October is Wildlife Awareness Month in the Macedon Ranges, and we are being asked to be especially mindful of our local wildlife, and what we can do to help. As part of the awareness program, Macedon Ranges Wildlife Network will be hosting many events and activities.

Ways in which you can help our local wildlife is to; drive carefully to avoid wildlife crossing the road which will help to reduce the risk of injury to you and the animal, plant wildlife friendly plants or leave out buckets of water for animals on hot summer days. And If you see injured wildlife, please telephone 1300 094 535 (24 hour hotline)

Every day many volunteers in the Macedon Ranges give up their time to rescue, and care for our local native wildlife. Whether animals are hit by vehicles or are injured as a result of bushfire, these volunteers care for these animals.

We are very fortunate in the Macedon Ranges to be live in such a special place amongst spectacular flora and native wildlife.

For more information about Wildlife Awareness Month, telephone Macedon Ranges Wildlife Network on 0410 745 793 or visit: http://www.mrwn.org.au/web.

Warm regards,

JOANNE DUNCAN MP **State Member for Macedon**

ROMSEY LIONS CLUB SUNDAY MARKET— 4th SUNDAY OF THE MONTH

The market is back!

The next Romsey Market will be held on Sunday, 26th October New stall holders are always welcome. Enquiries: 0438-414-245

MONEY MATTERS

Your Money - Make it Count

A FREE financial information session will be held in Woodend in October The day will feature guest speakers who will cover financial planning, money management information, Centrelink financial information service and stress relief strategies. It will also include a light hearted .look at money.

Date: 14th October 10.30 am – 2.30 pm

Venue: Woodend Community House 47 Forest St Woodend

Morning tea and lunch will be provided.

For bookings (essential for catering) phone Julie Smith 54212000 or email

j.smith@stlukes.org.au Limited numbers so book early.

"ATTENTION CITY COMMUTERS"

The Lancefield Romsey Commuter Bus offers a Monday to Friday return service direct to the CBD at the cheapest rate available in the shire.

Still only \$40.00 per week for permanent travellers. We also cater for casual & adhoc travellers. Departs Lancefield General Store 6.35am, & Romsey Hotel 6.42am, arrives CBD 7.40amDeparts Cnr William & Latrobe Sts 5.20pm, arrives back in Romsey 6.20pm & Lancefield 6.25pm Seats currently

For more details ring Muir on 0354 255505

The Romsey Rag October 2008



Romsey Tennis Club Inc. **ANNUAL GENERAL MEETING** Wednesday 8th October, 2008 at 7.30pm, in the clubrooms.



All welcome

Open Day/Twilight Evening

Saturday 18th October From 5pm Social hit, speed radar, fun, giveaways, games and a BBQ ALL WELCOME - Come and find out about your local tennis club – comps, night tennis, social tennis and coaching.

**Free tennis show bag for all children under 12. Please contact Kaye on 5429 5622 or Bev on 5429 6189 for more information.

"Monday Night Social Tennis" is starting again.

Inviting all teens and adults to join us for a social hit of tennis from 7.30pm on Mondays, beginning Monday 13th October, with a cost of \$3 per person with lights. No commitment is needed – just bring along a racquet. Everyone is welcome.

Hiring of the Tennis Courts

Free day use by members

\$10 per hour per court for day hire by non-members \$10 per hour per court for night hire for members

\$20 per hour per court for night hire for non-

members

Tennis racquets are also available for use, when hiring the

Please contact Bev on 5429 6189 or Kaye on 5429 5622, for court hiring or membership enquiries.

Tennis coach

Andrew Peake, our professional club coach, can provide coaching from 5 years of age and for all ability levels, including social hitters and competition players. Contact Andrew on 0412 225 792, or by email at peaketennis@hotmail.com

Club Contacts

Club coach – Andrew Peake 0412 225 792 Thursday Morning Social Tennis at 10.30am - Eileen French 0412 787 213

Mid-week Tuesday Ladies - Bev Beaumont - 5429 6189 Junior and Open Saturday Comp. /

Monday Night Social tennis- Bev Beaumont - 5429 6189 or Kaye McNamara - 5429 5622

Woodend's warmest, fuzziest show

The teddy bears are returning to the town at the end of the woods for their third big gathering to celebrate the champions among them and their creators. Organiser of the Woodend Teddy Bear Show, Kerri Botwood, says



this year's event will be the best yet with stalls again fully booked and many new faces participating.

"It's a great day for all teddy bear lovers and their friends to come along and choose that special bear to adopt and take home. "There is a heap to see and learn about. The whole community gets involved, with kids from local schools entering posters, and teddy makers presenting their special bears for the competition," says Kerri, owner of Kerri's Bundle of Bears teddy bear, patchwork and craft supplies store.

Half of the 40 stallholders are new to the show, including New Zealand's Bears By Tracey, which will join highly talented soft sculpture artists from around Australia. Some of the big names are Lois Hancock Studio 70 and Claire Bears from Queensland, Maureen Christie from NSW, Rag Tag Teddies from Tasmania, Linden Bears from S. A. Bearly Sane by Sandi Smith, Starick Bears and Hug 0' Bears from Victoria.

As usual there will be hundreds of teddy bears to adopt as well as craft and decor supplies to purchase.

Entries are still being received from amateurs and professionals for the teddy bear competition. Categories include Junior to Professional, Original Bear, Miniatures, Best Dressed Bear, Bear in other medium and People's Choice. Check the website below for an entry form.

The show will feature raffles throughout the day, refreshments and a special appearance from "Cuddles" the friendly bear. It is hoped that proceeds will enable ongoing sponsorship of two bears through programs run by Free the Bears Fund Inc and Animal Asia.

The 2008 Woodend Teddy Bear Show will be held at St Ambrose Hall, Templeton Street (cnr Anslow St), Woodend on Sunday, October 26 from 10am to 4pm. Entry \$5, Concession \$3, Kids under 6 accompanied by an adult \$2. For more details visit:

www.woodendteddybearshow.com

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The Romsey Rag October 2008 The Romsey Rag October 2008

Romsey Primary School News



Celebrating Literacy and Numeracy

students have been busy designing some interesting Maths board games. Several students have based their games on Monopoly using creative ideas. Classes have joined together for a games session and been engaging in some fun and charming games. The Literacy focus was to dents had read or their class story and represent a character by decorating a hat. TOGETHER WE LEARN AND GROW Currently many of the hats with their creative designs are displayed on class room



walls. The school held a colourful Hat Parade enjoyed by parents students and staff. A student from each class was chosen to introduce their book or feature some of the characters students had represented. This is another way students can practise their speaking skills with a large audience, gain con-

fidence in their ability and feel important.

Waterwatch

Sam Harrison from Melbourne Water continues to work with a small group of 5/6 students, to test the water quality of Deep Creek. Recently their results were:- temperature 10 degrees, PH 7.9, EC 1320, turbidity <10, dissolved oxygen 8 mg/L & phosphate 0.01. The last time they tested the water the results were similar except they noticed the salinity of the creek is rising and if this continuous it will affect the eco system of the creek. The students hope it will rain soon.

Water Conservation

Last year we were successful in gaining funding under the Community Water Grants Programme to harvest rainwater from the gym roof. A 58,000 litre tank has been installed and the plumbing work is being finished. Dual flush toilets and spring-loaded taps will help conserve water. Overall we received \$49.899 for this project from the Australian Government which will significantly reduce our water costs and make better use of our natural resources.

Father's Day Breakfast

The prep classes hosted a Father's Day breakfast with many dads and granddads enjoying, toast, orange juice and a hot drink followed by sharing of book work, stories or games. The students loved showing off their work and this was an excellent opportunity for Dads to be involved in their child's learning.



Prep Enrolments for 2009

If you intend to send your child to Romsey Primary School for Prep next year please enrol your child as soon as possible. You need to bring the enrolment form

to the office along with your child's birth certificate and immunization record. Our planning for 2009 is facilitated if we know our enrolment numbers. Please assist us with our planning by bringing your enrolment forms to the front office as soon as possible.

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NEW OPENING TIMES INCLUDING AFTER WORK HOURS

9.00am—7.00pm Mon. Tues. 9.00am—5.00pm 9.00am—7.00pm Wed. 9.00am – 5.00pm Thurs.

9.00—5.00pm Fri.

Saturday by appointment only

9.30am—1.30pm

Romsey Kindergarten Presents

Early Childhood Forum "Healthy minds, healthy bodies."

Date: Saturday, 18th October, 2008 Time: 9.30am (Registration) Where: Romsey Kindergarten Main Street , Romsey.

This FREE event features a diverse speaker program including Kathy Clarkson (Melbourne Occupational Therapy), Heather Gilbertson (Paediatric Dietician,) and Melanie Traynor (Personal Trainer). * This forum is will interest both early childhood professional and parents.

Morning tea and lunch provided.

For further information and bookings please contact

Kirsteen Grumont (kirst@ssc.net.au or 03 54 295216 RSVP: Monday 13th October, 2008



Water

Supplying domestic and livestock drinking water to the Macedon Ranges Macedon Haulage Company Ph:0438 974 706







Romsey Lancefield Girl Guides

Spring is well and truly with us and the birds are busily nesting in our backyards and in the parks and bush around us too. Many of the Guides are at the moment working on the Explore Nature badge. They are researching the nesting habits of some of the more common birds that live in our community. Just recently a pair of black swans and their young walked through part of Lancefield looking for water to live on. That got the girls interested in finding out where they nested and hatched out their young. On a recent Guide camp down at Lara the girls noticed a pair of galahs sitting on a branch of a gum tree. Then one of the birds disappeared into a small hole in the trunk of the tree, and shortly after the second bird disappeared. The girls presumed they were nesting. They were quite excited about having seen the birds

indoor camp at a Guide property at Lara. The theme of the camp was "The New Scientists". The girls began the weekend by learning to read a Maximum and Minimum thermometer and then recorded temperatures at regular intervals over the weekend. They also made a sun dial which worked beautifully in the bright sun we had all weekend. There was a series of experiments the girls completed in different sessions, including colouring daffodils and daisies with red, blue and green food dye. Then they put fresh eggs into cups of vinegar and watched the shell disappear over 24 hours. Putting drops of food colouring into bowls of milk, then adding one drop of detergent produced some fantastic colour schemes and

lots of oohs and aahs from the girls.

