

# THE Romsey Rag

VOLUME: 40 | EDITION: 8 | SEPTEMBER 2022

*Whole*  
**TOWN GARAGE SALE**  **CAR BOOT SALE**

**Saturday 1st October**  
Register to be part of our Romsey  
Whole Town Garage Sale!  
Call Romsey Neighbourhood House  
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the district!*  
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**DO YOU LIVE IN ROMSEY?**  
**NOW IS THE TIME TO JOIN  
YOUR LOCAL CRICKET CLUB!**

*"Live Romsey, Play Romsey"*

**Junior Registration Day**

- **Saturday 3rd September, 2022**
- **From 11.00am to 1.00pm**
- **at Romsey Cricket Club Rooms, Park Lane, Romsey**

President James Collins

e: [romseycricket@gmail.com](mailto:romseycricket@gmail.com)

p: 0429 378 724

Secretary Tim McCarthy

e: [secretaryromseycricket@gmail.com](mailto:secretaryromseycricket@gmail.com)

p: 0403 036 654



## Romsey Girls in Grand Final Football Victory

See the story  
on page 10.

 **Australian Fire Danger Rating System**

**The Australian  
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Rating System**

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UPDATED 25/09/2022**

**COMING SEPTEMBER 1**



## EMERGENCY CONTACTS

### Police Emergency 000

Non-urgent Crimes & Events  
☎ 131444

Romsey  
☎ 5429 5461

### Fire Emergency 000

Bushfire Information Service  
☎ 1800 240 667

SES (State Emergency Service)  
☎ 132 500

Vic Emergency Hotline  
☎ 1800 226 226

Nurse-On-Call  
☎ 1300 60 60 24

### Doctors & Chemists:

Romsey Medical Centre  
☎ 5429 5254

Parkwood Green Clinic  
☎ 5429 5800

Lifeline Medicals  
☎ 5429 3543

Romsey Pharmacy  
☎ 5429 5353

Lancefield Country Practice  
☎ 5429 1362

### Welfare & Support:

Asthma Victoria  
☎ 1800 278 462

Beyond Blue Info Line  
☎ 1300 22 46 36

Cancer Council Helpline  
☎ 13 1120

Sunbury/Cobaw Comm Health  
☎ 1300 026 229

Diabetes Australia VIC  
☎ 03 9667 1777

Epilepsy Action-Australia  
☎ 1300 374 537

1800Respect Counselling  
☎ 1800 737 732

### Hospitals

Kyneton Health Services  
☎ 5422 9900

Kilmore Hospital  
☎ 5734 2000

Royal Children's Hospital  
☎ 9345 5522

Royal Women's Hospital  
☎ 8345 2000

Royal Melbourne Hospital  
☎ 9342 7000

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Osteopath

**Samantha Baxter**  
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Osteopath

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# Romsey Mechanics' Institute



Established 1865

## RMI Fire Escape:

Plans to eliminate the immediate concerns regarding the fire escape have been forwarded to DELWP. We hope to receive a positive response. More detailed plans are now being drawn up to address longer term concerns. Once completed this will also be sent to DELWP.

## Updating the Main Hall:

A heritage painter has visited the hall and he is working with the other consultants to prepare a more detailed plan of works required to bring the main hall back to its former glory. Once that report is in we will sit down with all concerned and work our way forward. If this project is successful it will see a much improved and wonderful community asset available for all to use.

## 2022 Subsidised Movie Afternoons/Nights:

St Marys P. S. has organised the next movie night for 3rd September, "Paddington". Prebooked tickets will be \$7.00 per person or \$20.00 per family. Walk-up on the day will be \$10.00 per person and \$30.00 per family

## Grant Application:

The Committee of Management has applied for funds through the **Living Local Grant** to allow us to install an undercounter commercial dishwasher. If we are successful, this machine will make it far easier for caterers to operate out of the current kitchen. It will also allow community groups to meet, Covid-19 and other health regulations can greatly reduce, if not eliminate, the need to use disposable plates and cutlery. Our thanks to Mitch Atlas, Harry Young & Colin Bromley for their support with quotations for works and to Clare Wood (DJPR).

PO Box 130, Mob: 0458 726 106, ABN: 99 340 024 758 |  
[presidentrmi@gmail.com](mailto:presidentrmi@gmail.com), [secretaryrmi@gmail.com](mailto:secretaryrmi@gmail.com),  
[rmibookings@gmail.com](mailto:rmibookings@gmail.com)  
[www.romseymechanicsinstitute.com](http://www.romseymechanicsinstitute.com)

## September in the garden

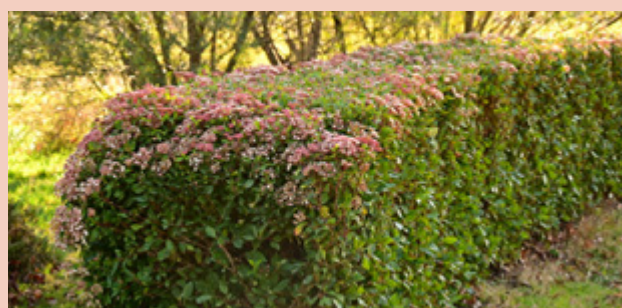
by **Melanie Kinsey**

We have had some very hard frosts here recently. The hardest in years! It's got down to below zero which is pretty unusual. I have a large 20 year old manzanita (*Arctostaphylos*) a Californian evergreen shrub that has been untouched by frosts until just a few weeks ago. Today when I checked, the leaves had all turned brown and crunchy and the flower buds had withered and fallen off. It looks awful! But I'm crossing my fingers and hoping that it might recover and start pushing out some new growth soon. Otherwise if it has died then it will have to come out and I have an opportunity!! The frosts also knocked the flowers on the aloes which is a bit sad too. However I see the flowers 4 years out of 5 so I think its worth growing them. The flowers are such a fleeting part of the plant's presence anyway.

There is a hedge of *Viburnum tinus* between our house and next door. This hedge has grown beautifully over the last decade but over summer it was struck with a bad case of (I think) red spider mites encouraged by summer's humidity. All the leaves

turned silvery and started to fall off, so I applied lime sulphur but it didn't seem to help. I cut the hedge back hard recently and already it is responding with healthy new growth and no sign of the mites. Hopefully it has recovered!

I am enjoying picking daphne for the house every few days – the scent fills the room. I am also enjoying looking at my large mass of hardenbergia on the fence completely smothered in its purple pea flowers. Next to it is a large shrub of templetonia known



Viburnum Hedge.



## Committee

### President

Tony Lakey

### Treasurer

Dianne Irvine

### Secretary

Allan Irvine

### General Committee

Shauna Martin

Sonia Martin

### Production Assistants

#### & Proofreading

Trish Dunn

Sue Kirkegard

Allan Irvine

Tony Lakey

Margaret Mitchell

Shauna Martin

Jacinta Carrel

## Romsey Rag

ABN: 80 102 393 407

INC A0102067K



Always supervise  
children in the kitchen



MEMBER 2022

COMMUNITY NEWSPAPER  
ASSOCIATION of VICTORIA

*the voice of the community*

The Romsey Rag is proud a member of the CNAV. It is the peak body representing not-for-profit community newspapers across Victoria.

