



Romsey Junior Football Club Inc.

ABN 17 922 890 147
PO Box 8
Romsey Vic 3434

President	Secretary	Treasurer
Bill Badger	Andrea Alford	Linda Wilkinson
5429 5735	5429 3022	5429 6607
0488 555 335	0448 767 257	0402 263 521

Well the 2010 season is up and running, we have appointed the coaches for this season and the whole club is a buzz of activity and excitement.

We welcome all the new and past families to the junior football club and look forward to a fantastic season ahead.

The club will be fielding 6 sides including an under 16, under 14's, 2 under 12's and one under 10 and under 9. We are still to appoint a coach for the under 10 team but are confident we will have one by the end of month, please contact Chris Rodwell for any coaching inquiries.

The number of children signed up this year is very positive and all positions are filling fast, so if you haven't registered and are interested in playing, please get your registration forms from our website www.romseyredbacks.org.au or call Andrea Alford on 0448 767 257.

Pre season training has already commenced on Wednesday and Friday nights starting from 5.00pm.

We have plenty of activities and fund raising nights planned for the season. We are a very family friendly club and we would love for you to come along and support your junior football club.

Keep kicking goals.

Bill Badger
President RJFC
www.romseyredbacks.org.au

Romsey Golf Club

Ladies report

A quiet month with little to report. On the hottest day in February Kath and Leila played 4BBB at Broadford and came third which was very well done. There was a lot of summer run and some high scores.

The handicapper has been busy at Romsey and Lorraine and I have both reduced our handicaps by a stroke. (Nothing to do with the summer run just brilliant play!!) Later this month we will be participating in the Relay for Life more details next rag.

Next month Lorraine, Elaine and I have volunteered to help at the Australian Women's Open played at Commonwealth Golf. This will be a great experience as we will be able to be close to some of the top players as we marshal a hole.

Recipe for this month

Cake with fruit

125gm butter
¾ cup caster sugar
2 eggs
¾ cup plain flour
½ cup SR flour
¼ cup milk
1tsp vanilla
Combine all ingredients well and pour into cake tin. (28cm x 18cm approx)
Place fruit of your choice on top such as canned cherries plums or apricots drained, or fresh fruit, plums apricots berries etc.



Barefoot Bowls:

Following the success of the past two seasons Barefoot Bowls competition, Romsey Bowling Club has decided to extend the season to encompass the full daylight saving period.

Barefoot Bowls each Friday through until Friday 2nd April 2010. Start time is 6.00 p.m. 'til finish. Entry Fee is \$5.00. All welcome.

ROMSEY CRICKET CLUB NEWS

As the season draws to a close, it is appropriate to reflect on the season so far.

All four senior teams are vying for a place in the finals. With two rounds to go, wins are vital.

There are always home games at the main oval and the Primary School every Saturday, so if you feel like watching some cricket and supporting the players, venture down.

Romsey Cricket Club has 5 junior teams with around 90 kids playing each week and as usual there are some fantastic team and individual performances happening each Saturday.

The two Under 12 sides are featuring at the top of the ladder which is a great sign for the future. Romsey rebels will be playing in the finals in the Under 14 competition, and the under 16's need a win to grab a finals berth. We encourage all parents and friends to support all our junior cricketers in their endeavours.

On a social note, a fantastic night was had by all at the annual Romsey Big Bash and Ladies Day afternoon and cocktail party. It was wonderful to see so many families and friends enjoying themselves. Thank you to all those people who helped organise the event and pitched in to assist on the night. A big thank you especially to Len Devlin and Glen Hickey for all their hard work.

THE ROMSEY RAG

Issue No. 280

2000 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council

March 2010

THE MARCH EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY
- Romsey Collision Centre and Romsey Towing Service -

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The closing date for copy for the April Romsey Rag is **Friday March 19th, 2010**

We cannot guarantee inclusion of copy received after this date.

Please email your copy to the Romsey Rag email address: romseyrag@romseyps.vic.edu.au
When submitting graphics, please use a Jpeg format, as we cannot guarantee that we can open or print other formats.
Please also ensure that you have permission to use photographs of people included with your article.

Also, ensure that text is in a format that can be edited.

If you have difficulty with emails being "bounced" please contact Robyn Moore on 54295099 (Romsey Primary School).

Editorially Speaking

Romsey Rag Editorial Committee:
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Collation Team Co-ordinator:
Joan Sparkes—5429 5848

Contributions:
Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School (fax 5429 5765) by 12 noon of the cut off day as advised on this page and the front page.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact details.

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

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For invoicing please include name & address details

Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434

Distribution:
2000 copies delivered to the Romsey community at the commencement of each month.



Macedon Ranges Shire Council - Generous supporters of the Romsey Rag

Romsey Rag Publication Deadlines 2010

Edition	Closing date for copy	Collating date
April	Friday March 19th	Thursday March 25th
May	Friday April 23rd	Thursday April 29th
June	Friday May 21 st	Thursday May 27 th
July	Friday June 18 th	Thursday June 24th
August	Friday July 23rd	Thursday July 29th
September	Friday August 20 th	Thursday August 26th
October	Friday September 24 th	Thursday September 30th
November	Friday October 22 nd	Thursday October 28th
December	Friday November 19 th	Thursday November 26th

The Romsey Mechanics Institute

A public meeting was held on 16th February 2010 at the Romsey Mechanics Institute where a new Committee of Management was elected for a three year term. We would like to thank the previous Committee for their dedication and stewardship of the Institute over the past 35 years, and Cr Joe Morabito for taking time out of his evening to chair the meeting.

Thank you also to the residents of Romsey for their attendance and participation at the meeting. The new Committee intends to hold a public meeting in April to gain feedback and ideas from the community for the future direction of the Institute. Details in the April edition of the Romsey Rag.

New contact details for bookings are by email: bookingsrmi@gmail.com

By phone: 0405 125 156

Simon Pinnock
President
Romsey Mechanics Institute



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The Lancefield Romsey Commuter Bus offers a Monday to Friday return service direct to the CBD at the cheapest rate available in the shire.

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Departs Cnr William & Latrobe Sts 5.20pm, arrives back in Romsey 6.20pm & Lancefield 6.25pm Seats currently available.

For more details ring Muir on 0354 255505



The 2009/10 season of Little Athletics is heading for the finish line, with the competition which began in October finishing at the end of March. About 100 young athletes converge on the Park Lane track each Saturday morning for competition and we have seen hundreds of personal bests set and several centre records broken during the season.

And the kids have not only been burning up our track in Romsey. Most recently athletes competed in the State Multi-Event titles in Bendigo and the regional Little Athletics championships in Albury, and many have attended Open Days at athletics tracks in Melbourne. The regional championships are the qualifier for the state Little Athletics titles in Melbourne in March. While all qualifiers are not known – this depends on results in the other regional championships around the state and times/distances recorded – at the moment Lancefield Romsey has four athletes qualified for the state titles so far – Nathan Blair, Casey Adamson, Mitchell Adamson and Gemma Clayton. All of our representatives at the regionals performed well, many smashing or setting new personal bests, which augurs very well for the future! Our athletes have been developing really well this year, mainly due to the hard work of our coach, Abe Formosa, whose dedication and enthusiasm is unmatched.

Congratulations also to our long-serving member Nathan Blair, now sadly in his last year at the club, who not only won all four of his events at the regionals but who in November finished 9th in the 100m hurdles at the national schools athletics, the Australian All Schools & Youth Championships in Hobart. What a great achievement to be top 10 in your event in the entire country!

In other news, LRLAC members were due to compete in Gisborne this month at an event hosted by that centre and including Woodend and Kyneton clubs. Unfortunately, this event was washed out for the second year in a row! Very disappointing, but we are hoping for a chance to compete next year.

The little athletics year in Romsey will wind up with club championships day, where the athletes choose their favourite events and compete for medals. Our final event for the year will be a presentation day at the Romsey Mechanics' Institute on Saturday, March 27.

This season we have been able to utilize a new reinforced super-sized shade sail, purchased thanks to a generous donation to the club by the local community bank branch of the Bendigo Bank. We are most grateful for this support. Our track has limited shade, so this structure has proved invaluable to provide a place for officials and athletes to shelter out of the sun during competition.