The most spectacular activity was to

build volcanoes with newspaper and

a bottle in the centre, then make it

disappear, and the hole they went

The girls quite recently went on an

into was quite a squeeze!

"erupt" using baking soda, red food colouring and vinegar. Wow, they were spectacular.

The final activity was to make slime in various different colours. The girls took home their slime in plastic bags to show their parents.

Fourth term is going to be a busy one that concludes with a family Christmas BBQ and breakup. The first Monday of term 4 will be our planning night at which the girls discuss and decide on all the activities they will do during the term. I would expect they will be completing the Nature badge, and possibly making something to enter into the Lancefield Show. Would you like to join us on Monday nights? Come and visit and see whether you think you would like to keep coming. We meet from 5.00pm to 6.30 pm in the Cricket Club rooms at Lancefield Park. For more information call Rita Vandervalk on 5429 1996.

The Romsey Rag



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Community House

Notice of Annual General Meeting

Romsey

The Annual General Meeting of the Romsey Community House Inc. will be held on Wednesday October 15th

at 7.00pm at the Romsey Community House, Main Street, Romsey. Please come along to our meeting and consider joinng our committee to ensure

that it accurately represents

the people of Romsev. New office bearers will be elected at this meeting.

Wildlife Rescue and **Transport Training Day**

Wildlife Victoria in association with Macedon Ranges Wildlife Network is proud to present a

Wildlife Rescue and Transport Training Day with Manfred Zabinskas.

Manfred has been rescuing and caring for wildlife for 12 years and is one of the most experienced wildlife handlers in Victoria.

Manfred will cover topics such as:

What to do with a birds nest containing chicks that has blown out of a tree

How to pick up an injured echidna How to transport an injured koala

How to check a kangaroo/wombat/koala/ possum pouch for a joey

How to rescue a possum from a wall cavity How to handle an injured wombat

What equipment you need to rescue a variety of animals

The training will be held at Woodend Scout Hall (Forest Street, Woodend) on Saturday 25th October 2008, from 9am to 5pm. Cost is \$15 which includes a Training Manual.

Registration for training is essential as numbers are limited. To register, please visit Wildlife Victoria's website at www.wildlifevictoria.org.au and go to the 'Training and Education' menu.

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The Romsey Rag October 2008

Let's not drag the chain on a bike plan

A recent Federal research report has shown the economic The cycling community is pushing for Fedand health benefits of cycling, and I'm keen to see our eral funding for local projects in the wake Shire's 2002 bicycle plan dusted off, updated and imple- of the release of Cycling: Getting Australia

The report, Cycling: Getting Australia Moving was commis- consider how and where we could use sioned by the Federal Department of Health & Ageing, and money and prepare a submission. was launched in June. It found that cycling saves an estimated \$227.2 million per year across Australia in health costs Our plan needs to include: alone, and for the first time placed a dollar value on cycling • participation.

Other economic benefits identified in the report were a reduction in the cost of traffic congestion of \$63.9 million per vear, and a further \$9.3 million saved in transport externalities such as greenhouse gas abatement.

Metropolitan Melbourne has already taken significant steps to encourage and promote cycling, and I believe we need • our Council officers to update and begin implementing our tween Riddells Creek and Sunbury. plan so that we can also reap the benefits in Romsey and • around the Macedon Ranges Shire.

We need more bike racks around our shopping areas, and I would be encouraging more designated bike areas along our main roads, in the same way that they are marked on many major arterial roads in Melbourne.

Of course I'm not advocating that our Romsey and Lancefield commuters should ride to work in Melbourne each day, and skill levels both in children and the adult population. but sections of the route could and should be developed so • they can be better used by cyclists - such as the excellent encourage and facilitate bicycle use. walking/cycling track installed between Romsey and Lancefield several years ago. We need a similar route to continue The research found 1.7 million Australians cycled at least from Romsey to Riddells Creek.

Inter-township routes were developed during the Shire con- rose 22 per cent from 2001 to 2006. sultation process on our old plan. These routes require minimal infrastructure works with advisory signage for the most. We need to make sure we're not left out of the saddle in the part recommended. The Macedon Ranges Shire already has Macedon Ranges. a reputation as a destination for sports cycling, so we don't Henry Bleeck. need to encourage it much more. But a plan to promote and Your Local Macedon Ranges Shire Councillor. encourage healthy and recreational cycling, and bicycles as 5422 7027

an alternative form of transport, is vital. Moving, and I will be asking our officers to

- A route from Romsev to Woodend via Hanging Rock, with an off-road cycle path.
- A cycle path adjacent to the road between Lancefield and Kyneton, so that Romsey cyclists can continue on from the current Romsey-Lancefield path.
- Romsey to Kilmore via Lancefield.
- An appropriate and safe upgraded bicycle route be-
- A route between Kyneton and Woodend, beside the Old Calder Highway.
- Encouragement for bigger employers and employment precincts to provide more secure bike parking and showering facilities at work.
- A bicycle education program to increase confidence
- Ride to School and Ride to Work programs to further

once in 2006, and bicycle journeys to work in metro areas

2008 BUDBURST wine and food festival

26th October - 9th November 2008

BUDBURST - 'Street Party'

Head to Piper Street and enjoy a relaxed local Sunday with friends and family.

Get to know the Vignerons of the region, grab a tasting glass and a plate, listen to some music, indulge in some retail therapy, and laze in the sun at St Pauls Park on Piper Street from 11:30am onwards.

Tickets \$5 per person, includes an outdoor tasting glass, music and wine tastings.

BUDBURST - 'Cellar Door Weekend'

Take the opportunity to explore and discover the hand crafted wines from our Macedon Ranges vignerons, some of which rarely open their cellar door. Taste current releases, older vintages, experience a master class or vertical tasting. Tantalise the taste buds with local Macedon produce, freshly shucked oysters, Middle Eastern or Greek cuisine, ploughman's lunch, wood fired pizza, ... Visit gardens, stop to smell the rosés while listening to jazz, folk, blues, rock or classics.

Tickets \$10 per person, includes an official Budburst 2008 glass, prize voucher, entry and tastings at all participating wineries. Purchase your weekend ticket at the first cellar door you visit.

BUDBURST - 'Regional Dinners'

Throughout the festival a number of Regional dinners will showcase wines and produce of the region.

For further details pick up a brochure or visit www.macedonranges.com.au



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Parenting for success Enjoying my Teenager



This program is for parents of teenagers and will explore adolescent

- Development
- Communication
- Challenging behavior
- Conflict resolution
- Relationships and understanding mood changes

Time: 9.30am –12.00noon every Monday **Date:** From 10th November – 1st of December

2008 (4 weeks)

Place: Romsey Community Hub (Romsey Library)

Cost: No cost for program

\$2.00 contribution to tea and coffee costs per

week will be required

The course will be facilitated by Leonie Farrugia Social Worker, Grant Young Accommodation Support Worker, from Cobaw Community Health Service and Amanda Summers Counsellor, Romsey Community House.

Bookings essential

Contact Romsey Community House 54 296 724





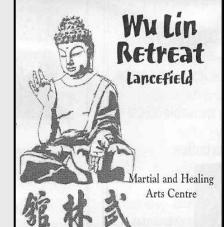
Operation Uplift

The Rotary Club of Alexandra is coordinating the collection of old bras. The bras do not have to be in perfect condition -size, colour, style are not an issue. Any old bras are needed. Third world women are asking for them to alleviate a health problem. When moisture is trapped between the breast and the chest wall, rashes ,fungal infections and abscesses can occur. Bras allow air circulation. Breast-feeding mothers feel more comfortable in a bra, farming activities are more comfortable and braless netball is beyond contemplation. The Romsey Golf Club has organised the Romsey Hub as a drop off point for your old bras - just look for the pink box. These bras will be going to Papua New Guinea. Bras have already being given to women in Fiji, Vanuatu and Tonga. The box will be in the hub for a month so please drop off your old bras. Sports bras for farm work, and nursing bras are desperately needed, but all secondhand bras are welcome as these can be used for spare parts and strap extenders. Ring Beryl Cole if you need any further information on 54295411.

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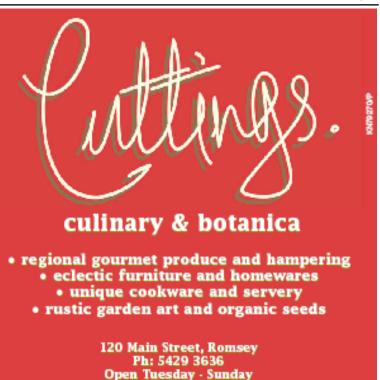
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The Romsey Rag October 2008

"Spring arrives with a certain lightness of being and can easily be reflected in our homes." says Mollie Gedye, owner of CUTTINGS Culinary and Botanica in Romsey. CUTTINGS is a unique Shoppe situated on the main street of Romsey, highlighted by its distinctive red, outdoor signage. The Shoppe reflects Mollie's passions - home, kitchen and garden. "Spring is a time of lightness and newness in our natural environment, and it is only natural to bring this freshness into our home, kitchen, outdoor living and garden," says Mollie. "It can be as simple as lighting a new, lightly fragranced candle, changing the colour of your accent cushions and linen, adding a new lamp to lighten up a corner, or planting out a new kitchen veggie garden." With new items arriving in store almost daily, it is indeed worth a visit to see what CUTTINGS is offering for Spring inspiration.