## Welcome to the September Edition

Romsey Park is unique in that it hosts all the town's sporting clubs, in the one location. This valuable community asset goes back well into the 1800s, It is "Crown Land", owned by all of us. A little history:-

The area now known as "Romsey Park" was permanently reserved from sale as a site or place for a Public Park under the provisions of **The Land Act 1869**.

**In 1883 the following amendments were made. Land was excised from the original Park,**

"... a portion of the land so reserved is not now required for the purpose of a Public Park, and it is expedient that Her Majesty should resume possession of such portion in order that the same may if the Governor in Council thinks fit be reserved as a site for Agricultural Show Grounds."

This area went on to become the main cricket/football oval and surrounding fenced area. In 2010/11 the first Master Plan for the Romsey Sporting Precinct was drawn up. This saw funds directed to a new cricket/football pavilion, new cricket nets, new netball court, resurfacing of the bowling green and changerooms at Oval No.2.

Since 2011, when this master plan was drawn up, the town has grown considerably. In a major review of this plan, begun in early 2022, all user groups presented their future plans and raised their concerns. A new draft master plan was presented to all users in early July. Many positive suggestions were made. The new revised master plan will be formally presented to council in late 2022.

This proposed plan includes;

- new access to the oval from Park Lane,
- two new netball courts,( with spectator shelter) in the NE corner of the oval area,
- new clubrooms to be shared between the Netballers and the Golf Club,
- addition of dedicated female changerooms facilities at Ovals No.1 and No.2,
- upgraded rotunda,
- new paths to and through the park,
- revised soccer layout on Oval No 2 to include a full-sized pitch,
- much improved parking at Oval No 2 and along Park lane,
- a much-improved playground,
- resurfacing of all five tennis courts and
- the removal of the old change rooms,

Once Macedon Ranges Shire Council approves the final plan, their councillors and officers, with user groups and active residents, can get down to persuading state and federal governments to prioritise our town and find the dollars to build these much-needed changes.

**PLEASE NOTE:** the facebook page formerly known as Romsey Rag is now Romsey Social facebook page.

## [www.theromseyrag.com.au](http://www.theromseyrag.com.au)

Send us your thoughts and ideas for what you think could happen in Romsey.

For all correspondence: [email@theromseyrag.com.au](mailto:email@theromseyrag.com.au).

Please note articles should be restricted to 300-350 words plus/minus a picture. Articles will be edited as required.

The editorial committee reserve the right not to print inflammatory or unsuitable materials.

**DISCLAIMER:** The views expressed by contributors are their own and not endorsed by the publisher or the editor of The Romsey Rag. No responsibility is accepted by the publisher or the editor for the accuracy of any information contained in the text or advertisements. The editor and publisher reserve the right to reject any submissions or advertisement for any reason. Publishing decisions are not based on subject matter and we reserve the right to edit all submissions. *We have a policy of allowing all political parties equal access to this platform.* We will not print or disseminate any content that we consider to be defamatory, racist, discriminatory or hateful in any way.

# Romsey Police Station

## | Hello Romsey,

Firearms licence holders should note a recent change to legislation is in effect, as of August 30. The changes relate to the storage of firearms and require firearms to be stored in a purpose-built steel storage receptacle with a steel thickness of at least 1.6mm. If the receptacle when empty weighs less than 150 kilograms, it must be bolted to the structure of the premises within which it is kept and it must be fitted with a lock of sturdy construction. This change means that firearms can no longer be stored in receptacles built from hardwood and old 'school locker' type safes are unlikely to be suitable.

We conduct regular storage inspections and as such I recommend safes are checked and double-checked to ensure compliance, with penalties ranging from a \$322 ticket up to cancellation of licences, seizure of firearms and an appearance before a magistrate.

Local crime incidents recently include thefts from vehicles in different locations across town with wallets and other valuables having been stolen. The best way to prevent such thefts is to keep your car doors locked with additional security measures such as sensor lights; cameras are also a good consideration.

More recently, we have seen several burglaries in Darraweit Guim, Bolinda and Monegeetta. Burglars have mostly been targeting sheds on rural properties with offenders cutting through fences and chained gates to gain access. One of these incidents involved the theft of a small truck which was recovered soon after the theft after the property was alerted by cameras and an alarm. Detectives at Kyneton CIU are investigating; anyone with information is encouraged to contact them either at Kyneton or Romsey stations.

Additionally, we have had a small influx of drivers with suspended or cancelled licences keeping the local tow companies in business with a number of vehicles impounded. These offences will result in the loss of your vehicle for 30 days, an accompanying fee of around \$1000 and that's before you even get a penalty at court. All of this is easily avoided though; if you don't have a licence, don't drive!



## Mary-Anne Thomas MP LABOR MEMBER FOR MACEDON



### Safer And More Affordable Cars For Young Drivers In Macedon

**THE ANDREWS LABOR GOVERNMENT IS GIVING MORE YOUNG PEOPLE IN MACEDON THE CHANCE TO SAVE MONEY AND DITCH THEIR OLDER MODEL CARS FOR A SAFER, MORE MODERN VEHICLE.**

The Unsafe2safe trial is now being expanded right across regional Victoria, with expressions of interest now open until 4 September 2022.

Up to 150 drivers across Regional Victoria, aged 18-25 years old, will take part in this phase of the program, which will provide a \$5,000 subsidy to replace their unsafe and older vehicle with a safer, newer vehicle.

The trial aims to replace up to 1,000 unsafe vehicles that are more than 16 years old and have poor safety ratings with more modern vehicles that include safety features to help prevent crashes entirely – such features include Lane Keep Assist and Autonomous Emergency Braking systems.

Young drivers are at the greatest risk of being involved in a crash in their first few years of solo driving and young regional Victorians driving older cars are 15 times more

likely to be killed in crashes compared with the state average.

With many young Victorians expressing cost as a key barrier in accessing safer vehicles, this program will help many get behind a safer wheel before hitting the road.

The first phase of the trial began last year in Ballarat and Bendigo with young Victorians who participated now reaping the benefits of driving a safer vehicle.

The targeted program is part of Victoria's Road Safety Action Plan under the Victorian Road Safety Strategy 2021-2030, which focuses on groups that are over-represented in road trauma.

Sadly in 2022, 148 people died on Victorian roads, compared to 130 this time last year.

For more information on eligibility and to apply for the Unsafe2Safe trial, visit [engage.vic.gov.au/unsafe2safe](https://engage.vic.gov.au/unsafe2safe).