Little Aths runs each Saturday at the Park Lane track where the children, aged from 5 to 15 years, compete in a range of age-specific events which cover a range of throwing, jumping and running skills. Through competition each week, the club teaches skills which are useful in a wide range of other sports. The emphasis is not on winning but on setting and then beating personal best times – an aim reflected in the Little Athletics slogan 'Be Your Best'.

Two athletes who regularly represent Australia in overseas athletics competition, Collis Birmingham and Daniel Martin, started their careers running around our little grass track and are an inspiration to all of our youngsters.

Lancefield Romsey Little Athletics Centre is run by a small but enthusiastic and friendly bunch of volunteers who aim to provide a fun and supportive learning environment for the children while teaching them the correct techniques. Events taught include discus, shot put, javelin, hurdles, sprinting, distance running, long jump, high jump and triple jump.

The next season begins on the Saturday, October 2, so put that date in your diary now!

If you would like more information on the club, contact treasurer Rick Maloney for more details on 5429 6885 or email mal_rick@hotmail.com

RUSSELL MANTON,
President, Lancefield Romsey Little Athletics Centre Inc. 2009/10
Mobile: 0409 136 071

Nathan Blair competing in the triple jump at the regional little athletics championships in Albury in February.



Romsey Tennis Club Inc. **Winter season team entries**

We are calling for all interested people for both **junior and open** Saturday tennis competition to contact us now. Winter season begins in second term – 17th April.

Juniors – All sections will play on Saturday mornings. Please contact Kaye McNamara – 5429 5622 or Louise Conlan on 5429 6595 by Wednesday 10th March if you wish to play in a team.

Open – These teams play on Saturday afternoons. Please contact Kaye McNamara - 5429 5622 by Wednesday 10th March.



Hiring of the Tennis Courts

Free day use by members

\$10 per hour per court for day hire by non-members

\$10 per hour per court for night hire for members

\$20 per hour per court for night hire for non-members

Tennis racquets are also available for use, when hiring the courts.

Please contact Bev on 5429 6189 or Kaye on 5429 5622, for court hiring or membership enquiries.

Tennis coach

Andrew Peake, our professional club coach, can provide coaching from 5 years of age and for all ability levels, including social hitters and competition players.

Contact Andrew on 0412 225 792, or by email at peaketennis@hotmail.com

Club Contacts

Club coach – Andrew Peake 0412 225 792

Friday Morning Social Tennis at 9.30am – Eileen French 0412 787 213

Mid-week Tuesday Ladies – Bev Beaumont – 5429 6189

Junior and Open Saturday Comp. – Louise Conlan 5429 6595 or Kaye McNamara – 5429 5622

Thursday Night Mixed Comp – Kaye McNamara – 5429 5622

APPRENTICESHIP

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2010 APPRENTICESHIP

Applications in writing to:

The Manager, P O Box 228, Romsey Vic 3434

Email to dougn@newearth.com.au

Fax: 5429 5616

Closing date 12th March 2010

Romsey Golf Club Charity Day

The Charity Day was a great success with a full field (despite the heat). Thank you to all who supported the day and made it fun for all. The money raised goes to the Cancer Council of Victoria via the Relay for Life (Romsey Birdies Team)

Thank you to all our sponsors, Sapore Nostro (Sunbury), The Melbourne Racing Club, Boyles Golf Shed and Supa IGA Romsey.

Results on the Day --Winners of the Ambrose were the "Weekend Hackers" Jason, Chris, James & Tyrell, with a net score of 30.75.

Runners Up: "Old Grumpy's Team" Peter, Elaine, John & Andrew 36 net.

NTP : 1st hole Elaine Scanlon, 8th hole Chris McMaster, 9th hole Dave Bentley.

Straightest Drive: Sam T.

Ladies Longest Drive: Lisa Oakley

Men's Longest Drive: Matthew Thornton.

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Romsey Uniting Church

Pohlman Street, Romsey. 3434

Minister Rev. Dr. Avril Hannah-Jones: 5429 5351

Mobile: 0408 380 962

Church Council Chairperson: Noel Shaw - 5429 5509

Secretary: Jeni Clampit - 5429 5480

You are most welcome to come to the Romsey Uniting Church Services and share in fellowship and worship...

Lent Event: Lent is here. It began on Ash Wednesday, 17th February. The church members are again taking part in Lent Event through giving something up for the forty days of Lent and gathering together for Bible Studies.

Lent Event Bible studies will be held on Thursday mornings commencing 18th February at 10.30am. and Tuesday evenings commencing 23rd February at 7.30pm. If you are interested in attending these Bible Studies, please contact the Minister Avril Hannah-Jones, Noel Shaw or Jeni Clampit at the numbers above for more information.

World Day of Prayer, Friday, 5th March 2010. This year the World Day of Prayer service has been prepared by the citizens of Cameroon. The service focuses on the many things for which we have to be thankful, with an aspiration that all breathing, living things unite as one to praise God for all that we have been given.

The World Day of Prayer will be held at St. Mary's Catholic Church in Romsey, beginning at 10.15am with a Bible Study and the service commencing at 11am.

1 John 3: 23

And this is his command: to believe in the name of his son, Jesus Christ, and to love one another as he commanded us.

Standard instructions you hear as the plane gets ready for take-off: "Please fasten your seat-belt and put your seat back in the upright position." Rules and regulations. 'Only 8 people in the lift,' 'Speed limit 50ks per hour.' They all make life safer when we follow them, although most of us forget the one about the speed limit. But life can't really be contained by rules. There's more to it than that.

Every day we face situations with no convenient rule to tell us exactly what to do. We have to use our common sense and make our own decisions. We're on our own.

Well, not quite. There are some basics for all of us, whatever our faith. To some the Ten Commandments are old hat, but if we followed them society would be a lot better.

Then there's a rule from Confucius, "Don't do to others what you don't want them to do to you." That's OK, but Jesus put it positively. He said, "Do unto others as you want them to do unto you." It's one thing to say that you've never done anyone any harm, even if it is true. It's quite another thing to actually do some good.

The first rule is one of respect. Acknowledging a person's space, not treading on his or her toes. The other is a rule of love. Not hurting people is great as far as it goes, but love has to be proactive, if you'll pardon the jargon. It means getting out there and doing some good without waiting to be pushed.

Jesus said he had come into the world to offer us a better life. He came. He didn't hang about waiting to be asked. And neither should we, if the love that is at the heart of the universe is going to be part of our lives.

Lord of my life, teach me your rule of love and help me to understand that it offers freedom, not constraint.

Written by Eddie Askew. (Deceased)

Used by permission - Leprosy Mission International

Church Services during March 2010

7th	9am.	Worship Service led by Rev. Dr. D'Arcy Wood.
14 th	9am.	Worship Service and Communion led by Rev. Avril Hannah-Jones
21st	9am	Worship Service led by The Worship Team
28 th	9am	Worship Service led by Rev Dr. Avril Hannah-Jones



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Macedon Ranges Masonic Lodge
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Romsey VIC 3434
Contact us at:
Ph: 5428 5418 or 5429 6354



Macedon Ranges Masonic Lodge

Meet 1st Thursday except January

Installation - June

ALL BRETHREN WELCOME

Romsey Primary School News

School Captains

I'm pleased to announce our School Captain for 2010 are Annabel Feehan and Hugh Webb Ware. Mr Scale and I interviewed 19 students who had all submitted a written application. We were impressed with the quality of the application and the way the students presented themselves during the interviews. Congratulations to Annabel and Hugh who did their first presentation to the school community at assembly last week. I'm sure they will be great ambassadors for our school and will grow in confidence throughout the year. School Captains join with Student Councillors to form an important leadership group within the school.



BlueEarth

We are fortunate to be sponsored by the Department of Education and Early Childhood Development with a new program called BlueEarth. The program is held once a week for 5 classes with all the Year 5, Year 3 and some year 4 students taking part. The BlueEarth approach develops and integrates body, mind and spirit through participation in physical activity. BlueEarth utilises movement, motivation and learning to support, encourage, enable and challenge active living. This approach stimulates an awareness of self, of others and the environment in order to help facilitate learning and optimise attention, intention, function, communication and cooperation. The class teachers participate in it and as they become more familiar, will team teach and pass the skills they have learnt onto the rest of our teachers. I participated in one of the first sessions and enjoyed the active challenges and left feeling very relaxed after the cooling down time.