Spring colour for the home can be taken directly from nature's pallet, with a punch of vibrant, colour accent added to lift the look. At CUTTINGS for spring, all shades of bud burst greens, fresh melons, and earthy sages mix softly with French- inspired neutral creams and greys. Vibrant jewel azures, seascape aquas and sky blues are then added for accent colour.



Another look, equally appealing, is the combination of natural sand, bark, and putty tones, mixed with earthy cinnamon, pumpkin and nutmeg shades. These mix well with touches of CUTTINGS signature red, or various citrus tones, such as pineapple and lemon, used for accent.

With merchandised areas changing weekly, it is truly a feast of the senses to wander through this beautiful Shoppe. 6 new, scented candle choices, such as Honey Clementine and Papaya, now complement the existing handmade range of candles. Additionally, newly arriving furniture and accent pieces also reflect this new look for spring, with gorgeous tin and metalwork providing the framework.

CUTTING'S Gourmet food range on offer has also been lightened up as well, for Spring dining. Several new ranges, such as Olgivie's Pineapple and Lime Marmalade, and Mango and Lime Chutney, provide refreshing choices. King Valley Fine Foods is also featured, with various Spring-inspired Reductions, Glazes, Pates, and Pestos on the shelves. Marinated Aubergines and Milawa Blue Cheese Dressings are a particular highlight for Spring antipastos and salads.

The garden, of course, provides the main location for enjoyment of a fresh, spring day, and CUTTINGS has items to inspire outdoor pursuits as well. Several lovely garden books, featuring Organic Gardening and Kitchen Gardens, are now in store. Select succulent plants feature alongside an extensive range of organic flower and veggie seeds; just perfect for Spring planting!

Spring is also bringing an exciting new addition to CUTTINGS. A brand new undercover area, CUTTINGS Outdoor, is opening at the end of this month!

"Customers have been asking for more indoor/outdoor furniture and living accents," says Mollie. "We are extremely pleased to be able to offer such an exciting addition that complements the existing Shoppe. Stylish, eclectic, outdoor living has truly meshed with our unique indoor living approach, and as Spring days arrive, it is timely!"

With lay-by, gift wrapping, and CUTTINGS gift vouchers a feature, it is easy to see why this gorgeous Shoppe is fast becoming a regular destination for locals and visitors alike. CUTTINGS is open every day except Monday. Please phone 03 5429 3636 for more information. ENJOY!

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KINDER CORNER

Something is happening at the Kindergarten. The major evaluation and information process associated with the discussion about possible management system change (see below), has become the catalyst for unexpectedly pos- thanks, also, needs to go to itive connections between people in the kinder community who, up until recently, have not known or had much to do with each other! The common goal of defining what is best for the ongoing provision of a best practice pre-school facility for Romsey has been a truly positive experience. For Committee of Management members, facilitating information transfer to parents, staff, Association subscribers and interested general community members has been very rewarding. Regardless of the outcome of the upcoming vote on this matter, there has been the opportunity provided for informed decision-making which appears to have been appreciated by all involved. That, in itself, is a great outcome!

The Flying Bookworm Comes to Kinder

Recently, The Flying Bookworm visited the kindergarten. This theatre group presented a pre-school program based on much loved children's stories. Audience participation was essential as key learning areas including drama, rhyme, movement, socialization, imagination and much more incorporated into the performance.

Dads Go To Kinder

Father's Night was held for the four year old classes just



prior to Father's Day. The dads, many of whom have limited opportunity to visit kindergarten during regular sessions, enjoyed their "special" visit. They even indulged in some kinder activities including a "dad dancing" session!

Budding Artists on Display

All kindergarten children displayed laminated works of art recently in the kindergarten foyer as part of Art Week. The ing! teaching staff had gone to much effort to organize a wide range of artistic styles which Committee members placed on display. Although our children often bring home their wonderful kinder "work", this display is very special. The spectrum of colour and style which greeted all who came into the building that week was uplifting.

A Great Open Day

The Romsey Kindergarten Open Day for 2008 was an overwhelming suc-

cess. Kermit the Frog (aka Ross Warren) greeted visitors with balloons and show bags as they arrived on a day where the weather and attendance was great. Cr Geoff Neil officially opened the event,



whilst Renae Silbermann (Kathy Walker and Associates, Early Childhood Consultants) conducted the guest presentations. The sausage sizzle, face painting and jumping castle were a very popular, as were the many kinder activities available. The slide show was a great opportunity for the

children (and parents) to see themselves on the big screen. Committee is grateful for the attendance of all of the teaching staff which assisted discussion with prospective parents. Special Shane Marr who was the "King Sausage Sizzler" for the day and Margaret Redmond who provided face painting and temporary tattoos! This was our third Open Day. It is not designed as a fundraiser, but aims to showcase our



great facility which it certainly did this year.

Management Review Update

Recently, the Committee of Management voted unanimously to recommend to the Association of Romsey Kindergarten Incorporated a change of management system from parent committee to the TRY Youth and Community Services kindergarten cluster manager. This motion will go to a Special General Meeting of the Association to be held on Tuesday 14th October 2008 at Romsey Kindergarten at 7.30pm. Babysitting will be provided. Meanwhile, all Association members (parents and subscribers) have had an opportunity to attend small information briefing sessions where Lyn Foster, the TRY network team leader (field officer) for this region has been in attendance. These are aimed to be for small groups to facilitate discussion and questions. There are two more scheduled for the first week of next term. Please contact Kath Brundell (cdrundel@bigpond.net.au or 0414 596963) or Jenny Stillman if you have any queries on this matter.

Playground Redevelopment - Coming Soon!

By the time this edition of the Rag has been published, there will be significant works underway as part of the playground redevelopment project. Please feel free to wander into the foyer to see the plans on display there to help you anticipate what is to come. It is expected the entire project will be finished in 4 weeks. Now it starts to get really excit-

Early Childhood Forum – A Great Opportunity

Recently, the Committee of Management was successful in its application for a Community Funding Scheme grant through the Macedon Ranges Shire Council. This will enable us to conduct a free educational Early Childhood Forum, "Healthy minds, healthy bodies", on Saturday 18th October in Children's Week. Speakers include Kathy Clarkson (Melbourne Occupational Therapy), Heather Gilbertson (paediatric dietitian RCH) and Melanie Traynor (Traynor Personal Fitness). Lunch and morning tea will also be provided (also at no cost). This is a great opportunity for both early childhood professionals and parents to attend, with something on the program for both sectors. For further information or bookings, please contact Kirsteen Grumont on 54 295216 or kirst@ssc.net.au .

Jenny Stillman (0412-349849) Committee of Management

October 2008

Romsey Kindergarten Inc

9th September, 2008.

Dear Romsey Community Member, Re: Romsey Kindergarten Management Review

As a member of the Romsey community, you may hear discussion on this issue. Consequently, we believe it important you are informed as to the background of this mat-

As you may be aware, the Romsey Kindergarten Committee of Management has undertaken, over the last 13 months, an examination of kindergarten management systems including our current parent-based committee of management system. The purpose of this has been to consider which one is most appropriate to provide a sustainable management system and ongoing outstanding kindergarten service in Romsey.

Last Monday 1st September, the Committee of Management held a special committee meeting to consider the final analysis and decided unanimously to recommend to the Association of Romsey Kindergarten Incorporated that Romsey Kindergarten's parent committee of management system be replaced by a cluster manager, specifically Try Youth and Community Services (a non for profit organization specializing in youth services). This recommendation will be voted on at a Special General Meeting of the Asso-

ciation of Romsey Kindergarten Incorporated (of which all parents are members) early in term 4.

Whilst the Romsey Kindergarten has, historically, been a parent-based committee of management, the issues of "parents as employer", current lack of peer support and networking opportunities for the teachers as well as parent legal liability in the role of licensee of the centre were important in Committee reaching this decision. The choice of Try Youth and Community Services over other options (such as Council) was made on the basis of factors such as the certainty of service provision, protection of staff entitlements and the level of early childhood-trained support for staff.

This Kindergarten, under the new management system, would still have a parent committee and would retain its local flavor. The Try group encourages kindergartens to retain their individual character.

A series of information briefings will be held for Association members ahead of the Special General Meeting next term. If you require further information on this matter, please do not hesitate to contact Kath Brundell (cdrundel@bigpond.net.au, 0414 596963) or Jenny Stillman (jstillman@hotkey.net.au, 0412 349849).

Yours sincerely. Jenny Stillman Committee of Management Romsey Kindergarten

Lancefield & Romsey Honour Local Women

Breast Cancer Network Australia member and Mini-Field coordinator, Kate Christie, has organised an event on 25th October to bring the community together and show support for those diagnosed with



Kate and the Romsey/Lancefield Rotary Club will display 100 Pink Lady silhouettes at the Centre Plantation, High Street, Lancefield, as a powerful reminder of the human reality behind the 36 women diagnosed with breast cancer every day in Australia.

BCNA CEO and breast cancer survivor, Lyn Swinburne, the brain child behind the Field of Women concept which has now spread internationally, believes Mini-Fields are an important way of linking people together and paying tribute to local women.