## Romsey Lancefield Senior Ci



**Bendigo Bank**

**Monthly Bus Trip for September**

This month we will be heading to **GOULBURN WEIR** and then on to **NAGAMBIE ROWING CLUB** for lunch on **TUESDAY 6th OF SEPTEMBER**.

Give Helen a call for further details.

• **Depart:**

**Romsey Mechanics Institute**

**– out the front (8.30am)**

**Lancefield Post Office (8.45am),**

**Kilmore Seniors Rooms (9am).**

Future trips will be:

- **4th October** Tarrawarra Museum of Art, lunch at Alowyn Gardens and a visit to the Yarra Valley Chocolate Factory & Store.
- **November (date to be confirmed)** – Open Garden Sculpture Exhibition, Sutton Grange, lunch at Cumberland Hotel, Castlemaine.
- **6th December** Christmas Breakup

Remember, we meet every Monday at the rear of the Romsey Mechanics' Institute for lunch, for just \$5.00 – everyone is very welcome.

For further information please contact

**Helen; 0409 064 303 Hope to see you soon.**



### Vale Rae

Rae Hooke, our dedicated Treasurer, has sadly passed away after a short illness. Rae will be greatly missed; she has been a committee member, both as Secretary and Treasurer and an active club member for many years.

## R U OK? Day

**With R U OK? Day taking place on Thursday 8 September, locals are being encouraged to start a conversation that could change someone's life.**

R U OK? Day is nationwide campaign that was started in 2009 by Gavin Larkin following the death of his father to suicide. With the aim of preventing other families from experiencing the pain that he suffered, he chose to encourage people to ask the question 'Are you okay?'. It is recognised that human connection is a powerful protective factor in preventing suicide and poor mental health and starting a conversation can potentially make a significant difference to someone who is not coping so well with life.

Sunbury and Cobaw Community Health in partnership with Macedon Ranges Shire Council, invites community members, local businesses and community groups to get involved.

People are encouraged to sign up for a stencil kit which includes information and handouts on how individuals, businesses or community groups can share the R U OK? message and get people talking about how to prevent suicide and poor mental health. To get your stencil pack go to [www.surveymonkey.com/r/RUOKstencil](http://www.surveymonkey.com/r/RUOKstencil).

Selected cafes across the Macedon Ranges will be offering free coffees on R U OK? Day and they will have handouts explaining how to have these important conversations as well as information on local support services.

"Last year we worked with 20 cafes to provide 400 free coffees," says Matt Gleeson, Community Partnership and Engagement Officer at Sunbury and Cobaw Community Health. "This meant that people had the opportunity to be exposed to the R U OK? message and discuss mental health. This year we hope that the free webinar and the stencil campaign will take this important message even further across our communities and help to save lives."

If you have any queries about these events, contact Matt Gleeson at [healthpromotionsunbury@scchc.org.au](mailto:healthpromotionsunbury@scchc.org.au) or call 9744 4455.



Do not charge devices on soft surfaces  
Do not leave devices charging overnight  
Do not overload power points or power boards





## Would you like to attract more butterflies, birds, reptiles and mammals into your yard?

The Macedon Ranges Shire Council, with our support, is in the process of rolling out the Gardens for Wildlife project to achieve these goals. Gardens for Wildlife (G4W) supports people to create homes for native wildlife in their gardens. From a few pots to a little patch of plants or the whole yard, there is a wildlife-friendly garden recipe for you to follow to provide the food, water and shelter that animals need. By attracting native butterflies, bees, birds, frogs and lizards to your garden, it will become even more beautiful, vibrant and interesting.



Many community groups deserve much recognition for their dedication in caring for our open green spaces. Across the landscape, habitat patches and wildlife corridors are needed through people's gardens and streetscapes linking our parks, nature conservation reserves and waterways. The project will contribute to the community education that is required to create better outcomes for native wildlife on a range of issues. Inclusive messages about the simple actions and solutions to help wildlife will build our knowledge so that we can all contribute in some way

How about some gardens for us? It's time to start planting the veg patch –grow some healthy food, have some fun and save some money! I start planting again in September (see table) but hold back on the summer veg like tomatoes, cucumbers, beans etc. until November. It is also worth noting that not all plants like being transplanted and are best planted directly using seeds and plants like carrots are best grown with a minimum of added fertilizer. Spuds, carrots, parsnips and beetroot can be left in the ground and harvested as required and pumpkins will keep for months if stored in a cool, dry place. Silver beet, kale, sprouting broccoli and varieties of lettuce such as Cos can also be picked fresh when required. A few flowers around the garden can help attract pollinators but remember, many veges attract pollinators especially if left to flower and go to seed. With a bit of luck you might see (or hear) an exquisite blue-banded bee buzzing around the tomatoes.

September		October	November	
Seeds	Seedlings	Seeds	Seeds	Seedlings
Carrots	Lettuces	Potatoes	Cucumber	Tomatoes
Parsnips	Broccoli	Pumpkin	Zucchini	
Silver Beet	Cabbage		Corn	
Beetroot	Kale		Beans	
Snow Peas	Onions			

The introduction of FOGO bins has been a great initiative from our state and local governments. They avoid unnecessary landfill but it's even better if you can keep organic matter on site. This can be done using worm farms, compost bins or simply by digging a trench and burying the organic matter. This will enrich the soil, improve its water holding ability and the many worms will thank you!

Last month I outlined the need for a Maribyrnong Riverkeeper. At the forum on July 20 participants identified pressure points along each section of the river that will need attention over the next 10 years as well as the various roles the riverkeeper and community groups could play.

A working group, in which we are represented, was established to develop an options paper focusing on funding, governance and strategy to put a riverkeeper in place. The next forum on October 22 will consider the options and also look at the priorities for a riverkeeper, how a riverkeeper can be supported and identify critical partnerships for the riverkeeper.

Deep Creek Landcare Group has nesting boxes for bats, birds and phascogales for sale from \$25. We also have Myna bird traps to lend out. Annual Landcare membership is \$20 per family. You can follow us on facebook, contact our President, Phil Severs (0476 324 000) or attend our monthly meetings in the Lancefield Mechanics Hall.



## C.W.A. 2022 STATE THEMES:

**THEME:** Sharing, fun and friendship.

**Product/Resource:** Australian grown potatoes and Australian potato products.

**Country of Study:** Malaysia.

**Thanksgiving Fun:** Free 3D hands – Research and development of 3D hands.

**State Project:** CWA of Vic. Inc. IT and Systems Upgrade and Maintenance.

**Social Issues Focus:** Safe Homes for All.

For any further information please call:

President:  
**Dianne Purtill**  
**M: 0409 214 520**

Secretary:  
**Wendy Foster**  
**M: 0409175 667**

or email:  
**cwaromsey@gmail.com**

# Romsey Branch of C.W.A. Inc

CWA is not just for older women; it is for women of any age wanting to be involved in their local community and also be connected to a world-wide organisation of friendship and community care. We have a lot of fun and laughs while being creative and raising funds for community projects. CWA is a volunteer organisation.