1:1 Learning continues for Year 6

After the successful introduction of the initiative called 1-1, laptops will continue to be a part of the Year 6 program. The laptop is leased with a joint contribution between the parents and the school. These are wireless networked and can go home each night for the students enabling "Anywhere Anytime" elearning." This year we plan to extend the opportunity for collaborative learning with students linking with other schools in our area to discuss their opinions about a TV program called 'Behind the News'. As students' skills improve other collaboration will be extended. This complements the wonderful elearning that already takes place at Romsey Primary School through the use of our interactive whiteboards and other ICT hardware. Flip cameras have also been purchased to facilitate video production. When the year 5 and 6



students relocate to the new building with its flexible learning space it will be easier to integrate these programs.

Buddies

Our beginning school program for all classes focused on our school values of Learning, Relationships, Responsibility and Resilience. Throughout the year each of the younger classes are matched with an older "Buddy" class. To commence this link classes met to dress each other in newspaper costumes. Many creative outfits were created and the whole school parade was enjoyed by the school. As the year progresses these buddy classes meet regularly for a variety of programs to build our school values.

Joan Gibbs
Principal



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SENIORS INFO

Are you a 'Senior' ?

We know turning 60 can be a bit daunting but we also know that 60 is the new 50.

The word senior seems inappropriate to describe someone of such tender years, but it is nice to know that having turned 60 and being described as a senior, there are benefits.

It is important to be aware of the many benefits and the broad range of Government concessions available upon reaching this age group.

If you are 60 or over and are retired or not working full time you can apply for a Victorian Seniors Card. Seniors Cardholders are able to obtain a wide range of discounted goods and services from participating businesses including travel, accommodation, hospitality, entertainment and leisure.

Victorian Seniors card also holders enjoy significant discounts and benefits on transport and travel including:

Concession rate travel on metropolitan public transport in all states

Two free off-peak travel vouchers, provided annually, for use on any Victorian V/Line or metro service.

Free public transport during the week of the Victorian Seniors Festivals held annually in the first week of October.

If you need free and confidential advice or advocacy Seniors Information Victoria can assist with information and or referrals on a wide range of issues including housing options and home maintenance, home-based services, health and well being, retirement, legal and financial matters, pensions and concessions, learning, recreation and physical activity opportunities.

For more information about Seniors Information Victoria call 1300 135 090
or if you are in Melbourne drop in to their Flinders Lane shop at 247 Flinders Lane.

To contact Seniors Card please call 1300 797 210 or contact my office on 54282138 for further information.
Warm regards



Darraweit Guim War Memorial Hall

Metal Art Garden

Next meeting 1st March 2010 8pm at the hall

Are you ready?
Now's the time to get those creative juices flowing.

We are now ready to start the creative process for this public art project, so now is the time to become involved.

What are we doing?

We propose to replace the section of garden between the two driveways at the hall with a metal sculpture to represent a garden. This doesn't mean just plants, it means anything that might be found in a garden.

How can I participate?

So put your creative hat on and come up with something that you would like to produce to include in the sculpture.

I can't think of anything to make!

Can't think of anything? Don't panic, Woody will be there to help with some creative concepts and ideas, so come along anyway, we'll find something you'd like to make.

I don't have any metal working skills?

Don't worry too much about how you might produce it, we'll workshop that one with you if needs be. There will be plenty of folks about with the necessary skills to teach you or help you out with the project.

How will the project work?

The actual sculpture will be made in a few ways:

1. We will run weekend workshops at the hall where we will supply the equipment and expertise to help you produce your part of the sculpture.
2. Community members with sufficient confidence can produce their own part of the sculpture in their own time at home. You will need to come along to at least one creative meeting to share your intended contribution with us all to ensure that it fits within the overall creative framework.

There will be workshops at the school for the primary school children to produce pieces to be included in the overall project.

**Do you know of any unwanted metal or old farm machinery
that could be used for this project?**

If so, please contact Cathy Tobin (5789 1252) or Viki Spedding (5789 1237)

**ARTS
VICTORIA**



The Mount Players AUDITIONS

The Breakfast Club by John Hughes.
That's right! The classic cult 80s movie is coming to the Mountview Theatre for our Aug-Sept production.

**Auditions to be held:-
Sun 7 March @ 10am
Tues 9 March @ 6:30pm**

Auditions by appointment only!

Please contact director, David Cubley 5426 3006
Or Producer, Victoria Macky 0416 100 939

Cast Required:
3 Males aged 17 –25 yo
2 Females aged 17-25 Yo
2 Males aged 40 – 60 yo.

Sweeney Todd is well into rehearsal and shaping up as a production not to be missed.

Gala opening Friday 30th April.

Tickets go on sale early April.

For further details please go to our website
www.themountplayers.com.

Lancefield Quick Shear

**Saturday 27th March 2010
4pm onwards**

**Laurie Green Pavilion
Lancefield Park**

**Family event
Kids Carnival Rides
Displays & Stalls
Full Bar & Food Outlets
No BYO**

**Contact Bert Parks 0407131253
Jack Richmond 0411429003**

ROMSEY / LANCEFIELD SENIOR CITIZENS

Meet each Monday.

Come and enjoy lunch, a game of cards, indoor bowls or just a chat with a very friendly group of people. Bus trips arranged each month.

For details, please ring Rae Hooke on 54291602.

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A Change of Season – Autumn at Home

There's no better place than the Macedon Ranges in which to appreciate the distinct change of season that unfolds this time of year in Victoria. The seasonal shift ahead encourages us to slow life down and enjoy the simple and subtle signs of seasonal change. Autumn in the Ranges is full of rich colours, tantalising food, cosy homewares, and the joy of still being able to enjoy the lovely autumnal weather outdoors.

Autumn can bring a lovely new feel to your home and CUTTINGS Culinary and Botanica in Romsey is ready to reflect this seasonal change with beautiful homewares, new kitchenware, pantry food, and lovely outdoor furniture.

Highlights of the homewares ranges include gorgeous scatter and box seat cushions, and a stunning selection of bone china mugs, afternoon tea sets, teapots with their own cosies, infuser cups, egg cups, etc; all in beautiful botanical motifs. Stunning new collections of glass container candle scents complement seasonal soaps, room sprays and aroma reeds.

Lovely new Spanish recycled glass serving ware, English mixing bowls, and gorgeous new tea towel prints are just a few of the highlights of this season's kitchen ranges. New herb choppers, egg poachers, assorted kitchen tools and new seasonal cookbooks all inspire us to engage in the joy of cooking.

New selections of pantry and larder food serve to highlight the local and regional produce of Victoria. For example, chutneys, relishes and sauces feature the best of regional tomatoes, basil, potatoes and onions. This seasons' jams are just bursting with the goodness and flavour of raspberries, blackberries, and boysenberries. French Lemonades and Italian Pasta also complement the local produce beautifully.

CUTTINGS always has an interesting selection of indoor and outdoor furniture in stock, and several outdoor settings are now marked down, with plenty of time left in Autumn to still enjoy the outdoors. CUTTINGS is now open 7 days a week and offers generous lay-by terms, and gift vouchers. In this subtle season of rich textures, luscious colours and sublime patterns, there is no better time to enjoy a browse thru CUTTINGS in Romsey. 120 Main Street Romsey; Ph 03 5429 3636.

CUTTINGS
culinary & botanica

KITCHEN GARDEN HOME

120 Main Street, Romsey
Ph: 5429 3636
Open Tuesday - Sunday



Welcome to 2010 and Happy New Year

It seems a bit strange to be saying happy new year when it is now March, but time is passing very quickly given our new children have already been at kinder for a month.

The 3 year olds from last year are now the big 4 year old experts and the new 3 year olds are settling in well, as if they have done the kinder thing before. The full timetable has now commenced and no doubt there are some rather tired children at the end of the sessions.

The staff and children are concentrating on getting to know one another, learning the 'rules' of kinder and learning about friendships, sharing and taking turns, all of which are the basics to set them up for life.