"This is an issue close to so many women throughout Australian communities. By honouring these women and showing our support we can show them they are not alone," Ms Swinburne said.

WHO: The Rotary Club of Rom-

sey/Lancefield

WHAT: Mini-Field of Women

Saturday 25th October, WHEN:

2008

9.00 a.m. to 1.00 p.m.

WHERE: The Centre Plantation.

If you or someone you love has been recently diagnosed with breast cancer, please call Breast Cancer Network Australia on 1800 500 258 or visit www.bcna.org.au.

BCNA's My Journey Kit, is a free comprehensive resource including treatment and support options for all women recently diagnosed with breast cancer - no matter who they are or where they live.

Mini Field of Women Coordinator - Kate Christie. Ph. 0408510475

BCNA Media Enquiries: Jaki Colgan, 03 9805 2572, 0409 238 944 or jcolgan@bcna.org.au

BCNA links together people whose lives have been affected by



Romsey Uniting Church Pohlman Street, Romsey. 3434

Minister Avril Hannah-Jones: 5429 5351 Mobile: 0408 380 962

Church Council Chairperson: Noel Shaw - 5429 5509

Secretary: Jeni Clampit - 5429 5480



You are most welcome to come to the Romsey Uniting Church Services and share in fellowship and worship...

Ordination:

Avril Hannah-Jones will be Ordained into the Uniting Church in Australia on Sunday, 5th October, 2008, at 2.30pm in the Church I have no gun, but the violence of my life the selfishness, the of All Nations, Carlton.

A bus will be taking congregation members from Lancefield, Romsey, Riddells Creek and Mt. Macedon to the service.

Meditation

Peace - Shalom. John 14: 23-27

'The heavenly host promised peace on earth to the shepherds. Jesus gave it to His disciples: "Peace is my parting gift to you, my own peace, such as the world cannot give..." (John 14: 27)' Peace – shalom – in the bible is a very positive thing. It is the harmony of a caring community informed at every point by its awareness of God. It embraces the whole of life and works out in a whole network of right relationships – it is the Kingdom of work. Shalom grows from our closeness to God, and suffuses all our relationships and attitudes.

Shalom calls for action – blest are the peace MAKERS, says Jesus. Not the ones who relax in peace and "never do any harm", but those who create peace. It is a tall order, as those working in war torn countries well know. That's because they begin at the wrong end – the external. We need to begin in our relationships with God, the surrender of fear and ego, and from that flows a new attitude to our fellows. Sometimes we live like walking civil wars, in constant conflict within ourselves. Peace starts right here, in ME, not in the other person. That's what the baby in the dirty stable is all about!

'Lord, make me an instrument of your peace'

Peace.

It falls off the tongue so glibly, Lord.

It is so easy to say, but not so easy to find.

We say it so often, we find it rarely.

Wherever I look, Lord, there is conflict. Suffering.

People wounded and dying, injured by the violence of inequality and neglect, of hunger and poverty, and the greed that causes

Some dying from the bullets of war, but more from the conflict in their hearts.

It is not only the victim who dies, but also the killer, little by little. Until he's only a husk, a robot. The spark of love dead. Life extinguished in a body still moving.

Lord, help me to see beyond the obvious. He is guilty, the one with the gun, but so am I.

pride, the fear that builds walls to protect me as I am, to keep him out, my refusal to listen when he speaks, are violent.

It is my lack of love which drives him to the gun.

Lord. I know what you are saving.

Peace begins with me.

No, even that's wrong.

Peace begins with you, Lord. With you.

It is in you that I can find the answer to my fears, that I can find the love which modifies and kills my selfishness and pride. It is in you that I can find acceptance as I am, that I can know that I am loved and safe.

And that brings peace such as the world cannot give. And in that peace I can move out, taking the risks of love. Building right relationships.

Sharing in the creation of the community which is your church.

Working with others to find understanding.

Breaking down the walls which separate us.

Offering, not glib words, but myself.

12th. 9am

'Lord, make me an instrument of your peace.'

A Silence and a Shouting – Eddie Askew(deceased) Used by permission – The Leprosy Mission Internation

Church Services during October, 2008

5th. 9am. Worship Service and Sunday school.

Ordination of Avril Hannah-Jones. Church of All Nations, Carlton.

Communion Service and Sundary School

Conducted by Rev. Avril Hannah-Jones.

19th 9am. Worship service and Sunday school

Conducted by the Worship Team

26th 9am. Worship service and Sunday school

Conducted by Rev. Avril Hannah-Jones.

Walking Group Register

Are you a walking group that would like new walkers to join?

I am trying to get together a register of walking groups across the Macedon Ranges Shire. Please send a contact name, phone number, base e.g. (Gisborne), and for how long you walk (e.g. approx I hour) or ring and leave a number and I will contact you.

Coordinator Macedon Ranges Walk Together

C/- Woodend Neighborhood Centre

PO Box 184 Woodend 3442

Romsey Golf Club Lady Members AGM

Wednesday15th Oct (after golf)

All lady members requested to attend

Romsey Kindergarten

Notice of **Special General Meeting** To be held on Tuesday 14th October, 2008 At 7.30pm At Romsey Kindergarten

Purpose: To vote on the motion – "The parent committee of management system be replaced by Try Youth and Community Services (kindergarten cluster manager) as soon as is practicable pending a negotiated agreement between Romsev Kindergarten Inc (represented by the Committee of Management) and Try Youth and Community Services."

All Association members (all parents and subscribers) welcome. Baby sitting will be provided.

Romsey Outline Development Plan

Residents are invited to attend a community information centre to hear about the new draft of the Romsey Outline Development Plan on TUESDAY 7 OCTOBER 2008 at the Romsey Primary School. Two sessions will be held on the day for the convenience of residents – one from 4.00pm to 5.30pm and a repeat of the session from 6.30-8pm. To ensure Council is adequately prepared it would be preferred if people could RSVP to Gillian Romeijn on 5421 9619 or email romseyodp@macedonranges.vic.gov.au

The document is available for public viewing at all Council service centres and from the Council web site from Monday 6 October to Monday 3 November 2008 and residents are encouraged to have their say on this plan for how the town should develop for the next 25 years.

For further information please contact Gillian on the above number or email.



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The Action is at Castlemaine 10-12 October

Communities across Victoria are increasingly reliant on their "local rag" and are very proud and protective of it. Networking among these diverse community-owned publications led to the birth of the CNAV in 2005. Our website www.cnav.org.au was established, and annual conferences began. Ballarat in 2006 was followed by Lorne in 2007, and now the action is in Castlemaine October 2008. This is a wonderful opportunity to talk and exchange ideas with others who are producing newspapers and newsletters in communities across Victoria.

An icebreaker at the Theatre Royal on Friday evening 10th October is to be followed on Saturday 11th, with speakers and workshops at the Old Castlemaine Gaol, the annual awards dinner at the Theatre Royal on Saturday evening, and a Sunday morning wrap up in the historic Chewton Town Hall.

The CNAV conference is a must attend for anyone who produces or works on a community newspaper, anyone who is thinking of starting one, or even for anyone who would like to just know more about community newspapers.

Gala Fete

Saturday 15th November 2008 from 8am to 1pm.

Where: Romsey Anglican Church, Main St, Romsey, (Up from Mitre 10)

Books Plants, Clothes,

Sausage sizzle and pancakes

Cakes and other home baked delica-

Brie a brae.

Car Boot sale

Kids' specials, Mini golf, jumping castle, face painting

For further information please call 5429 1680





The Romsey Rag



Pink Ribbon Breakfast for **Breast Cancer Research**

Host a breakfast during October's Breast Cancer Month (1-31 October 2008) and help raise vital funds for breast cancer research.

You can hold your breakfast (or morning tea, lunch, dinner or supper) wherever you choose. In your home, workplace, community centre, local cafe, school, in the park it's entirely up to you!

For further details, log-on to http://www.pinkribbonbreakfast.org.au or contact Irene Ryder via telephone: 9695 9462

or email: irene.ryder@nbcf.org.au

Come one, come all

Support the local cricket club & the Lancefield-Macedon Ranges Relay for Life by attending just the one event! On Saturday the 18th of October from 2pm come to the town's biggest Tupperware party to be held at the Gisborne Cricket Club rooms (above the gym)

All commission, money & Tupperware goods will be donated to 'not for profit' organisations (Relay for Life, The Cancer Council of Victoria & the Gisborne Cricket Club).

Lucky Door Prizes, Raffles, Free Give Aways & More!

Come and have a fun afternoon out, with no obligation to purchase.

"Kids and Mutts" Fun Dog Show

Sunday 19th October, 2008 Lancefield Agricultural Show

Commencing 10.00 a.m. Program:

- 1. Best Groomed. Male and female.
- 2. Agility
- 3. High jump
- 4. Apple bob

LUNCH BREAK

- 5. Fancy dress
- 6. Sausage race 7. Tennis Ball race
- 8. Obedience and Handling

Children to be aged 4 to 15 years inclusive. Entry on the day: \$5 to enter one or all events.

Enquiries: Helen Ord ph. 0403882530

* All dogs MUST be kept on a leash at all times *

A fundraising event for the Lancefield Relay for Life. **TEAM 000**

Rock around the clock for cancer

The Milky Bar Kids, a team participating in the Lancefield-Macedon Ranges Relay For Life, are brushing their ponytails and donning blue suede shoes for a Rock n Roll Night to help them raise money for cancer research, education and support ser-

Live band, Kaleidoscope, will have the Lancefield Mechanics Institute hopping on Saturday, October 18 from 7.30pm. The band will be headed by Sammy Depetro, performing as Richie

Tickets are \$20 and include a light supper. BYO drinks. Bookings for tables of up to 10 people are essential and can be made by ringing Sandra Clark at the Lancefield Newsagent & Milk Bar on 5429 1444 or 0421 839 050.