## Our friendly monthly meeting occurs on the 1st Wednesday of each month from 10.00am to approx. 12.00 noon.

Our craft day is on the 3rd Thursday of the month from 10am. Both meetings are held in the supper room (side entrance) of the Romsey Mechanics Institute, Main Rd, Romsey. Examples of crafts we do are: knitting, sewing, crochet, cooking, beading, paper-craft.

Our Romsey Branch participates in various community activities, and we welcome new members. Come and join us! Membership is very affordable.

The Daffodils are out and spring is here at last. So come and join us at the Kyneton Daffodil Festival on the 10th and 11th of September at the Kyneton Masonic Hall. There will be Devonshire Teas and lunches on offer. There will also be a variety of craft, cooking, plants and bric-a-brac on sale. This is an annual event for our branch where we join four other branches of our group.

The Melbourne Show is also around the corner and the CWA Vic will once again be serving their famous scones etc.

So don't forget to visit their pavilion.

## CHICKEN TARTLETS

RECIPE

### Ingredients:

- 3 Sheets of puff pastry
- 125gms finely diced cooked chicken
- 1 egg
- pinch cayenne pepper
- 60gms Edam cheese (grated)
- 3 tbs chopped spring onions
- 1 cup of milk
- 1 tbs chopped parsley
- salt and pepper.

### Method:

Cut pastry into rounds. Combine chicken, spring onions and grated cheese together. Spoon into cases. Beat egg, milk, cayenne pepper, salt and pepper together. Pour evenly into cases. Don't fill the cases to full or the mixture will spill over when cooking. Bake at 190 degrees for approx. 20-25 mins. [cwaromsey@gmail.com](mailto:cwaromsey@gmail.com)

For any further information please call:  
PRESIDENT: Dianne Purtill **0409 214 520**,  
SECRETARY: Wendy Foster **0409 175 667**, email: [cwaromsey@gmail.com](mailto:cwaromsey@gmail.com)

## Are your bins contaminated?

Council's Waste Compliance Officer is out and about on collection days checking bins for contamination and providing feedback to help you sort the bins correctly. The wrong things in the wrong bin can lead to entire truckloads being contaminated and taken to landfill.

Some of the common mistakes are bagging recycling, putting food along with plastic packaging in FOGO, disposing of nappies in the recycling,

using non-compostable liners in FOGO, and putting ceramics in the glass-only bin.

Tips to help you sort material into the correct bins are:

Pick up a free Bin Fridge Magnet at Council Customer Service Centers, neighborhood houses and libraries. To find the locations and opening hours visit [mrsc.vic.gov.au/See-Do/Our-Facilities](http://mrsc.vic.gov.au/See-Do/Our-Facilities)

Purchase certified compostable



liners from the Council Customer Service Offices and transfer stations, available at cost price. For prices, visit [mrsc.vic.gov.au/Bin-liners-FOGO](http://mrsc.vic.gov.au/Bin-liners-FOGO)

Download our Waste App or visit Waste A-Z of what goes where at [mrsc.vic.gov.au/Waste-Index-A-Z](http://mrsc.vic.gov.au/Waste-Index-A-Z)





**Cooking with  
Peter Russell-Clarke**

## Aussie Apple Pie with the doings.

Jan, my wife of 65 years and my lover for that long too, played me a song which someone had put on her Facebook page. The song was American Pie. Golly gosh it was bloody marvellous - the music, the lyrics, the lot.

Which got me thinking about apple pie.

The Americans just about believe they invented apple pie. People my age were brought up believing the stories of Johnny Appleseed, etc.

So I thought I'd give you an Apple Pie (tart) recipe to be served with Vanilla Ice Cream and Caramel Sauce. And it's as easy as pie, believe me. Simply follow the instructions and hum along to a Big Bopper, Buddy Holly or Don McLean song.



### Apple Pie

#### Ingredients

- 1 sheet frozen puff pastry
- 2 apples (Granny Smith or the like)
- 1/2 tablespoon caster sugar
- 1 tablespoon butter, melted.

**RECIPE**

#### Method

1. Defrost the pastry then prick it all over with a fork to stop it rising when cooked. Line a buttered pie plate with the pastry, trimming off any overhanging pastry. Sprinkle with the sugar. Peel, core and halve the apples vertically, then slice them very thinly and fan them into the pastry case. Pour the melted butter evenly over the top and bake in a hot oven for about 25 minutes until the pastry is golden.
2. Serve with a scoop of vanilla ice cream and some warm caramel sauce.

### Caramel Sauce

#### Ingredients

- 1/2 cup caster sugar
- 250 ml thick cream.

#### Method

1. Melt the sugar gently in a small heavy based saucepan and cook until it's a dark caramel colour. Stir the cream in slowly so that the sugar doesn't 'spit' and keep stirring till the consistency is to your liking.



### Romsey - Lancefield Probus Welcome to friendship

The Romsey/Lancefield Probus Club provides an opportunity for active retirees or semi-retired people to relax and enjoy the welcoming company of those at the same stage of life at our monthly meetings, regular trips and lunches.

Our monthly meeting (4th Thursday of the month) is a chance to catch-up with new and old friends over morning tea and hear interesting guest speakers on a wide variety of topics.

The next meeting of the Romsey/Lancefield Probus Club will be on Thursday, 22<sup>nd</sup> September, 2022 at 10am

**St. Mary's Catholic Church Hall, Main St, Romsey.**  
The Guest Speaker will be one of our members  
**Gerard Hanrahan - Travelling  
through the Outback**

All attending are subject to current Covid regulations.

---

**Contact:**

**President:** Tony 0410 747 616  
**Secretary:** Noreen 0401 579 180  
Visit our WEB-Site: [www.rlprobus.org.au](http://www.rlprobus.org.au)

# Congratulations

## Woodend Hawks u/19 Youth Girls

# PREMIERS 2022

## Versus Macedon Cats

Final Score: **Macedon 1 goal 3 Behinds 9 Points**  
**Woodend 3 Straight Goals 18 Points**



To take out the first ever youth girls grand final in the RDNFL.

Romsey has a strong representation in the Woodend team with 8 girls:

Captain and Best on Ground to  
 Mariam Habib,  
 Charrouf Habib,  
 Lilly Bromley  
 Alice Bromley,  
 Maddison Dutton-Johnson,  
 Monique Moore,  
 Charlotte Lindo  
 & Jemma Miller

It has been a tough couple of years with Covid shutting down play just be finals last year and being cancelled the year before that, just before the first round.

Sunday's game was a tough fought out match, Macedon gave their all but Woodend lifted and came up winners on the day to take out the first ever Youth Girls Grand Final.