Sustainable living program

In 2009, the kinder was successful as grant recipients for funding towards the sustainable living program. With the assistance of the Coles Junior Landcare Grant and Buntings Sunbury, we have been able to purchase seedlings, wine barrels for planting, child size gardening equipment and wheelbarrows, compost bins, worm farms and reading

KINDER CORNER - ROMSEY KINDERGARTEN NEWS

www.romseykindergarten.com.au

resources about the environment and recycling.

The children have planted fruit, vegie and herb seedlings and have been really enjoying picking things from the garden to eat. The program will become stronger this year by fully utilising the compost bins and worm farms and introducing a sensory garden and rose arbour, among other things. We also aim to become recipients of further grants this year to continue to develop the program.

Bendigo Bank Community Grant

Our guest speaker at the AGM, Christine Murphy, spoke about the benefits of literacy and numeracy in early childhood and with that in mind, the kinder was successful in receiving a grant from Bendigo Bank which has been put towards the purchase of books and puzzles to enhance the learning of the children.

We appreciate the support of Bendigo Bank.

If you have any questions, please contact:

Sue Hayes, President, on 0416 066 347

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-Style Cuts (male, female and children)-

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84 MAIN STREET, ROMSEY
Ph: 5429 5300

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At Romsey **Community Bank**® Branch we can help U assess whether your home loan measures up.

We'll help you examine your current interest rate, monthly fees and any hidden costs. We'll then help you determine whether your loan delivers the kind of rewards it should.

With a choice of variable and fixed-interest home loans at highly competitive rates, a line of credit loan and even a 'green' option, there's bound to be a Bendigo home loan that suits your needs.

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So for a home loan that comes with a measure of confidence, drop in and see Rod Browning at Shop 1, 112 Main Street, Romsey or phone 5429 5526.

Romsey **Community Bank**® Branch





LANCEFIELD GOLF CLUB INVITES YOU TO GOLF COACHING CLINICS

FOR BEGINNERS OR GOLFERS WANTING TO IMPROVE THEIR GAME
These classes were very popular last year and we have the same professional coach coming up from Melbourne this year

COST \$30 FOR 3 ONE-HOUR SESSIONS OVER 3 WEEKS

**WEDNESDAY 10TH, 17TH, 24TH MARCH, OR,
SUNDAY 14TH, 21ST, 28TH MARCH**

SESSION TIMES AVAILABLE - 9AM, 10.15 AM OR 11.30AM

Get your application in – Limited spots available and groups filled quickly last year.

Register by 5th March

LANCEFIELD GOLF CLUB, 34 HEDDLE ROAD, LANCEFIELD

FOR APPLICATION OR MORE DETAILS CONTACT

JOHN 54291918

Email: lgclub@bigpond.net.au

Cobaw Community Health – Supporting the Health and Wellbeing of Communities in the Macedon Ranges.

Cobaw State Forest – a ridge of bushland linking Kyneton with the eastern part of the Shire – was the inspiration for the name of the Cobaw Community Health Service (CCHS). Established in 1986, CCHS has steadily grown from the provider of a single program supported by three staff, to an organisation that offers over 30 programs and employs more than 80 staff.

Cobaw aims to bring people together to improve the health and wellbeing of people in the Macedon Ranges. The services offered by CCHS are for all members of the community, with programs for people at all ages and stages of life. Our organisation can be a local resource for you and your family for information, support, linking with resources you need and assistance to maintain and improve your health and wellbeing. We provide services across the Shire with service sites on Romsey, Kyneton, Woodend and Gisborne. We also provide outreach services to most places in the Shire

We have received feedback from some community members that they are uncertain about what CCHS actually offers. Cobaw will highlight a number of its services over the year on local community radio and in your community newsletter. We have also recently re-developed our website, which is a great starting point to finding out more about the services and activities on offer. The website address is www.cobaw.vic.gov.au. This month features some of our services for families.

Strengthening Families in the Macedon Ranges Shire

Raising children presents challenges of all kinds for all parents. At Cobaw Community Health, we offer a range of services to support families.

The Family Services program aims to provide a range of services and supports to families with children aged 0-17 that are focused on ensuring the safety and wellbeing of children and young people. Families may face a range of challenges

and require support in areas such as:

- Parenting
- Isolation
- Family violence
- Alcohol and other drugs
- Mental health

To access this service please call the Child FIRST Intake toll free on 1800 260338.

Family Day Care offers an affordable child care option in the homes of registered childcare providers. Our accredited scheme provides high quality care for children that promotes learning and development in the vital early years.

Early Childhood Intervention Program provides a range of key worker and discipline specific intervention services to children and families living in the Macedon Ranges Shire. Children between birth and 6 years of age who have delays or disabilities in two or more developmental areas are eligible. Referrals are made through a centralised referral team who will complete assessments of eligibility and initial service plans. Please call the SPECIALIST INTERVENTION AND REFERRAL TEAM 1300 363 514.

Parent Buddies Volunteer Home Visiting Program coordinates volunteers to offer some practical support and to help families with children to connect with their local community. Volunteers are trained to know about local resources and assist families to feel more confident in their parenting by exploring parenting ideas, helping to get organized or just talking over a cup of tea.

For information about any of these services please call us on ph 5421 1666.

For more information about these services and other opportunities at Cobaw Community Health visit www.cobaw.vic.gov.au.



Young people aged 12+ are invited to the opening of the

Romsey Youth Space

At the Romsey Community Hub 16th March 4.30-6.30
Come and join in the fun activities and grab a bite to eat!



Wii on the big screen (Band Hero and DJ Hero)

Contact Amanda Summers
Romsey Youth Space
Support Worker on
0457 795 891 or
asummers@mrsc.vic.gov.au
for more information

**The Romsey Youth Space will be
open every Tuesday from 4.30-6.30
and will offer supervised activities.**



LIGHT PAINTING



Sessions currently running:
Monday and Wednesday
8:00am – 1:00pm
Friday
Session:
9:00 – 2:00pm (3-5yr olds)
Includes Hey-Dee-Ho Music

NUTRIMETICS

“Simply the Best”

- For information on any of our Nutrimerics products
- To place an order
- Be included on our mailing list to receive the monthly specials brochure

Contact:
Lyn Turner
Nutrimerics Consultant
Phone: 5429 3332
Mobile: 0419 921 042

Calling Romsey Writers

If you are a writer and would be interested in reforming the Romsey Writer's Group, please come along to an information meeting **at the Romsey Community House (at the Romsey Hub) on Thursday March 11th at 9.30am.**

Due to professional commitments, former group leader and local author Dee White is no longer available to coordinate this group, but we know there are people out there keen to meet regularly with fellow writers.

For further information or to register your interest please contact Karyn Gottschling on 5429 6919.



Huge Community Garage Sale

Date: Sat 17th April 9am - 1pm

Room for up to 20 Vendors

Secure your lot for only \$15	To Register: Ph 5429 6327
Food & drinks available for purchase	
Venue: 7 Mitchell Court Romsey	

Romsey & Lancefield Probud Club

President: Mrs. Alice Long 5429 6567
Secretary: Mrs. Jeni Clampit 5429 5480

Probud Meetings are held at St. Mary's Hall, Main Street, Romsey at 10am on the fourth Thursday in each month.

Probud is a mixed club for men and women.

There is a guest speaker at each meeting.

We have an outing on the third Wednesday of the month. (Either a trip or luncheon).

Coffee Mornings and Musical Afternoons.

Persons interested in this club and wish to have more information please contact the President or Secretary at the above phone numbers.

Our next meeting is the
Annual General Meeting
 on Thursday, March 25th at 10am

A NEW COMMUNITY OPEN SPACE - WHAT DOES ROMSEY NEED?

- **Does Romsey need a giant flying fox?**
- **How about a challenging rock face-type climbing wall?**
- **Or a large outdoor amphitheatre where people could hold public performances and gatherings?**
- **What about a playground with a huge basket type swing which could hold not only you but your best mates?**

These are just some of the ideas the **Greater Romsey All Abilities Park (GRAAP)** committee has thought about for the public space it is working to build in our great town.

And now we need **YOUR** ideas and **YOUR** input. Your Community Group may have needs which complement GRAAP's objectives.