The Milky Bar Kids has participated in five of the six Relay For Life events at Lancefield Park. Team members include staff at the Lancefield Newsagent & Milk Bar, customers, family and

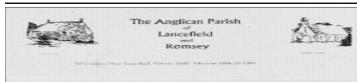
In 2008 the team raised \$5700, which has been put towards breast cancer research.

Relay For Life teams comprise 10 or more people who walk, run or stroll relay-style for up to 24 hours. The 2009 Lancefield event will start at 3pm on Saturday, February 28 and finish at 10am on Sunday, March 1.

It costs \$15 per person to register. Once a team name is registered more members can be recruited.

For more information about the Lancefield-Macedon Ranges Relay For Life event or to register, visit www.relayforlife.org.au, call Melissa McCarthy on 0438 831 427 or contact The Cancer Council of Victoria on 1300 65 65 85.

The Romsey Rag



Connecting with God and our Community. **VIEW FROM THE VICARAGE**

Dear Friends

On Sunday 14th September, history was made in the Lancefield and Romsey area where all the churches joined together on a normal Sunday for a combined church service. Many that I have heard from came away with a very positive feeling about it and many suggestions have been made to think about it again next year.

Generally speaking, we believe in the one God and it was great to be together and worship as one Christian community. The early church met as one community and in effect operated 2. Our Church Youth Group meets from 5pm – 7pm every like a body in that the body is made up of many parts going in the one direction. However, all parts in that body are equal in value and importance.

that it affected those outside of the community to the point that others wanted to join the church as well. Their message in word and action was so dynamic that people's lives were changed because of the church's example in the community about what the Christian lifestyle was all about. Better still, back then - the church was not split into denominations.

In other words, there was One God, One Word and One church. Based on this fantastic occasion. I would warmly encourage all who read this to "Seek the Divine in 2009".

That's this month's view from the vicarage.

Rev. Leroy Coote

Christ Church Lancefield with St. Paul's Romsey.

Sue's Sewing

Alterations and hems. See Sue for al your sewing needs. Very competitive rates. Phones 5429 3757 Mobile: 0403 021 525

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Contact:- Tony Email: tek1979@gmail.com Mobile: 0402 028 198 Contact us to organise a FREE telephone consultation!

Special Events:

Our next Sunday @ Six on Sunday 26th October with dinner at 5:30pm and a short service starting at 6pm with a six piece music group from Sunbury Anglican Church Church.

The topic next month is: Where do the saints go march-

Check the pages of this month's Romsey Rag for information about our Gala fete in Romsey on Saturday 15th

A car boot sale will be held as well on the day.

Regular Events:

- 1. You are cordially invited to any of our Services: 9:00am at Romsey located at 77 Main Street, Romsey and 10:30am (with children's program) at Lancefield located at 33 Chauncey St., Lancefield. All our Services are "Worshipful, Anglican and Relevant."
- Sunday Evening (recommencing October 12) in the Lancefield Church hall.

Cost \$4.00 to cover dinner and future activities. Another aspect of the early church was that it was so dynamic Anyone in Grades 4 – 9 at school is welcome this term. Come along and see what fun activities we do. All welcome and all our leaders have up to date "Working with Children's Checks".

> For further details on any of our activities, please contact the office on 5429-1680

Romsey Cricket Club

The new season begins on Saturday October 4th for our McIntyre and D Grade sides, and the following week our F Grade and Under 16 and Under 14 sides start. The Under 12's start on October 18. We only have a few spots left in our Junior sides, so if you are interested in joining please do not hesitate to ring Michael Richardson on 0437 240 655 NOW. The senior sides have commenced training on Tuesday and Thursday nights from 6.00pm. We welcome and cater for serious and social and even occasional cricketers as we pride ourselves on being a very progressive and social club.

Our first social function will be on Saturday October 18th as we celebrate the start of what we hope will be a fun and successful season. Movember will be launched on this night, as we raise awareness and hopefully some funds for this great cause,. Gentlemen- we will be on the lookout for some volunteers to grow MOUSTACHES.

We thank the Romsey Gymnastic Club, Romsey Park committee, Macedon ranges Shire Council and Bendigo Bank for their generous donations to fund the upgrade of our cricket nets. What a project, and what a fantastic outcome which will benefit the club for years to come.

Milo Cricket

Co-ordinator—Michael Richardson.

Registration day is Sunday October 12th between 10.30 and 11.30am at the Romsey Cricket Clubrooms, Walllan Road, Romsey. Cost is \$55.00. Programs run from Sunday October 19th to December 7th at Romsey Primary School. Have A GO is for 5-7 year olds, Have A Game is for 8-10 vear olds.

The Romsey Rag

Volunteer funding for local groups

Member for McEwen Fran Bailey is encouraging our local community organisations to apply for their share of this year's Volunteer Grants Program. Fran said many local groups had received grants of between \$1000 and \$5000 since the program started in 2003.

"This successful program helps our volunteer community organisations buy equipment like computers, air-conditioners, mowers and sporting equipment," Fran said. Among grant recipients across McEwen in 2007 were South Morang Rural Fire Brigade, 1st Romsey Scout Group, Healesville Toy Library, Wallan Preschool, Yea Agricultural, Pastoral & Horticultural Association, Kilmore Acappella Group, Seymour Little Athletics and Gisborne Gymnastics Club

"These small grants make a huge difference in keeping alive the spirit of our communities which is built on the efforts and commitment of volunteers." Fran said. "If I can be of any assistance to our local groups in preparing their applications. please contact my office on 1300 131 186 in the next fortnight so funding requests from our towns are submitted before the closing date of October 17."

Carers urged to register for disabled respite places

Member for McEwen Fran Bailey is encouraging parents and carers of disabled people in the Macedon Ranges Shire to register for respite care. Fran said registration was the next step as the Gisborne community waited for construction to start on the respite care home following a strong local campaign that saw the Rudd Government finally move to reinstate funding for the planned facility.

"Our local communities regard the respite home as the next step in developing care and support services for the disabled in Macedon Ranges," Fran said. "A recent survey of our area showed there are more than 100 families caring for disabled people in the Macedon Ranges Shire. "I am now looking forward to joining with our local communities in welcoming Golden City Support Services to Gisborne, working closely with parents and carers to provide much-needed respite facilities in the area." Fran said registration of interest from families and carers would assist Golden City Support Services to manage the home and project future demand for services.

"I urge parents and carers of disabled people to register their interest in the Gisborne respite home by phoning Golden City Support Services on 5434 2777 or my office on 1300 131 186," Fran said.

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Large variety of small grafted conifers of rare and unusual forms. Ideal for rockeries.

Flowering ornamentals from \$35 each - in flower now!

Open 7 Days 9am -4pm

1252 Woodend - Romsey road. Romsey Phone: 54 270440



St. Mary's Parish - Lancefield & Romsey

27 Chauncey Street, Lancefield Cnr. Main Street & Barry Road, Romsey

Parish Priest:Fr. George O'ConnorPresbytery:5429 2130Pastoral Associate:Mrs. Joanne ReutherConvent:5429 1582School Principal:Mr. Anthony FallsSchool:5429 1359

Parish Website: www.users.bigpond.com/stmlancefield

MASS TIMES

Saturday:

7.00 p.m. (summer time) Lancefield 6.00 p.m. (winter time) Lancefield

1st & 3rd Sunday of the month:

8.00 a.m. Lancefield and 10.00 a.m. Romsey

2nd, 4th & 5th Sunday of the month:

8.00 a.m. Romsey and 10.00 a.m. Lancefield

RECONCILIATION

After weekday Mass or by arrangement.

BAPTISMS

February, April, June, August, October, December. For more information, please phone 5429 2130.

REGULAR EVENTS

SVDP Drop-In: First Thursday of each month, 10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey. All welcome to come for a game of cards/chat and free lunch.

Spiritual Guidance: Last Wednesday of each month at the Presbytery, 27 Chauncey Street, Lancefield. John Stuart, Counsellor and Guide. Tel: 5429 2130 for more information.

NOTICES

Daylight Savings Time

New Saturday evening Mass times for daylight savings will be as follows:

Saturday, 4th October: 6.00 p.m.

(Daylight Savings starts at 2.00 a.m. on Sunday, 5th October)

Saturday, 11th October: 7.00 p.m.

(Saturday evening Mass will be at 7.00 p.m. until Daylight

Savings finishes on the 5th April 2009.)

Adult Education

During October there will be a series of talks organised by the Office for Evangelisation to be held at Our Lady of the Rosary Parish, Kyneton. Four Wednesday evenings, 8th to 29th October, 7.30 p.m. to 9.15 p.m. The talks will be on *Jesus in the World of His Time*.

Gathering of the Churches

Sunday, 14th September last the Christian Churches of Lancefield and Romsey worshipped together in St. Mary's Church in Romsey. Thanks to all the Churches for such a joyous occasion and the fellowship experienced afterwards. Thanks, too, to all those who bought food and served. A wonderful day.

Father's Day Raffle

Congratulations to the winners of our Father's Day Raffle. First prize: Ken Walton. Second prize: Terry Connors.

BINGO BINGO BINGO

Every Thursday evening at St. Mary's Church Hall at Romsey
Doors Open 7.00 p.m. EYES DOWN 7.30 p.m.
30 games (2 sessions of 15 games) finishing around 9.45 p.m
\$3.00 per 15 game book Canteen facilities
No entry fee Free tea and coffee

ROLLING JACKPOT GAME 30 – UP \$10 PER GAME

ST. MARY'S PRIMARY SCHOOL NEWS

On Monday the 8th September the school celebrated Mary's birthday with a liturgy and lunch. Thanks to the Doria family for the delicious fruit . A huge thank you to the wonderful parents who gave up their time to cook the sausage sizzle and cut up the fruit. It is fantastic to have such supportive parents in our community who make it possible for the children to enjoy such special days.