Coached by another Romsey local, Colin Bromley

## Digital education for over 55s

**Are you over 55?** Council's Village Connect program has free digital education for people over 55. Come and hear from an NBN Community Ambassador about:

- **Scam awareness** – common scams, how to detect scams, what to do if you have been scammed - **and top tips to stay safe.**
- **Digital preparation for a power outage or emergency** – how to use Wi-Fi calling and mobile hotspots, which equipment is affected by power outage, how to prepare your device for an emergency, and creating an emergency communications kit.

**Details: Wednesday 28 September**  
 Scam Awareness – 10am to 11.30am  
 Digital Preparation – 1pm to 2.30pm  
**Woodend Neighbourhood House,**  
**47 Forest Street, Woodend.**

**Registration is essential,**  
 contact Abbey Brown on 5422 0262 or [villageconnect@mrsc.vic.gov.au](mailto:villageconnect@mrsc.vic.gov.au)

Village Connect is a new MRSC service for older people and carers It is funded by the Australian Government Department of Social Services and managed by Independent Living Assessment (ILA).





# Interview with the Greens' Keeper at Romsey Park

**We headed down to Romsey Golf Course to meet with current Greens' Keeper, Steve "Sevi" Wilkins. He told us that over the years all our local Romsey sporting facilities have improved. The main oval is now one of the best in the GDCA and RDFNL, the Bowling Green was resurfaced in the last 10 years and new tennis courts and netball courts have been built. The golf club too has made steady progress.**

Romsey Golf Course now boasts high quality fairways, greens and surrounds. Sevi stressed that none of this improvement has happened by accident. RGC has paid for all materials and volunteers have carried out the works. These positive improvements can only be maintained by the ongoing hard work of many volunteers.

Romsey Park is a shared community asset and the club is very supportive of locals and visitors who wish to use the park for exercise, to walk their dog or for just a casual stroll with bub in the pram.

Sevi told us that in recent months there has been more and more damage to the greens as dogs run after a ball or chase each other. This damage is slow to repair and at this time of year will probably not grow over until early spring, months away.

***"It's tough to get the greens to their best condition and when people let their dogs race around and dig up a green, it is a lot of work to repair that damage"***

Sevi showed us the damage on the 1st green and explained,

***"Up the top is six-week-old damage when two dogs chased each other and dug their claws in, over on the side here is damage from Friday, after I mowed."***

***"We have just finished repairing the damage the corellas do over summer. We love people using the park and golf course just please keep your dogs under control and off the greens."***

Six week old damage, slowly repairing.



Damage, just days old.



## Detox Your Home in the Macedon Ranges

Residents can dispose of household chemicals for free at Sustainability Victoria's Detox Your Home event on 17 September at the Kyneton Saleyards from 9am to 12pm.

Co-hosted with Macedon Ranges Shire Council, Detox your Home is a free and convenient service for householders to safely dispose household chemicals such as weedkiller, cleaning chemicals, old cooking oil and cosmetics.

**Registrations are essential. Visit [sustainability.vic.gov.au](https://sustainability.vic.gov.au)**

## Have you got a damaged bin?

If your bins are damaged, lost or stolen, Council will repair or replace them at no charge.

Repairs and replacements are usually completed during your next two collection days. To report damaged or missing bins contact Customer Service on 5422 0333 or visit [mrrsc.vic.gov.au/bins](https://mrrsc.vic.gov.au/bins)





## COMMUNITY INVESTMENT PROGRAM

When you bank with Bendigo Bank, the profits pour back into the community. We're proud to say that last financial year alone, Community Bank Lancefield and Romsey invested over \$275,000 into our local community.

Applications for Round 1 of the 2022-23 Community Investment Program have now closed. The Board of Directors of Community Bank Lancefield and Romsey are presently considering all applications with notifications to be issued in October.

## RDFNL SEASON WRAP

As major sponsors of the Riddell District Football Netball League, we'd like to congratulate the league and our local teams on another successful season. Although at time this was sent to print, the finals hadn't yet been played out, we were thrilled to hear that the RDFNL Grand Finals would be played at Romsey Park.



## SHARERIDE LAUNCH

Have you seen the new ShareRide vehicle around town? A joint program between Lancefield and Romsey Neighbourhood Houses, the community ShareRide Initiative was funded as part of our Community Investment Program last year. We had the pleasure of joining the community for a Feed it Forward Lunch to celebrate the launch of this new service.

## TEAM NEWS!

Maddy Bell, who's smiling face you would usually see in our Lancefield branch finished up with us last month. We wish Maddy all the best for a bright future!

## \$500 RECONNECT COMMUNITY GRANTS

Our bank staff and volunteer Board of Directors have been out and about attending several community events supported by our Reconnect Community Grants. Recent events included the Romsey Junior Football Club Pie Night and the Lancefield Golf Club Winter Dinner. The Romsey Playgroup and the Romsey Bowling Club both held successful Open Days and the Lancefield Kindergarten Committee have been busy preparing for their Trivia Night.

We are down to the last remaining grants, so if you have an upcoming community event email [angela.dickins@bendigoadelaide.com.au](mailto:angela.dickins@bendigoadelaide.com.au) or [lauren@lrcfsl.com.au](mailto:lauren@lrcfsl.com.au) to find out more.

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Lancefield and Romsey

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# Romsey Mens Shed

*Working on Friendships*



## Winter did not stop us! Activities go on

During the winter period we have seen a steady trickle of members coming to the shed on Tuesdays and Thursdays to undertake a number of projects, some small, others larger and more complex – in woodwork, metal/engineering and automotive – some projects are for themselves or friends, others for community members wanting small restorations on chairs, toy boxes or other memorabilia. We also gained a couple of new members in August and would welcome more.

A core mission of the shed is working on friendships for men and providing a comfortable environment for men to discuss issues of concern to them, many come for the social environment, a coffee and chat. We are open on Tuesdays and Thursdays from 10 to 2 and have a \$5 barbecue at 12 on Thursday which is usually well attended and is open for prospective new members to attend and possibly join up.

We have a small exchange library containing a range of books and references and following a recent national government agency grant we shortly also expect to be

able to run video presentations on topics of interest to men, be it health, technical, hobbies or general interest subjects. This type of event will probably be run on Thursday barbecue days.

Representatives from the shed attended the MRSC Consultants presentation on options for development of the Romsey Park Recreational Reserve on 11 July and will be interested in future developments as we expand our own operations and seek extra space over time.

The planned Romsey wide garage sales for 1st of October is a significant event and we will also participate and hopefully have some items produced by the shed for sale, some of which are now available at the Co-Op.

We also have a new **Facebook page**. Romsey Mens Shed Inc and we hope to build it up over time with items of interest.

For membership or other enquiries contact our Secretary: [romseymys@gmail.com](mailto:romseymys@gmail.com) or call in at the shed in Romsey Park.



Men at work! The RMS Catering Team.  
L-R. Shane, Laurie, Frank and Roy.

## Kindergarten Updates

### Take a look around our kindergartens

Would you like to take a look at our kindergartens before registering your child for kindergarten or before your child attends our kindergarten in 2023?