Come along to a **PUBLIC MEETING** at the **Romsey Community Hub** on **Tuesday, March 16, at 7.30pm**, and tell us what **YOU** would like to see in a new community open space.

WHERE COULD IT GO, we hear you ask?

GRAAP has considered a range of places which may suit such a park, including the **OLD PRIMARY SCHOOL** site in Palmer Street.

We're also keen to talk to landowners or developers who might like to suggest a new 'greenfields' site for such a development.

How do you make Romsey better? By having a say!

We're urging business groups, community groups, non-profit organisations as well as individual community members to come along and have a chat with our GRAAP site selection sub-committee on the night.

Come along, tell us what you think and help us shape Romsey's future for the better!

For further information, please contact:

Raelene Mottram Ph: 0409 148708,

Email: mmo67451@bigpond.net.au

Pastor's Parables

The One who upholds the universe will never let you down!



Giraffes have the shortest sleep cycle of any mammal. They sleep only between 10 minutes and 2 hours in a 24-hour period and average just 1.9 hours of sleep per day.



Seemingly always awake, the giraffe has nothing much in common with most humans in that regard. If we had so little sleep, it would probably mean we had some form of insomnia. But for giraffes, it's not a sleep disorder that keeps them awake. It's just the way God has made them.

If you think 1.9 hours a day is not much sleep, consider this fact about the Creator of our tall animal friends: Our heavenly Father *never* sleeps.

Describing God's continual concern for us, the psalmist declares, "He who keeps you will not slumber" (Psalm

121:3). In the context of this psalm, the writer makes it clear that God's sleepless vigilance is for our good. Verse 5 says, "The LORD is your keeper." God keeps us, protects us, and cares for us – with no need for refreshing. Our Protector is constantly seeking our good. As one song puts it: "He never sleeps, He never slumbers. He watches me both night and day."

Are you facing difficulties? Turn to the One who never sleeps.

Each second of each day, let Him "preserve your going out and your coming in."

Marilyn Hunter
 Senior Pastor of Living Word Christian Church

Inspire Women's Meeting

Date: Saturday 20th March 2010
Where: Living Word Christian Church - 7 Mitchell Court Romsey
Time: 10am – 1:30pm including lunch
Guest Speaker: Samantha Evans from Planetshakers City Church Melbourne



Sam Evans is the Senior Pastor with her husband Russell at Planetshakers City Church, Melbourne. In just six years, the congregation has grown to 4,000. Sam is a passionate and powerful speaker whose heart's desire is for every person on earth to be touched and revolutionised by the power of the Holy Spirit.

Her tenacity and hunger for God's presence will stir your spirit to see change come about in your life and circumstance.

Bookings are essential. Cost: \$40 (closes 14th March 2010 - Lunch included)

Please phone our Church office for a registration form for all the details and plan to come and be blessed, refreshed, strengthened, restored and set free to **inspire** your world today!

We look forward to seeing you at Inspire.

Living Word Christian Church - Romsey & Woodend
 (Ph) 5429 6327 or Email: livingword@iprimus.com.au

Sunday Service Times: 10am 7 Mitchell Court Romsey & 6pm Woodend Community Centre

PUBLIC MEETING

"A NEW COMMUNITY OPEN SPACE - WHAT DOES ROMSEY NEED?"

To held on *Tuesday 16th March 2010 at 7.30pm*

At *Romsey Community Hub*

Convened by **Greater Romsey All Abilities Park (GRAAP) Inc**

Further Information: Raelene Mottram Ph: 0409 148708,

Email: mmo67451@bigpond.net.au



Romsey Region Business and Tourism Association (RRBATA) UPDATE

Parking – A Hot Topic

The year is young, but one contentious topic which emerged from 2009 was that of parking and the associated costs for new businesses. This will be the focus discussion at the next general gathering of RRBATA members on Monday 15th March at the Community Hub. RRBATA is committed to supporting new businesses in Romsey. It is hoped that our local Councillors will be in attendance to facilitate the discussion on this matter.

Romsey Bags

You will recall that RRBATA launched the red grocery and cream cotton Romsey Bags. They were readily available at local retail outlets or via direct contact with RRBATA. If you wish to purchase Romsey Bags – either as a local resident or as a retail outlet to sell to your customers – please contact Jenny Stillman (jennystillman@optusnet.com.au or 0412 349049).



Goodbye to the Gillmay Arts Gallery

It was with sadness that RRBATA acknowledges the closing of the Gillmay Arts Gallery. Gillian Gorrie is a loyal RRBATA member and whilst her business – Gillmay Arts - will undoubtedly continue, the loss of the gallery to Romsey is a disappointing one. For our town to thrive, we need to have a diversity of businesses including those with appeal to visitors as well as local residents. Restaurants, galleries, gift shops, book shops, antique traders, providers etc all have a place in towns such as Romsey. Combined with a diverse range of service/retail providers for local residents, the sum total can make for a rich local business tapestry.

Secretary Wanted!

The RRBATA Committee of Management is in urgent need of a Secretary to facilitate the smooth running of our Association. The position includes the following responsibilities – maintaining membership register, distributing COM meeting agendas, taking and distributing meeting minutes, collecting the RRBATA mail and collating correspondence. If anyone has an interest in this position, please do not hesitate to contact Jenny Stillman (Email: jennystillman@optusnet.com.au Ph. 0412-349849) to discuss this further.

Events in Romsey

After being made aware of some preliminary concept discussions being had for a proposed Romsey writer's/literary festival in 2011, RRBATA COM recently voted to endorse such an event. The inaugural Community Street Festival last November was well received and the two Rodeos have been a success. An event specific to the Arts can only complement the Events calendar and will encourage visitation to our town.

Attention Community Groups - Don't Forget to Feed The Website!

Romsey Online (the Romsey website, www.romsey.org.au), keeps ticking along. It is a great resource for local businesses and community groups to list their details. However, it is also a wonderful forum to post news items and publicise upcoming events. Anything submitted to the Romsey Rag can also be emailed to Romsey Online. **ANYONE CAN BE A REPORTER!** Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

Thinking About Membership?

RRBATA is only as good as its membership. Consider being a beneficiary of the exciting initiatives planned ahead by becoming a RRBATA member so as you can be heard!!

Membership Enquiries: Jenny Stillman (President) Phone: 0412 349849
Email: jennystillman@optusnet.com.au

Next RRBATA Meeting:

Monday 15th March 2009 at 7.30pm
Romsey Community Hub
Supper Provided.

ALL WELCOME

MACEDON RANGES LANDCARE UPCOMING LOCAL EVENTS...

ABORIGINAL HERITAGE IN MALMSBURY

Learn from Aboriginal Heritage expert, Dr. Vincent Clark, at a talk to be given at the Malmsbury District Landcare March meeting.

Dr. Clark will discuss the pre-European history of the district and the importance of protecting the remaining heritage sites. The presentation will also look at how the Aboriginal Heritage Act impacts on local community groups and the need to consider heritage factors before commencing projects on the ground. Some examples of Aboriginal tools will be available for viewing and there will be ample opportunity to ask questions after the talk.

Please RSVP to Malmsbury District Landcare if you wish to attend.

Date: Thursday, March 11, 2010 at 7.30pm at the Malmsbury Town Hall (next to the gardens). A light supper will be provided. To RSVP or for further information contact John or Sue Walter 54239383 or email john.walter2@bigpond.com

Why Are Woodlands So Important?

Woodlands in Australia are of vital importance to

our wildlife and Central Victoria is home to some very important woodlands and threatened species. Why are woodlands so important and what can we do to help? And what are the animals and birds that use our woodlands?

Two of Australia's foremost experts on woodlands and woodland birds will be answering these and other questions at Newstead on Thursday, March 11.

Professor Andrew Bennett, landscape ecologist from Deakin University, will talk about the importance of woodlands and how we can take care of them and the wildlife that they support. Dr Chris Tzaros, author of the renowned 'Wildlife of the Box-Ironbark Forests' and now Conservation Manager for Birds Australia will introduce us to some of the birds of our woodlands and how to keep tabs on their survival.