The grade 5 and 6 students were lucky enough to be invited to St. Patrick's in Kilmore. There they spent time in a footy clinic with Brian Taylor, Danny Frawley, Matt Maguire, Brett Deledio, Mark Ricciuto, Adam Yze and Scott West. They were able to ask questions and get a good look at the Premiership Cup.

The members of our school choir performed in the BEAT concert at Kyneton on the 11th September. A special thank you to Mrs. Michelle Clayton for all the time and effort she has put in working with the choir.

The grade 5 and 6 students, as well as our staff, had the pleasure of listening to Tommy Hafey speak to them about how to achieve the most out of oneself. He is a highly motivational speaker and a pleasure to meet.

On Friday, 12th September, our school athletics team competed at the COBAW district sports in Bendigo. Congratulations to Casey Adamson, Mitchell Adamson, Luke Nikolic, James Wooster, Emily Consiglio, Jack Coon, Jack Coburn and Jack O'Sullivan, Amy Frost, Gemma Clayton, Emma Farrelly, Brianna Dipietro, Eden Alford, Abbey Chafer and Fiona Redmond. They will now compete in the Lodden Mallee Zone Regional Championships at Bendigo on the 13th October. Thankyou to the Rotary Club of Romsey for their continued support. We have recently received from them a donation of picture and activity books.

Senior Constable Roger Barr visited the school last week to speak to the students about safety. Thanks so much to Roger for giving us his time.

The NAPLAN

(National Assessment Program – Literacy and Numeracy) results have been distributed to parents of grade 3 and 5. These are a snapshot of the children's learning. Congratulations to the children on their results.

The Drive-In Night is fast approaching. Hopefully you have the 8th November marked in your diaries. The P&F have been working very hard to make this a great night.

The Romsey Rag October 2008



Hey Dad! In Kyenton

A program designed for men parenting children



Where Kyneton Fire Brigade, 48 Ebden Street Kyneton

When Thursday 9th, 16th, 23rd & 30th October 2008

Time 6.30 – 8.30pm

Facilitators Travis Edwards & Prue Robertson

Family Education Service CentaCare

Cost \$10 - Program Material & Refreshments Provided.

Being a dad is one of the most important jobs there is. It can be exciting, rewarding and full of surprises but also frustrating, demanding and at times very exhausting.

Come along to this 4 week program and talk to other dads, build your confidence and explore different ways of being a dad. We aim to provide information and discussion to assist Dads as they explore this important role.

Bookings and Enquiries: Places are limited so please book!

Ph. Prue or Travis on 5443 9577

prue.robertson@cenatacare-sandhurst.org.au

CentaCare, 65 Baxter St Bendigo 3550 Telephone 5443 9577 Postal address PO Box 255, Bendigo 3552

YOGA and MEDITATION **CLASSES** at Gillmay Arts Romsey House

about meditation? or maybe had a massage in an art gallery. Well, you can now if you visit Gillmay arts, on 119 Main Rd Romsey. This is a gallery with a difference.

Gillian, the director of Gillmay Arts has invited people like Linda and myself to share her space and create a health and wellness centre in Romsey. So, you can enjoy the visual and energetic beauty of art as well as have a massage If we spend time every day cleaning our bodies and the and attend a yoga/meditation class in the one space.

Most of us live busy lives, and we try to combine many activities in the one day. For the most part we do these activities well, but these activities usually have to do with fulfilling obligations for others: our employment, family, friends etc. Rarely, do we make time to look after ourselves through regular physical exercise and mental relax-

As we go about our busy day, we experience all types of emotions, some uplifting and positive in nature and others draining and negative. If we do not process these emotions mentally they can get stored in our bodies as tension, or get released as a night full of dreaming. Either scenario leaves us feeling tired. The beauty of yoga is it works both physically and mentally. We spend time moving the body to shake up stored tension and while doing so, we stay mentally present. When we are present, we are not trapped in mental noise. We experience respite from thinking, thinking, thinking.

After moving the body and being present we start to feel

relaxed and centered. We have created the perfect environment to meditate. Without this preparation meditation is a difficult discipline. A small experiment will prove this point. Try to sit still now and listen to the sounds around you.....How long did you last before the mind started thinking?

Have you ever been to a yoga class in an art gallery? How After a session of hatha yoga, most students actually feel like sitting still for a while. It seems the natural thing to do. So, I have combined hatha yoga and meditation into a one hour and thirty minute class. One hour of physical exercise and relaxation, followed by thirty minutes of guided meditation. All of which is performed in the main gallery, so we are surrounded by beautiful art and energy.

> environment we live in, when do we spend time clearing out our mind? Maybe it is time to start doing so.

> Classes will commence at the beginning of term four: 8th

For bookings and enquiries please contact:

Kvm Oliver Ph: 5429-2134

Mo: 0413 744 860

Email: info@caitanyayoga.com.au Web: www.caitanyayoga.com.au

Classes for Beginners - Intermediate Casual class \$18.00 per 90 minutes. or \$150.00 per 10 week term.

Gillmay Arts Romsey House

119 Main Road Romsey

Every Wednesday (except school and public holidays) 10.00am - 11.30am

Romsey Primary School Trivia Night

Friday November 7th At the school in the Gymnasium 7.00pm for 7.30 sharp start

Pick a theme for your table—let your imagination run wild!

Prizes for the best dressed.

Lots of fun and activities on the night including:

- Silent Auction—heaps of great prizes
- Live auction of sports memorabilia
 - Door prizes and Raffles

Book a table of 8 -10 people by contacting Sam Kaliszewski on 5429 6858 or the school on 5429 5099 \$15 per person includes light supper, tea and coffee

October 2008 The Romsey Rag

ROMSEY RED CROSS UNIT

The International Red Cross is best known for Inter-National work in disaster areas, poverty stricken nations and war zones.

The Australian Red Cross for its work within Australian disaster areas like bushfires and many other unfortunate happenings of a serious nature.

The Romsey Red Cross Unit helps out in local disasters. For example in case of a house fire and its occupants are left with next to nothing we provide food, blankets, clothing and needs to survive. All work is done by volunteers.

To be able to do this work:

We need members. This unit is very short of members. What is involved for members?

- Attend local unit meetings. (No meetings during School
- Receive training in Catering, Registration, and Safety.
- We do not have a First Aid Section yet.

Why do we need more members?

Romsey must be able to cope with disasters. With the weather heating up and the lack of rain we can expect an increase in

We hope it will not happen, but we must be prepared.

ENQUIRIES:

Come to our meetings: 2nd Tuesday, 1.30 to 3.00 pm, monthly In the Romsey Hub, except during school holidays and December/January period.

Leave a Message:

With the Romsey Community House during morning hours. Phone: 54 295 502 Leave message on answering machine.

FUNDRAISING MORNING:

Danny Bloom at the Uniting Church—October 17th.— 10.30am

Delicious morning tea!

BARRY'S MOWING SERVICE

ALL TYPES OF LAWN MOWING DISCOUNT FOR PENSIONERS

A GOOD JOB FOR A FAIR PRICE **CONTACT BARRY:**

54 293757 0417 336 228

Want to promote your group or event?

Why not get in touch with us at the Romsey Rag? Community groups and not-for-profit organisations are offered free promotion of their activities, while we offer very competitive advertising rates for businesses.

The Romsey Rag is distributed to every household in Romsey, and goes as far as Hesket, Newham, Monegeetta, Riddells Creek and Bolinda.

Call Robyn on 54295099 during school hours to find out more.

ROMSEY / LANCEFIELD SENIOR CITIZENS

Meet each Monday.

Come and enjoy lunch, a game of cards, indoor bowls or just a chat with a very friendly group of people.

Bus trips arranged each month. For details, please ring Rae Hooke on 54291602.

Romsey Art and Craft Market Market Dates 2008

SUNDAY

October 12th November 16th December 14th

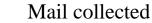
At Romsey Mechanics Hall

Pets minded

while you're away

Leave your beloved pets safe and secure in their own home

- Fed & watered daily
- Brushed & walked as required
- Yards pooper scooped



Plants watered

Dogs Cats & Other Pets

Phone Vicky **Animal Communicator** Mobile **0402 334 282** Police check completed

NEW FACILITIES-INTERMENT OF CREMATED REMAINS

The Lancefield Cemetery has now completed a Rose Memorial Garden around the Rotunda for interment of cremated remains. Each of the roses has been specially selected for their perfumed fragrance. In addition, a memorial avenue of blossom trees within the cemetery will be planted in November. Families now have a choice of interring the cremated remains of their loved ones in either the rose garden or in the memorial avenue.

For details, contact the Secretary, M.Taylor on 54 292085 or email met.mwp@hotkey.net.au

We need to advise that under the Cemeteries and Crematoria Regulations which govern all Victorian cemeteries, glass flower receptacles are not permitted due to their breakable nature and the subsequent danger to public safety. Families are requested to remove these over the next 3 months. Any remaining after this time will have to be removed by the cemetery trust.

We further advise that dogs are not permitted access to the cemetery grounds, under the same regulation.

M.Taylor, Secretary, Lancefield Cemetery Trust.