Our kindergartens are now offering tours where educators will be available to answer your questions. Tours are limited to six adults per tour so bookings are essential. You are welcome to bring your child/children with you on the tour. Virtual tours are also available on our website if you are unable to attend.

**For booking and more information see**  
[mrsc.vic.gov.au/kindergarten](http://mrsc.vic.gov.au/kindergarten)

## Council now selling compost

Council is now offering delivery of Australian standard FOGO compost within the shire.

Delivery sizes and costs are:

- 3 cubic metres: \$146.30 GST included
- 6 cubic metres: \$182.60 GST included

**To book compost delivery contact Customer Service on 5422 0333 or visit your nearest Customer Service offices. For office locations and opening hours visit**  
[mrsc.vic.gov.au/contact](http://mrsc.vic.gov.au/contact)



As we move from winter sports and cast our eye to summer sports, cricket season is about to heat right up. There are many ways to become involved in the local cricket club starting off with registrations for both senior and junior players for season 2022/23.

For all new and returning players registration is now available by going to the following website and searching for "Romsey Cricket Club" <https://play.cricket.com.au/club-finder/search>

For those who would prefer and in person registration process, a dedicated Junior Registration Day will be held at the **Romsey Cricket Club Rooms in Park Lane on Saturday 3rd September from 11am to 1pm**. This is a great opportunity to find out any information or ask questions about season 2022/23.

Perhaps you'd like to be involved in the junior program through coaching or team management roles – if that is something that takes your interest, please contact James Collins or Tim McCarthy to express your interest in a role.

Perhaps sponsorship is something that is on your mind. At the most recent committee meeting the club adopted the following Statement of Purpose:

The Romsey Cricket Club provides for all members of the Romsey Community the opportunity to participate in cricket in a safe and friendly environment. The purpose of Romsey CC is:

- to promote, nurture and allow opportunity for the community to participate in the game of Cricket
- to provide an environment where all participants can have the opportunity to improve fitness and general well being
- to promote social contacts between members, their family and their friends

If that sounds like a club that you would like to be associated with your business and brand, again contact the club representatives and we can work through a variety of sponsorship options.

Cricket season will be on us before we know it so anyone interested in being involved in any way, senior or junior, boys or girls, playing or non-playing can contact either:

**James Collins** (President)

**e:** [romseycricket@gmail.com](mailto:romseycricket@gmail.com), **p:** 0429 378 724

**Tim McCarthy** (Secretary)

**e:** [secretaryromseycricket@gmail.com](mailto:secretaryromseycricket@gmail.com), **p:** 0403 036 654



## The Mount Players - 'Reservoir Dogs'

The Mount Players Celebrate their 50th Anniversary with their Own Book

This year The Mount Players proudly celebrate their 50th Anniversary and after a couple of years hard work by a dedicated group will launch their own book in October.

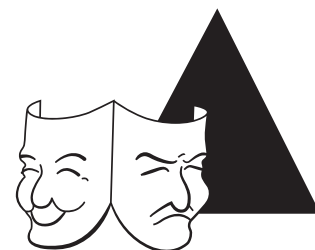
From humble beginnings as a travelling music hall to having their own home in the old Presbyterian Church in Macedon, which was sadly lost in the Ash Wednesday fires in 1983 to where they are now, the gorgeous Mountview Theatre! The Players have entertained for 50 years without a break (even after losing their original theatre) bringing an incredibly high standard of theatre to their stage. From intense dramas, hilarious farces, black comedies and memorable musicals the group has gone from strength to strength.

The book will consist of 250 pages filled with photos, stories, it's shows and of course the history of how the theatre has become an iconic place that so many locals adore...a space that plays a huge role within the local community and beyond. This publication will ensure its history, characters, stories and shows are never forgotten.

If you would like to find out more about this beautiful book or indeed pre-order a copy, we invite you to contact Karlana at [karlanasanta@me.com](mailto:karlanasanta@me.com)

See you at the theatre!

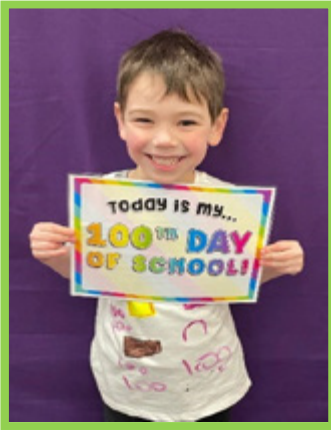
**| Karen Hunt.**



**The Mount Players**



## Romsey Primary School August 2022



Congratulations to all of our Preps on their 100-day celebrations on Friday 29<sup>th</sup> July. It was great to see them decorating their t-shirts, enjoying their 100s and thousands bread and then being presented with their certificates under the magnificent coloured balloons.



happy  
100 days  
of school











## St Mary's Lancefield and Romsey

### Prep 100 Days

On Wednesday 3rd August our preps finally celebrated 100 days of school! What a fabulous day of celebrations they had! Firstly, they came to school dressed as 100-year-olds, then they proceeded to make crowns to wear, they had their photos taken by 2 different local newspapers and then the day was spent doing a variety of activities that included the number 100. This included making fairy bread with 100's and 1000's, fruit loop necklaces, 100 monsters and a variety of balloon activities. All our preps are now 100 days smarter! Thanks to Mrs Zarb and Miss Croft for all the hard work they put into preparing for the day, a brilliant effort and so much fun!



### SHC Junior Chef 2022

Sacred Heart College in Kyneton is once again running their Junior Chef competition for Year 4 students from their local feeder schools. Students in Year 4 at St Mary's had to apply for one of 4 positions and we congratulate the following students for being chosen - Ruby, Emmett, Taylah & Isla. Leading up to Round 1 where they had to make pancakes with a berry sauce, the students were able to practice in the school staff room with Mrs Caton. There was lots of learning and laughter and of course much enjoyment when they had to taste test their cooking! The students competed in Round 1 last Wednesday 10th August, up against 5 other schools. They worked really well together and some of their feedback included:

- They were organised, displayed good time management skills and worked well in pairs
- Their pancake sauce was full of flavour and their presentation wonderful

Points were allocated during the first round, but we won't find out what they were until Round 2, which is on Tuesday 23rd August. For the second-round students must make pasta from scratch with a napoletana sauce. Our students were lucky enough to travel to Assumption College in Kilmore to work with some of their VCAL students who assisted us in learning how to make the dish for Round 2! We owe a huge thank you to the staff and students at ACK for assisting our team, it was an amazing experience for them and will hold them in good stead for the round ahead. We wish our team all the very best of luck and know that whatever the outcome, they will make St Mary's proud!