The event is a joint venture between the Connecting Country Landscape Restoration Project and Newstead Landcare Group. The presentation will be followed by the launch of the new book 'Connecting Community'. This small booklet is a collection of special stories and photographs from people in the Mount Alexander Shire.

All are welcome to attend.

Date: Thursday March 11 at 7.30pm at the Newstead Community Hall.

For further information contact 0466 012 030

AGEING WELL IN THE MACEDON RANGES 2010-2015
Commitment to a vision backed by action

VISION: Macedon Ranges is a wonderful place to grow older

GUIDING PRINCIPLES	STRATEGIC OBJECTIVES
We believe in:	We do this by:
<ul style="list-style-type: none"> A fair go for people to grow and develop: equitable & accessible Doing for ourselves and others: enabling & empowering Commitment to doing what makes a difference and lasts: sustainable Connecting people across ages and places: inclusive & holistic Valuing and respecting our differences: embracing diversity 	<ul style="list-style-type: none"> Creating safe places for physical, emotional & social wellbeing: building better places to age well Supporting innovation & entrepreneurship: fostering ideas in the community for the community Ensuring programs & services are accessible & welcoming Encouraging lifelong learning & development Addressing social isolation: developing community connectedness and networks Ensuring people & organisations in our community work together Enabling local communities to address local issues

ACCOUNTABILITY, EVALUATION & REPORTING

How will we know if we're being successful? We think the best way is for people to come together at an Annual Macedon Ranges Positive Ageing Summit. At the summit, agencies can report on achievements and people can discuss what's working and what more needs to be done.

We will also develop a Macedon Ranges Positive Ageing Accord based on our vision, principles and objectives, for agencies to sign. The range & scope of projects that are initiated by our community and the number of groups which have signed the Accord will become key measures of success.

Get involved and help us to:

- Create a vibrant community in which we all age well
- Build collaborating, connected communities
- Secure government funding, Council support and new resources for great ideas

For further information please contact the Macedon Ranges Shire Positive Ageing Initiative on 5422 0230 or email npsante@mrsc.vic.gov.au

Friday 12 February 2010

Dear All

We are writing to provide an update on progress with the *Macedon Ranges Positive Ageing Community Strategy*. It may have seemed a bit quiet over the last couple of months but we have been busy putting together the words and ideas that will form the foundation of the strategy and its actions. The final strategy document needs to provide a framework for action on community ideas that range from the urgent need to improve roads and footpaths to suggestions for enhancing social connectedness and addressing ageism.

In early February 2010 the five lead agencies involved with the plan met and agreed the text for the vision, principles, objectives and processes for evaluation. We have worked really hard to keep the plan as simple as possible and to inspire people to action.

The outcomes of this work, the first draft of the *Macedon Ranges Positive Ageing Plan* are enclosed and will also be on public display at all Macedon Ranges Shire Council service sites or through one of the five lead agencies from 19 February 2010 through to 19 March 2010 for public viewing and feedback. **We are asking people to have a look at the foundation aspects of the strategy in the poster and answer the following two questions:**

1. What is it about the strategy that you like?
2. What more needs to be done to make sure the strategy is owned and enacted by the community?

Please ensure that all feedback is received by the closing date (19 March 2010) to: **Macedon Ranges Positive Ageing Plan - PO Box 151 - Kyneton, VIC 3444** or via email to npsante@mrsc.vic.gov.au

Once we have incorporated any suggested changes we will publish the final plan which will form the basis of the *Macedon Ranges Positive Ageing Accord*. A wide range of agencies and organisations in the region will be encouraged to sign the Accord. It will identify how they intend to contribute to ageing well in the region. The Accord will also provide a clear articulation of community expectations and highlight the need for agencies to encourage collaboration of community members with their work.

In April and May 2010 we will be out and about encouraging agencies to engage with the positive ageing community plan. Our expectation is that they will promote their ideas for ageing well and outline the opportunities they are providing for community involvement in their work.

We thank you all for your contribution to this exciting project and look forward to working with you over the coming months.

Yours sincerely,



St. Mary's Parish - Lancefield & Romsey

Parish Priest: Fr. George O'Connor
 Pastoral Worker: Mrs. Joanne Reuther
 School Principal: Mr. Anthony Falls

Presbytery: 5429 2130
 Presbytery: 5429 2130
 St. Mary's Primary: 5429 1359

MASS TIMES

Saturday:

7.00 p.m. (summer time) Lancefield

6.00 p.m. (winter time) Lancefield

1st & 3rd Sunday of the month:

8.00 a.m. Lancefield and 10.00 a.m. Romsey

2nd, 4th & 5th Sunday of the month:

8.00 a.m. Romsey and 10.00 a.m. Lancefield

RECONCILIATION

After weekday Mass or by arrangement.

BAPTISMS

February, April, June, August, October, December.

For more information, please phone 5429 2130.

REGULAR EVENTS

SVDP Drop-In: First Thursday of each month,

10.30 a.m. to 4.00 p.m., St. Mary's Church Hall, Romsey.

All welcome to come for a game of cards/chat and free lunch.

Spiritual Guidance: Last Wednesday of each month

at the Presbytery, 27 Chauncey Street, Lancefield.

John Stuart, Counsellor and Guide. Tel: 5429 2130 for more information.

RECONCILIATION Rite (1)

Wednesday 24th March 2010 Romsey Church at 7.30pm

LENT/EASTER 2010

*Ash Wednesday 17th February 10.00 a.m. L/field
 7.30 p.m. Romsey

*Palm Sunday 28th March 8.00 a.m. Romsey

of the Lord's Passion 10.00 a.m. L/field

*Holy Thursday 1st April 7.00 p.m. Romsey

Evening Mass of the Lord's Supper

*Way of the Cross 2nd April 10.00 a.m.

(Good Friday) Starts at Uniting Church L/field

*Good Friday 2nd April 3.00 p.m. L/field

of the Lord's Passion

*Easter Vigil 3rd April 7.00 p.m. Romsey

*Easter Sunday 4th April 8.00 a.m. Romsey

the Resurrection of the Lord 10.00 a.m. L/field

WORLD DAY OF PRAYER 2010

This year our parish is hosting the annual World Day of Prayer which involves all of the other churches in Lancefield & Romsey.

The theme for this year is "Let everything that has breath Praise God" and the country is Cameroon. Our guest speaker is Theo Mackaay, the General Secretary of the Victorian Council of Churches. Everyone is invited and encouraged to come along

Friday 5th March to St. Mary's Catholic Church, 85 Main Road, Romsey. There will be **Bible study at 10.15am** in the Hall next to the church, followed by a **Prayer Service in the church from 11.00am to 12 noon**. There will be a shared lunch in the hall from 12 noon onwards. All Welcome.

ST. MARY'S PRIMARY SCHOOL

The 2010 school year at St. Mary's has started with a flurry. We have welcomed 21 new prep students and one grade 2 student into our community. The students have settled in well and are eager to learn. We welcome back Mrs. Shelly Thrum from maternity leave and we also welcome Miss Lizanne Friebe, our new music teacher.

In grade prep this term the students will be following an inquiry approach which will allow the students to become more active in their learning. Their unit is 'I'm a Big Kid Now' and it will help establish teacher/student relationships and socialisation skills. The students will discuss the reasons why children need to go to school and the types of things that are learnt there. They will

identify rules appropriate for the classroom and the playground.

The children will recognise their responsibility to keep themselves safe by obeying rules.

In grade 1 the Inquiry unit this term is health based and centres on the overall well-being of each child in terms of their physical, emotional and social needs. They will look at the importance of nutrition and exercise, sleep, warmth, belonging and more in "A Healthy Child is a Happy Child." They will read, write, discuss, create, role play, collect and represent data in order to provide experience and develop understandings of this important topic. Through the Inquiry Unit, "My World" the grade 2 students will be encouraged to look closely at themselves and then at others with the aim of helping children to accept themselves and others as individuals who in many ways are similar to one another but who are also different in backgrounds, appearances, preferences and life styles. They will come to understand that:

- We are all unique and special.
- We are different but also have things in common.
- To have friends you need to be a good friend. Friends can make us feel happy and sad.