KERRIE HALL ART SHOW



9th Exhibition of Artwork by Selected Local Artists

Preselection and opening by Kaye Keck, director of the

Dromkeen Collection Art Gallery in Riddells Creek on Friday at 8:00pm Friday 17th October 2008 Entry \$15.00, supper provided Booking prior to 10th October preferred. Please ring Marlene on 5427 0202 or Jacky on 5427 0576.

The art will be on display on Saturday 18th and Sunday 19th of October from 10.00 till 5.00 Entry by donation

Devonshire teas available

The exhibition is a fundraiser
for the maintenance of the Kerrie Hall,
a community owned facility.

MATTEL TOY CLUB

FACTORY SALES
COST OF TICKET \$10.00
DATE: NOVEMBER 24TH
Tickets on sale at Romsey Kindergarten on

THURSDAY 16TH OCTBER @ 9.AM & 3.PM

MONDAY 20TH OCTOBER @ 11.30 AM.

ENQUIRIES: RAELENE PH. 54296272.





Launch Party

Macedon Ranges Friends of East Timor

invite you to join them on

Thursday October 16th 2008 from 7:00 – 8:30 pm at the St Ambrose Church Hall, Woodend

> Special guest Annie Phelan " Mavis Goes to Timor"

> > Music by Dili Idols

Handcrafts made by the women of East Timor

Light refreshments & drinks

Come along and celebrate with us, enjoy some

Timorese culture, and find out how you and
your community organization can be a part of
this exciting adventure.

Learn more about the East Timorese community we will be partnering with.

RSVP for catering by October 10 th to -Vicki Cronin 5427 3523 email manatimor@westnet.com.au Fran Wigley 5422 6466 email mrfoet@bigpond.com



Supported by the Macedon Ranges Shire Council.

The Romsey Rag October 2008

Relay For Life Lancefield Motorcycle Poker Run

It's on again this year!

My name is Peter and I am a representative of the Lancefield Motorcycle Poker Run. What is that you ask? It is a charity event that raises funds for the Cancer Council of Victoria via Lancefield/ Macedon Ranges Relay for Life. It is organised by the "Shooting Stars" Relay for Life team. We held the event in February 2008 and raised over \$4000 dollars, it was a great effort. 70 motorcycle riders turned up on the day, we rode around the Macedon Ranges and surrounding districts stopping along the way to collect cards and eat lunch and have fun. There were great prizes and give-aways and everyone had a fantastic time.

So what's that got to do with me you ask? Well we are doing it again on Sunday 22nd February 2009 and this time we are expecting nearly 200 bikes, going from all the interest already shown, but to realise this we need your help. Firstly I have available two flyers that you can download and if it's ok with you place them in your shop front window for passers by or so your customers can see and read them. You can also print some of them and give them to people if you want to, any help in this area would be greatly appreciated.

Also we are looking for Sponsors and Donations from Business. The 2008

Event was very generously supported by nearly 40 different businesses and community-minded people and with their very kind donations it proved to be a great success. So what can you do to help? Well that is up to you. The businesses who supported the event in 2008 helped out by donating cash, prizes, gift vouchers or supplies to help us keep our overheads to a minimum so more money was given to the Cancer Council of Victoria.

We will be giving all riders of the 2009 Poker Run a souvenir booklet which will contain information about the ride and each rider's card sheet. But just as importantly it will also hold an ad for each business that donates \$50 or more. For those wishing to help out in this way we will place a copy of your business card inside this booklet so everyone can see which businesses helped support us. If you need more information about this please feel free to ring me and I can give you more details. If you like this idea please don't take to long in deciding as it is proving to be very popular. The cut off date is the end of October 2008 and pages are limited. I can provide an example copy of what it may look like to give you a better idea. I hope this helps.

Any donations of items or vouchers will be greatly appreciated; we will use these as the prizes for the winners of the best poker hands and give -aways throughout the day's ride. We will also put gifts received into a large wheelbarrow to make a huge hamper of different items and this will also be used to raise funds as our major prize

raffle. Our raffle in 2008 proved to be very popular. If you are a motorcycle business we are looking for a major sponsor of any of our main prizes which will be given to the first three best poker hands. This will generate a lot of interest and for those wishing to donate, these prizes will be advertised as our major sponsors and your business promoted for all those participating on the day.

All donations will be greatly appreciated no matter what it may be. Those wishing to donate will be given a receipt upon request. We also have our own website up and running which is www.lancefieldpokerrun.com where you can find out more information about us, our event and what it is all about there. All businesses who sponsor or donate will also be advertised on our website in our sponsors' link and if you have your own website we will place a copy of your link on our website too. There are some great photos of the run in 2008. Have a peek, it is worth it.

I thank you for taking the time to read this letter and hope you can help support this event in some way. If you would like more information or details about the Lancefield Motorcycle Poker Run event or are not sure how to help out you can either ring me or email with any questions or concerns you have.

Regards, Peter Ormesher. Mob: 0417 59 66 21

email:

lancefieldpokerun@hotmail.com

ROMSEY LICENSED POST OFFICE

OFFERS THE FOLLOWING SERVICES:

BILL PAYING FAX SERVICE PHOTOCOPYING LAMINATING
OPTUS PRE-PAID PHONE CARDS
TELSTRA PHONEAWAY TELSTRA PRE-PAID PHONE CARDS
PASSPORT APPLICATIONS OFFICE STATIONERY
CITILINK DAY PASSES COMPUTER DISKS
COMMONWEALTH, NATIONAL & GIROPOST BANKING



The Romsey Rag October 2008 The Romsey Rag October 2008

Living Word Christian Church

A Family Church Where everyone is welcome.

Weekly Sunday Service Times:

10am @ 7 Mitchell Court Romsey

6pm @ Woodend Community Centre Woodend



Weekly Life Groups, plus Men's, Women's, Youth & Children's Groups



Ph. 5429 6327 Email: livingword@iprimus.com.au

'Wimmin to Wimmin' at the Old Kerrie School

Come and be part of a local women's group for a rare and relaxing opportunity to informally network with other women in your local community. Held on the last Friday of each month, 7.30pm at the Old Kerrie School. A welcoming atmosphere and tea and coffee provided; bring nibbles and a friend! Gold coin donation.

(7 Cherokee Rd., diagonally opposite Kerrie Hall and junction with

Kerrie Valley Rd, Vic Roads map 60 C 8) Please ring Beth on 54 295 064 if you have any queries.

Spare Moments' at the Old Kerrie School

Bring whatever project you are working on or those UFO's (unfinished objects) that you never seem to get tine to do; be it knitting, spinning, quilting, writing, drawing, designing, scrapbooking, mending etc.

If you would like to learn a new skill, we have talented people to help you. Thursday evenings, 7.30 at the Old Kerrie School. Please contact Marlene Leckie on 54 270 202 or e-mail oldkerrieschool@gmail.com

CBCA BOOK AWARDS 2008

Greetings all,

Australian Children's Book Week heralded the announcement of the Australian Children's Book awards for 2008. Check out these GREAT titles at your closest library and enjoy!

Pauline

BOOK OF THE YEAR: OLDER READERS

(These books are for mature readers) WINNER -

The Ghost's Child - Sonya Hartnett HONOUR -

Marty's shadow - John Heffernan Black Water - David Metzenthen

BOOK OF THE YEAR: YOUNGER READERS

WINNER -

Dragon moon - Carole Wilkinson HONOUR -

Sixth Grade Style Queen (Not!) - Sherryl Clark Amelia Dee and the Peacock Lamp - Odo Hirsch

BOOK OF THE YEAR: EARLY CHILDHOOD

WINNER -

Pearl Barley and Charlie Parsley - Aaron Blabey HONOUR -

Cat - Mike Dumbleton & Craig Smith Lucy Goosey - Margaret Wild & Ann James

PICTURE BOOK OF THE YEAR

(Some of these books may be for mature readers) WINNER -

Requiem for a Beast - Matt Ottley HONOUR -

The Peasant Prince - Anne Spudvilas & Li Cunxin Dust - Colin Thompson

EVE POWNELL AWARD FOR INFORMATION BOOKS

WINNER - Parsley Rabbit's Book about Books - Frances Watts & David Legge

HONOUR - Girl Stuff: Your Full-on Guide to the Teen Years - Kaz Cooke

Kokoda Track: 101 Days - Peter Macinnis

FREE CLEAN FILL - Romsey

Approximately 25 cubic metres - You remove

Contact Paul on 0400 890 171

Colour Photocopying Now Available

Romsey Primary School now offers colour photocopying for \$1 an A4 page. For enquiries contact 5429 5099

'MOVING ON'

TELL YOUR STORY & GET IT PUBLISHED!

Romsey Writer's Group is currently seeking funding to produce a book that will give local writers and storytellers a chance to get published. We're looking for stories or poems on the theme, 'Moving On'.

Some topics you might consider writing on are:

- ★ bereavement
- → physical or mental illness
- → divorce
- → losing a child or sibling
- → accidents
- → natural disasters
- → drug/alcohol abuse
- → losing a job
- → losing a home
- **→** retirement
- → caring for a child or loved one with special needs
- → pets and their ability to change lives
- → domestic violence
- → financial difficulties
- → winning the lottery
- having children
- changing careers
- → cross-cultural relationships
- → bureaucratic bungles
- **♦** wills
- → sea change
- → tree change
- → near death experience
- → getting lost
- → moving house
- changing countries
- → being in a car accident
- → witnessing something terrible

confronting your fears

These are only some suggestions to give people an idea of the sorts of stories and poems we are seeking. Feel free to choose a different issue/topic that relates to the theme.

We are happy to work with people who have a story to tell but are unable to write it down.