### Mini Vinnies - Feed it Forward

On Tuesday 26th July the Mini Vinnies attended the Feed it Forward lunch at Lancefield Mechanics Hall. During the lunch, the Lancefield and Romsey Neighbourhood Houses officially launched their new Community Ride Share Service - supporting our communities with transport. The lunch was a special Christmas in July, with all the trimmings! Thank you to Mrs Milner who went with the girls and to our Mini Vinnies for all their hard work during the lunch. Our Mini Vinnies love volunteering their time to assist at these lunches and enjoy meeting all the people that attend and working with the other volunteers. It is a wonderful experience for them and they are learning many new skills that will serve them well into the future.

### National Homelessness Week 1st - 7th August 2022

Last week was National Homelessness Week. Homelessness Week aims to raise awareness of the causes and impacts of homelessness via national and local events and campaigns. This includes providing information on the importance of housing as a solution and educating communities on how they can make a difference. In Australia there are over 116,000 people experiencing homelessness on any given night. And the Macedon Ranges are no exception.

To end homelessness, we need a plan - to make housing affordable for all, to provide the support people need and to end family violence. One in 7 people coming to homelessness services are young people on their own

To build awareness amongst our students, Years 3-6 participated in National Homelessness Week. On Tuesday the Year 4's attended the Sunbury & Cobaw Community Health free Soup Kitchen held at Kyneton. The students were treated to free soup and a roll, along with a choice of cakes and a chocolate frog! Community workers spoke with our students about the plight of the homeless and the issues they face. Students were able to ask questions and view a swag which was on display - something some homeless have to sleep in because they don't have a home. On Thursday, Damien and Kate from Sunbury and Cobaw Community Health came into the school to speak with the Years 3-6 about homelessness. This was a great opportunity for the students to ask questions and find out more about homelessness and what they may be able to do to continue building awareness within our community.

### Lunchtime Clubs

Over the past few weeks, we've had a lot of fun during lunchtime clubs. There's been Lego building, building tall towers, lots of drawing and colouring and making and flying paper planes. The students who attend are from all classes across the school and they mix well with each other and enjoy the chance for new friendships. We always announce what we'll be doing during clubs each day, to give students the option of joining in. Everyone is welcome, as are their ideas! We have even started a walking club, which we hope to do most Fridays if the weather permits. Lunchtime clubs are a great alternative for students who don't necessarily like to run around during break time. It's a wonderful opportunity to mix with all students across the school and try different activities. But most of all, it's lots of fun!

### Yr. 5/6 Billy Cart Incursion

On Tuesday 2nd August, the 5/6's participated in a Billy Cart incursion. What a wonderful opportunity to take part in something that was so popular decades ago, but now seems to be dying out. Billy carts are great fun and I think the students can certainly attest to that after this very enjoyable incursion which consisted of designing, constructing and riding billy carts!

### | Jo Shannon (Community Liaison Leader)

Romsey and Lancefield Districts Historical Society

# FATHER'S DAY

## FAMILY FAIR

**SUNDAY**  
**4 SEPT 2022**  
 10:00 AM - 4:00 PM  
 Sidney Seymour Cottage  
 20 Palmer Street,  
 Romsey Victoria 3434

Romsey and Lancefield Districts Historical Society are celebrating the Spring with a Father's Day Family Fair. Come along to hear music, enjoy food and wine, and hear our guest speaker **FIONA WEBBER** of **JOHN PATRICK LANDSCAPE GARDENS** talk about the historic gardens at Seymour Cottage! Our second guest speaker will be **GUY MURPHY** who will provide our audience with information about the **HISTORY OF SEYMOUR COTTAGE**.

**A SPRING EVENT NOT TO BE MISSED.**

[www.trybooking.com](http://www.trybooking.com)





## ENCOURAGE CHURCH ROMSEY

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Pastor Tim Emonson

Office: 7 Mitchell Court, Romsey

P: (03) 5429 6327

Email:  
office@encouragechurch.com.au

Website:  
www.encouragechurch.com.au

- Mainly Music
- Children's Church
- Before & After School Care
- Youth Activities



## From the Desk of Pastor Tim

# Father's Day

As I said in the August Rag, I want to cover 3 key questions that brought me to faith - that had to make sense to me.

**Here, I cover the second question:**  
**"Are my parents for real?"**

As Father's Day is in September, I will answer it particularly thinking of my dad (see my May article for an article on my mum).

You see, my dad was a church pastor – mostly in country Victoria – we moved around a bit. I grew up as a PK – a preacher's kid. Now some of you may think 'oh, Pastor Tim was indoctrinated'. I would counter that with *"How many of you follow the football team of one of your parents, or your children follow your team?"*... (what indoctrination you say?).

My parents didn't indoctrinate me – I never felt any pressure from them. The key was that what I **heard** my dad 'preach' from the pulpit, I **saw** him 'do' during the week. There was no discrepancy, no gap, between word and action. He preached Jesus, he lived Jesus.

I saw all this, up close, and I asked myself – is this for real? I concluded that yes, it was real, and I wanted it too. It was a catalyst for my own faith decision. **So, dad (and mum) – thank you.**

**Proverbs 1:8-9 (Message):** *Pay close attention, friend, to what your father tells you; never forget what you learned at your mother's knee. Wear their counsel like a winning crown, like rings on your fingers.*



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## Anglican Church of Christ Church Lancefield with St Paul's Church Romsey

### Regular weekly Church Services are:

- **Romsey Church Service**  
9:00am each Sunday
- **Lancefield Church Service**  
10:30am each Sunday
- Prayer Meeting is held at St Pauls Romsey each Monday 7pm
- Bible Study is at St Pauls Romsey Tuesday 6:30pm  
and at Christ Church Lancefield Thursday 10:30am
- Community Lunch: Second Saturday each month  
(Lancefield Church Hall 12noon. All welcome)

### St Paul's Romsey Op Shop open on:

- **Friday 12:30 - 4:00pm**
- **Saturday 10:00am - 1:00pm**

The Op Shop is stocked with good quality adult clothing with prices from \$2.00 upwards: Baby & toddler cloths from 50c per piece; shoes from \$2.00 pair. We have a variety of Bric & Brac & Kitchenware from \$1.00 upwards.

Our Library has old & new books, starting from small books at 5 for \$1.00; paperbacks from \$1.00 & hardback books from \$2.00. Our assistants are happy to welcome you and assist in any way they can.

Our annual hydrangea pruning cuttings are on sale \$2.00 bunch.

Donations of clothing, Bric-a-brac, craft & books and good quality working toys can be left Friday afternoon or Saturday mornings during open hours. Please do not pack in large boxes as they are too heavy for volunteers to carry. Due to regulations, we cannot accept electrical goods, prams, baby cots, furniture or mattresses. **Toys can be donated and sold at the Op Shop.** Your support & donations are much appreciated.