The grade 3 inquiry, Healthy Bodies, Happy Kids will encourage students to investigate what keeps their body systems working well. They should begin to develop the following understandings:

- Students need a positive self image so that they are able to respect their own bodies and feel motivated to look after themselves.
- A nutritious, balanced diet and regular exercise promote healthy bodies.
- Students have a responsibility to manage their own well being and develop an awareness of how they may impact on others.

The first Inquiry Unit of the year for grade 4 is 'Healthy Bodies, Happy Kids'. The students will work towards the following understandings:

I need a positive self image so that I am able to respect my body and feel motivated to look after myself.

A nutritious, balanced diet and regular exercise promotes a healthy body.

I have a responsibility to manage my own well being and develop an awareness of how I can impact on others.

This term in Inquiry, the grade 5 students will focus on Change over Time, with an emphasis on Melbourne. They will explore pioneers, the hardships they faced and how they overcame them, as well as changes to the natural and manmade environment and how/why they came about.

Students will also be looking at the following questions and developing strategies to help them work through difficulties:

What is emotional health? What influences the way you feel? How can your attitude and emotional wellbeing affect your physical health? Why do some people rise above personal and physical hardships to achieve the extraordinary?

The grade 6 Inquiry will be based around the Urban Camp. Students will learn about some of the historical features of Melbourne and the role that sport plays in our lives and the reputation of Melbourne as a sporting city. Throughout the year many of or inquiry units will draw upon camp experiences.

The grade 5 and six students have just come back from their

Community Appeal

Help Dennis reach his goal
to fill his
Vietnam Orphans Treasure Chest

SUPPER DANCE
Lancefield Mechanics Hall
Saturday 20 March
7.30 pm - Late
\$25.00 per person

Finger food/dessert/coffee/Cash bar
Live band with special guests:
Debra Byrne & Milly Moodie

Auction items and fundraising throughout the night

**Enjoy a good old fashioned night out on the town
with all your friends**

Bookings Essential
Groups/couples/singles
Dennis & Inge 5429 2559

Greetings from the Romsey Toy Library!

Exciting news as the library has just received a wonderful \$500 donation from the local community bank branch of the Bendigo Bank. We are most appreciative of this grant, which will allow us to restock and improve our multimedia collection.



A grant from the bank last year allowed the library to buy some DS games for members to borrow. This year we will use the money to buy a DS console for borrowing and some more games, as well as improve and update our Leap Pad section. Well done to the Bendigo Bank for supporting its community.

The toy library banks with the local community bank branch and we urge you all to do the same, as the bank is dedicated to putting something back into the towns for the benefit of the local community and, in our view, that should be applauded and supported.

The AGM has come and gone, and there has been little change to the committee – I am still president and Marg Redmond is still treasurer. Lisa Keighran has come on board as secretary, which is terrific. We still need new committee members to come forward and learn the ropes, as Marg and I will need to move on soon and leave the future of the toy library to new and enthusiastic members. If you are interested, give me a call!

The toy library now has a group of new board games for borrowers to enjoy, including:

Deal or No Deal
Mousetrap
Operation
Cluedo
Hedbanz for kids

The Hedbanz game is great fun – it's a 'What Am I?' type game. Kids wear a headband with a word on it, and have to ask questions of others and try and guess what the word is. It's a bit similar to a game played on TV on Hey Hey It's Saturday and it is great fun for all the family. Board games are a great way for families to enjoy some time together.

Life's easy for toy library members, who can just borrow games whenever they need them and then take them back to the library so they are not cluttering up the cupboards at home! If you have board games at home you would like to donate, just give me a call on 5429 6583.

Even if we already have that game, it's great to have an extra copy to use for spare parts if needed.

All residents of the Romsey and also the Lancefield area, whether carers, parents or grandparents, are most welcome to join the library. Borrowing toys is a great way to have a constant new source of amusement for children. Membership costs just \$25 for the whole of 2010. Toys can be borrowed for two weeks at a time and four toys can be taken out in any one borrowing trip.

For those who are not familiar with the hub, the toy library is located behind double doors at the back of the children's book section. The library operates on a 'self-serve' basis – if the hub is open, the toy library is accessible (for members only, of course!). There is no longer any duty roster required of members.

We have a great range of toys for children from birth to 12 years, with the greatest range available for toddlers and pre-schoolers.

That's not to say we don't have items for the older kids or for the whole family – we have board games, sports equipment and Nintendo DS games for borrowing, and shortly we will have a DS console available to members. Anyone who has any queries is welcome to contact me anytime on 5429 6583.

Don't forget, if you have any board games, educational toys or good quality large toys (i.e. Little Tikes cars) which your children have no further use for, please think of your local toy library!

Call Leanne Manton on 5429 6583 anytime and we'll come to you to pick up if you wish.

I look forward to seeing you at the library!

LEANNE MANTON,
President, Romsey Toy Library Inc. 2009

black range business group

professional business support

Vanessa Meredith

**PO Box 371
Romsey VIC 3434**

**phone: 0429 313 977
fax: 1300 771 669
e-mail: brbg@bigpond.com**

business success is all in the detail

From page 10

Urban Camp in Melbourne. They visited such places as the MCG, the Eureka Tower, The Shrine of Remembrance, Parliament House and the Queen Victoria Market. They also took a cruise up the Yarra River. The teachers, students and parents had a wonderful time exploring our capital city and learning about the history of Melbourne.

Year 5 and 6 will have the opportunity to be involved in Inter-school sports:

Tennis 19th Feb.

Summer sports 18th March – Cricket, Softball, Volleyball.

On February 11th we had a Whole School Mass at St Mary's in Lancefield. During the Mass, the teachers, year 6 students and school board members were commissioned by Father George. Also, Prep families were given a candle as a sign of Christ's light for their journey at St Mary's over the coming years.

The Sacramental Program begins on the 18th February with a meeting for children and parents involved in all Sacraments. A Reconciliation Workshop and Information Night will be held on the 25th February. Commitment Masses are at 8am and 10am on the 28th February. A Reconciliation Workshop will be held on the 11th March. The Sacrament of Penance/Reconciliation will be celebrated at 7pm on the 18th March. We are looking forward to an action packed term of learning, laughter and friendship.

BINGO!! BINGO!! BINGO!!

Every Thursday evening

St. Mary's Church Hall at Romsey

Doors Open 7.00 p.m. EYES DOWN 7.30

p.m.

\$3.00 per 15 game book No entry fee

Canteen facilities Free tea and coffee



LAST MARKET DAY @ ROMSEY Saturday 13 March 2010

The Romsey Indoor Family Market is moving home

From April the market will be re located to Lancefield to be held on the same day as the Lancefield Farmers Market

Dance Station
Upstairs, 111 Main Street Romsey

What's on in March...

Adult classes now on offer:

HIP-HOP Tuesdays 7:40pm
A high Energy class taken by *fitness accredited* Kim Riches

JAZZ Wednesdays 7:30pm
A fun dynamic class incorporating basic fundamentals of jazz style dance taken by *VCA trained* Caroline White

If you are interested in enrolments for Junior school please contact Natalie as placements are limited.

2009 Class Enquiries:
(03) 54293769 or
0400010122

PRINCIPAL—Natalie Philippe M.S.F.D

Beware! Please take note of this warning:

This is apparently true and has been verified by the police.

*"I got a call last night from an individual identifying himself as an Telstra Service technician who was conducting a test on our telephone lines. He stated that to complete the test I should touch nine (9), zero (0), hash (#) and then hang up. Luckily, I was suspicious and refused. Upon contacting the telephone company, I was informed that by pushing 90#, you give the requesting individual full access to your telephone line, which allows them to place long distance telephone calls billed to your home phone number. I was further informed that this scam has been originating from many of the local goals/prisons. **DO NOT press 90# for ANYONE. PLEASE pass this on to your friends.**"*

If you have mailing lists and/or newsletters from organizations you are connected with, I encourage you to pass this on.

Source:
This came from a member of the Victoria Police Force.



Program March , 2010 Phone 5429 6724 for bookings

Romsey Community House Inc.
A Learning and Activity Centre
P.O.Box 418, Romsey, Vic 3434
Phone / Fax 5429 6724
Email: romseyhouse@bigpond.com
www.romseyhouse.org

Romsey Community House is a not-for-profit incorporated association working with and for the community.
All courses and programs are subject to minimum numbers and bookings are essential.