SUBMISSION GUIDELINES

The following criteria will apply for any works accepted for publication:

- → Poems must be no more than 2 pages in length.
- → Short Stories must be 500 to 3000 words.
- → Works must not contain swearing or inappropriate lanquage.
- → Works must fit into the theme of 'Moving On'.
- → No inappropriate or offensive content will be accepted.
- → Romsey Writer's Group reserves the right to refuse publication of works considered inappropriate or unacceptable.
- → All submissions should include address and phone number for contact.
- → Materials should be typed and printed, and submitted with a disc containing the piece/pieces. Materials can be dropped at the Romsey Neighbourhood House (Shire Offices, Main street Romsey) or emailed to romseycommunityhouse@yahoo.com.au. Alternatively, they can be posted to Romsey Neighbourhood House PO Box 418 Romsey VIC 3434.
- → All materials MUST BE SUBMITTED BY 28th February 2009.
- ★ More than one piece of work may be submitted.
- → This project is subject to funding however, in the event this is unsuccessful, we will publish a selection of stories in the Romsey Rag.

This is a not-for-profit project and NO PAYMENT is provided for works submitted.

If you are unable to write your story down, one of our writers will be happy to work with you to get it down on paper. For assistance, phone Dee White on 54 285 365 or Robyn Moore on 54 29 6445 or 0412 275 152.

So get writing, and send your story or poem in to us. We'd love to see it – and check your Romsey Rag next month for more information.

Probus Club Romsey – Lancefield

President: Mrs. Pat Shannon

5429 6194

Secretary: Mrs. Jeni Clampit 5429 5480

Probus Meetings are held at St.Mary's Hall, Main Street, Romsey.

10am on the fourth Thursday in each month. Our Guest Speaker at the October meeting will be a member of the 'Hearing Dogs Society'.

Persons interested in this club and hearing our guest speakers are invited to come along to our meetings.

Panache Joinery

Built-In-Robes, Kitchens,
Alterations,
New Bench tops and all types of
Cabinet Making

Ring for a free quote 0418552301

October 2008 The Romsey Rag



Romsey Community House Inc.

P.O.Box 418, Romsey, Vic 3434 | we will get back to you. Phone 5429 6724 Email: romseycommunityhouse @yahoo.com.au

Phone 5429 6724 A Learning and Activity Centre | If no answer-leave a message,

Programmes and Activities for Term 4 2008 October - December 08

All activities will be conducted at Romsey Community House unless stated otherwise.

ANNUAL GENERAL MEETING REMINDER:

Wednesday 15 October 08 at 7.00 pm, at the Romsey Community House.

TRAINING & CERTIFICATE COURSES

Level 2 First Aid

This is a nationally recognised certificate course suitable for people requiring Level 2 First Aid qualifications for their workplace or sporting club. Course also covers CPR & Level 1 (first Sat). Conducted over 2 Saturdays

Date: Sat 8/11/08 & Sat 15/11/08 Time: 9am-4pm

At Romsey Community House Cost: \$150 includes workbook and textbook

Responsible Serving of Alcohol (RSA) *

This course is a requirement for anyone working in the liquor and licensed hospitality industry.

Date - Tuesday November 18th time to be confirmed. Please phone the Community House to register your interest.

Introduction to Coffee Preparation *

Date: 4 hour session on Friday 21st November 08

9am - 1pm Certificate Course - Register your interest. Cost TBC

Level 2 Sports Trainer - Need more modules to complete your qualifications? Call the Romsey Community House to discuss your needs. We have a range of modules run through Sports Medicine Australia that will enable you to gain the skills and qualifications you need locally.

* Denotes modules that can go towards a certificate qualification in hospitality.

Bookings for all courses and programs are essential. Phone the Romsey Community House on 5429 6724

HEALTH & WELLBEING

Yoga with Kym Oliver

Wednesday 7.00 -8.30pm, Romsey Community House. After hours access through side door. Cost: \$12/SESSION, \$120 for 10 week term. Casual Rate \$15/session. All enquiries and bookings direct to Kym Oliver on 5429 2134.

Walking Together Program

All groups meet Romsey Oval, Tuesday 9.30am - 10.30am,

Enquiries and bookings to Heather ph: 5429 5895

Are you Interested in.... Kick boxing, Line Dancing or Meditation? Register your interest with the Romsey Community House ph: 5429 6724

SOCIAL INTEREST GROUPS

Drop in for a Cuppa weekdays 9.30 - 5.30 - All Welcome

Romsey Community House Drop-in room is waiting for you! Drop in for a Cuppa, by yourself or bring a friend. Open weekdays 9.30am - 5.30pm Tea / Coffee - Gold Coin donation

SPECIAL INTERST GROUP

Writers Group

First Monday of the month, Romsey Community House at the Hub, 7pm - 8.30pm Convener: Dee White

Drop In Craft Mornings

Bring along your own craft every Thursday 10.30am – 12.30pm during the school term. Watch the Romsey Rag for special interest days. Convener - Karyn Gottschling

Craft Evening with Natasha

Every Second Thursday 7pm – 9.30pm, Romsey Community House Enquiries to Natasha Dziunka ph: 0438 357 599

Crop Till You Drop Scrap Booking 3rd Saturday of the month at the Hub from 5pm. Cost: \$15 per session. Contact Belinda Williams 0458 200 173

Adult & Children's Art Classes with Gillian ph: 5429 3996

Romsey Art & Craft Market

Term Dates: October 12th, November 14th, December 16th.

Counselling Services coming soon

The Romsey Community House craft group is holding a beginner's quilting class during November. At the end of this class, we aim to have two quilts to hang on the walls of the craft room. Class members will walk away with a new understanding of quilting and may be able to produce a quilt of their own if desired. Classes are held on Thursday mornings, 10:30am to 12:30 pm through November. Any enquiries to: Karyn Gottschling 54296919

The Romsey Rag October 2008

Do you have a group that currently meets and would like to use the facilities at the Romsey Community House? Call us to discuss your needs.

Program and Course Bookings

Bookings - All payments for pro-

time of booking, and should be di-

rected to the Romsey Community

grams and courses are required at

House at the address detailed above.

Minimum numbers for courses and

programs apply. If minimums are not

met courses may be cancelled at the

Payment - Avoid disappointment.

People who have not paid in full 1

deemed as not attending and be

placed on a waiting list.

House Refund Policy.

week prior to commencement will be

Refunds may only be given in accord-

ance with the Romsey Community

Course provider.

discretion of the Community House or

LIFE SKILLS PROGRAM - Monthly Information Session

OCTOBER - Legal Info Session Legal - Wills Information Session

When: Thursday 9 October 08, 7pm - 8.30pm

Conducted by Rochford Lawyers.

Bookings through Romsey Community House

Legal - Power of Attorney

When: Thursday 16 October 08, 7pm – 8.30pm

Where: Romsey Community House Conducted by Rochford Lawyers.

Bookings through Romsey Community House

NOVEMBER

Sex Drugs Rock& Roll Tour for Youth—Having fun while staying safe! Coming soon, see Romsey Rag for details

Managing Conflict

Preparation for Christmas! Managing conflict to resolution

Thursday 20th November 08, 7pm - 8.30pm

LIFE SKILLS PROGRAM - "LEARN TO MAINTAIN A CAR" CLASSES **Car Maintenance Essentials – For beginners!**

Got your first car and want to look after it, or had one for a life time and think you should be doing a better job of looking after it? These classes will introduce

you to BASIC car health – what to check, how to check it, and how often it needs

to be done e.g. Battery, oil, water, tyres, gauges etc. Practical and theory. Bookings essential

Dates: November dates to be confirmed. Register your interest now.

DECEMBER- HEALTH & WELLBEING

Weight Management and healthy eating over the festive period

Thursday 4th December 2008, 7pm - 8.30pm

LIFE SKILLS PROGRAM - MANAGING ON A BUDGET

Christmas Lunch on a Budget Talk about it & try it!

Thursday 27th November 2008 7pm – 9pm Cost: \$25

Gifts on a budget Date: Tues 18th November 08 Time: 7-8.30pm

LIFE SKILLS PROGRAM - LEARN TO USE TECHNOLOGY CLASSES

Computer Basics 1 Computer basics for the computer illiterate!

For people wanting to learn to use a computer in a friendly environment, where you can ask those questions you wanted to ask without fear or embarrassment! Classes will introduce you to the computer, to word processing on Microsoft Word, file management, surfing the Internet, and sending and receiving emails – including those attachments. 2 hours per week for 5 weeks Thursdays 9.30 – 11.30am, 16 October 08 – 13 November Cost: \$100 ACFE Funded: \$55 Bring a Notebook and pen

Computer Basics 2

So you understand the basics but want to know more. This course takes you through managing your computer desktop & icons, a more detailed look at file management, Word Processing and improving document presentations using attachments and formatting, emailing, and managing your attachments by resizing, compressing for storage or sending 2 hours per week for 5 weeks Fridays 9.30 - 11.30am, 17 October 08 - 14 November Cost: \$100 ACFE Funded:\$55 Bring a Notebook and pen

Internet Basics 1

Want to surf the net and not sure how? This is a short course focused on introducing new users to the internet, how to get onto the internet and conduct searches Thursday 9th October 2008 10 – 12 noon, Cost: \$20

Internet Basics 2 – Refining your searches

Can't make your way through the clutter of the internet, or get so many options with each search it gets confusing? This is a short course to assist you to refine your searches using advance search options Friday 10th October 2008 10am -12 noon, Romsey Community House Cost: \$20

Interested in Microsoft Excel. Power point or Publisher or prefer an evening computer Class? Please register your interest with the Romsey Community House and keep an eye on the Romsey Rag for updates.

We can also offer horticulture classes—register your interest now!