Health, Fitness & Wellbeing

Pilates Intermediate

Monday's 1.00 - 2.00pm in Term 1. Bookings and enquiries to April on mobile 0427 150 976.

Term 2 at the Romsey Community House starts 19th April 2010, 8 week program \$96 (\$12/class) payment required up front. Beginners classes also available

Yoga

Yoga with Kym Oliver. Wednesday's 7.00 – 8.30pm. Cost \$140 (Per 10 week Term). Casual rate \$18/ session. Bookings and enquiries phone Kym Oliver ph: 5429 2134

Meditation at Romsey Community House

Daytime class with Lindy— 1hour/week at \$10 per week. Tuesdays 10-11am. Commencing Term 2, Tuesday 20th April 2010

Evening Class with Vicki Chandler 1hour/week at \$10 per week Wednesdays 7-8pm. Commencing Term 2, Wednesday 21st April 2010

Bookings essential as minimum number's apply . Ph: Romsey Community House on 5429 6724.

Remedial Massage now available at Romsey Community House by Stephanie Wooster of Body Tunes. For all enquiries and bookings call Stephanie on ph: 5429 1988 or mobile: 0407 367 840

Intuitive Healing and Reiki:

One on one sessions. For more information & bookings. Contact Lindy on 0410 692 700

Energy Healing; Relaxation and Stress Management

One on One Sessions For more information contact Vicky on ph:0402 334 282

Walk Together Program: Tuesday's 9.30am. Meet at the Lions Park, near the creek.

Person Centred Counselling Course

Are you thinking of a counselling career or perhaps you are a volunteer who works in a community group, then this 6 week course is designed for you. Sam Luxemburg a qualified psychologist, has worked as a counsellor for 25 years and is passionate about training for counselling. Sam believes "everyone can be a better communicator". Limited places available so enrol now for Term 2, 2010 . Course dates: Thursdays only, 22/4/2010— 27/5/2010 Time: 12.30—3pm Cost: \$120.

All enquires and bookings, contact Romsey Community House on ph: 5429 6724.

**Public Internet Access Now Available at
Romsey Community House**

Social & Creative Activities

Over 50's Information and Activity Group

Held on the last Friday of each month, this group is designed to bring people together in an informal and fun environment. Includes an information session with guest speaker, tea/coffee and light lunch. Cost generally \$5 per session.

26 Feb - Informal get together and share your ideas for 2010. Cost \$5.

26 March — Body & Soul Session. This session will look at massage and meditation for relaxation, balance and keeping the body in tune. Presenters Stephanie Wooster from Body Tunes will share her 8 years experience on the benefits of massage and Vicky Chandler with 16 years experience will share the benefits of meditation. 2 Lucky Door Prizes available on the day! Bookings required for catering purposes, please contact Romsey Community House Ph: 5429 6724 for details.

Art Classes

On now at Romsey Community House with Kathryn Bowden, experienced VCE teacher and state exam assessor in Art and Studio arts. Tutoring also available.

Children's Art Class 6-12yo Thursdays 4-5pm during term time. \$15 per session. All materials supplied. **Starts 24 Feb 2010.** Romsey Community House.

Teen Art Classes 13—18 years Thursdays 5—6.30pm Starts Term 2 Cost \$20 per session. All Materials supplied Bookings essential for all children's courses Expressions of Interest are now being taken for adult classes to commence in Term 2, 2010. Ph: Romsey Community House on 5429 6724.

Craft Group:

Meets every Thursday 10.30am during term time. Gold coin donation.

Drop in for a Cuppa: Any week day 9.30am—5.00pm. Gold coin.

Parent Buddies Program

Participants and volunteers needed to support this fantastic program providing parental support for families with children 0-6years. Managed by Cobaw Community Health Services coordinator, volunteers are match with families wanting some extra personal support and to help them learn what is available within their community. All volunteers require a Working with Children Check. Training for volunteers is provided and confidentiality agreements are essential.

Anyone interested in the program as a participant or volunteer, please contact Sue Wilson on ph: 5421 1666 or mobile: 0448 545 974 email: susan.wilson@cobaw.vic.gov.au

Cooking Classes

Healthy Meals on a Budget

Cooking on a budget. Practical 3 hour class ideal for family meal preparation or small households. Thursday 18th March 10am-1pm Cost \$20. Bookings essential as minimum and maximum numbers apply. Additional course date available 25th March 2010

Cooking Desserts

Learn to cook simple family desserts, made easy with Judy. Thursday 11 March 09 10am—1pm. \$10 per person. Bookings essential. Maximum 6.

Learn to Cook

The cooking class with a difference - You let us know what you would like to learn and then we'll set up a program for you! All enquiries to Romsey Community House

Education & Technology

Certificate Courses

Level 2 First Aid—2 day course to be held on Saturday 13th & 20th March 2009 9.30-4pm both days. Cost \$150 Bookings essential.

Construction Induction—formerly Red Card

Mandatory for anyone working on a building or construction site. Tuesday 20th April 2010 9.30am—4pm. Cost \$90 Bookings Essential. Minimum numbers apply.

Food Hygiene Course - Sat 1 May 2010 9.30am -4pm
Food Hygiene Supervisor's Course - Sat 8 May 2010
Barista Course— Sat 19 June 2010

Certificate Courses (Non-accredited training):

Quickbooks Basics

Need business book keeping skills in Quickbooks. Basic course 12 hours, 6 Weeks, Wednesdays 6.30pm—8.30pm. Starts Term 2. Bookings Essential, Minimum Numbers apply. Cost \$160 no concession N.B. Payroll covered in Quickbooks advanced.

Computer Basics 1

On Now. Expressions of interest taken for Term 2 class, Tuesdays 1-3pm during school term. Learn the basics. Computer terminology, file management, word processing in Microsoft Office Word 2007, internet, email basics and more. A 6 week course Cost \$120. Bookings essential. Minimum numbers required. Day and night classes available. Phone Romsey Community House on 5429 6724

Computer Basics 2

Build your knowledge. Pre-requisite Computer Basics 1 or some experience using Microsoft Office Word. A 6 week course commencing Term 2, Thursday 22 April 2010. Cost \$120. Bookings essential Ph: 5429 6724

Introduction to Microsoft Excel:

An 6 week course commencing Term 2 . Cost \$120. Bookings essential as minimum numbers required. Ph: 5429 6724.

Computer Maintenance

Ideal for home computer. Covering topics such as general housekeeping, back ups, disk maintenance, improving computer efficiency, updates, antivirus software and free tools. One 2hr session. **Tues 9th March 2010**, from 7pm -9pm. Cost: \$20. Bookings essential. Alternate sessions also available April & May. Min numbers apply.

Learn to Use the Internet

2hr session \$20. 10 March 2010. Bookings essential.

Learn to Use the Internet - Children's Class

2hr session covering the how—to's and pitfalls of using the internet, including internet and identity security. Cost \$20. Wed17 March. Bookings essential.

Enquiries

For information or bookings please contact the Romsey Community House on 5429 6724.

Watch the Romsey Rag for further details.

Room Hire—Romsey Community House

**Need a room for a committee meeting,
social gathering or function?**

**Call the Romsey Community House
Various room sizes available.**

**Rates available and negotiable for long term users and
Not for Profit organisations
Bookings and enquiries to the House.**

VOLUNTEERS NEEDED

**The Romsey Community House needs volunteers
to work in the office assisting with tasks such as
answering phones, course bookings, enquiries,
showing visitors and participants the facilities.**

**No special skills required,
however a friendly and happy smile is essential.**

**All enquiries to Romsey Community House
ph: 5429 6724**

House News

We expect to be advertising for our long-awaited coordinator within the next two or three weeks. The employment of a coordinator will really enhance the way the Community House operates, and will be a great support to our wonderful volunteers, especially Helen, Judy, Peter and Vanessa, who have kept us "afloat" for nearly two years. Without their efforts the House would not be running, and we really appreciate all they have done, and continue to do.

In the next few months we will be exploring further links with other community groups, and extending the range of activities we can offer at the House. **But we need your input, so please let us know what you want to see happening—it it everyone's community house!**