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WITH  
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**Chairperson**

Mr. Noel Shaw  
P: 5429 5509

**Secretary**

Mrs. Jenifer Clampit  
P: 5429 5480

*Let the peace of Christ rule  
in your hearts and homes.*

*Let the word of Christ  
dwell in you richly.*

*God comes to us, each  
and every one.*

*God bless you every day.*

## Romsey Uniting Church

Ministers: Pastor Annette Buckley Ph. 5429 5351 / 0457 608 539 - Rev. Rose Broadstock Ph: 0416 805 022  
Website: [www.macedonrangesunitingchurch.org.au/worship-services](http://www.macedonrangesunitingchurch.org.au/worship-services)

**September Worship Services:** Sunday Worship Services in the Romsey Uniting Church are held at 9.30am. They are conducted by lay and worship leaders. A Worship and Holy Communion Service is conducted by a Minister on the 4th Sunday.

**The Humble Candle:** Many of us have had a fascination with candles. There is something very calming about a gentle, flickering flame. The scent of candles, their simple, sleek design and, when lit, we are drawn to their flame like a moth! Candles were first developed by the Chinese in the Qin Dynasty (221-206 B.C.). They were made of whale fat. Other countries used cinnamon, olives, tallow and beeswax. Since 1850 other waxes such as paraffin, purified animal fats and soybean wax are among many others used until the present day.

### What does a candle mean to you?

Candles give light, (some) warmth, direction, identity, reverence, joy and peace, reassurance and many other feelings. They create a certain mood, especially when large numbers are massed together.

A single candle lit in a dark place is a very powerful symbol; so too is a person witnessing the secular world in which we live. We light a candle in church to symbolise the Spirit of our Lord Jesus among us. It signifies the commencement of the service. At the end, the candle is extinguished, but the Spirit of the Lord stays with us.

Jesus is the **"Light of the world"** - He shows us the way forward.

There is something very calming about a gentle, flickering flame. Candles are used in both sad and joyful times.

The church candle not only reminds us of the sacrifice that Jesus made for mankind, but it confirms His presence in our time of worship and in our daily lives.

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<https://macedon-ranges-photography.org.au/about/>



#### CLUB NIGHTS

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The following Monday night

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Web Site: [macedon-ranges-photography.org.au](http://macedon-ranges-photography.org.au)

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## St. Mary's Parish - Lancefield & Romsey

### CURRENT MASS CONDITIONS – ALL WELCOME

All Catholics in Melbourne continue to be dispensed from the obligation to attend Sunday Mass. We continue to carry the happy obligation to keep Sunday holy, whether we can attend Mass or not, and can do so by any kind of prayer with members of our household, reading holy scripture & encouraging one another in our faith. Prayerfully participating in online Mass continues to be a great source of comfort on Sundays.

We welcome the opening up of our places of worship but remain mindful and respectful that many in our community remain feeling cautious. Face coverings are recommended for workers who "serve or face" members of the public. As always, our priority is care for others and especially those most vulnerable.

Hand sanitiser will remain available at the church entrance, as will masks if you feel more comfortable using them. Social distancing is always recommended.

### Current Mass Times:

**Sunday Mass:** Sunday Mass will be celebrated at 9am and will alternate between Lancefield & Romsey. **Romsey:** 1st & 3rd Sunday. **Lancefield:** 2nd, 4th & 5th Sunday.

**Saturday Healing Mass:** The Healing Mass will be celebrated at 10am in Romsey on the 1st Saturday of each month.

**Baptisms:** Baptisms are held at 2.30pm on the 2nd & 4th Sundays of the month. Please contact the office for the next available date.

**Sacraments:** Bookings are now open for parish children to register for Sacraments in 2022. Confirmation available to Yr6 and above. Please contact the office if you would like to register your child.

Should a parishioner want to go to Reconciliation, please contact Fr. Martin directly at Woodend on 5427 2690 to make arrangements.

Direct enquiries to the parish office on 5429 2130 or by email at [lancefield@cam.org.au](mailto:lancefield@cam.org.au)

For funeral arrangements, please contact Fr. Martin on 5427 2690 or by email at [woodend@cam.org.au](mailto:woodend@cam.org.au)



### ST. MARY'S PARISH - LANCEFIELD & ROMSEY

27-29 Chauncey St, Lancefield  
& 85 Main Road, Romsey

#### Presbytery office hours:

Tues, Wed & Fri 9-3

E: [lancefield@cam.org.au](mailto:lancefield@cam.org.au)

P: 5429 2130

#### Parish Priest

Fr. Martin Fleming  
C/O Woodend Presbytery  
P: 5427 2690

#### Parish Secretary

Mrs. Tammie Dalgleish  
P: 5429 2130

#### School Secretary

Ms. Julie McDougall  
P: 5429 1359

#### School Website:

[www.smlancefield.catholic.edu.au](http://www.smlancefield.catholic.edu.au)

## Come along and join the Romsey Ukulele Players

We encourage other stringed instruments too.

As well as singers wanting to have a good time  
It's not a class, just a lot of fun.

We meet every Saturday at 10am in the Senior Citizens Rooms at the rear of the Romsey Mechanics Institute. \$2 pw.

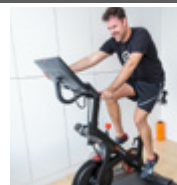
**New and Experienced players welcome**

Contact Allan on  
0418 581 885  
for details



Are you a sedentary, 45 to 65 year old?  
We're recruiting for a 12-week exercise study!

- Almost 500,000 Australians are currently living with dementia, and **this number is expected to almost triple by 2050.**
- There is currently no cure for dementia; however, almost half of dementia cases may be associated with modifiable risk factors, **including inadequate exercise.**
- This project will investigate the role of exercise training 'dose' in improving brain structure and function in middle-aged adults.
- This will provide new scientific knowledge to help individualize exercise prescriptions to **better prevent dementia.**



#### What's involved?

- ~50 hours of your time over 15 weeks
- ~4 hours at a 12-week follow-up
- MRI scans of your head
- Cognitive function tests
- Questionnaires
- Body composition measures
- 12-weeks of supervised aerobic exercise training (3 d/wk on an indoor bike)
- Incremental exercise tests
- Ultrasound measures of blood flow
- Blood and muscle (optional) samples

#### Where?

- Victoria University, Footscray Park
- Florey Institute, Parkville

#### Eligibility:

- Aged 45 to 65 years
- Sedentary (< 150 min exercise/wk)
- Cognitively normal on examination
- Sign off from your GP
- Risk factor assessment

**Interested? Please contact a research team member:**



James Broatch  
[james.broatch@vu.edu.au](mailto:james.broatch@vu.edu.au)  
0422 050 361

Navabeh (Nava) Zarekookandeh  
[navabeh.zarekookandeh@live.vu.edu.au](mailto:navabeh.zarekookandeh@live.vu.edu.au)  
0414 483 546  
[vu.edu.au/train-smart](http://vu.edu.au/train-smart)



# Business & Trade

## DIRECTORY

### ACCOUNTS & BOOKKEEPING

#### KRAMMER ACCOUNTANTS

Email: wkrammer@bigpond.net.au

W.F (Bill) KRAMMER FPNA

**ESSENDON:**

Surte7, 2<sup>nd</sup> floor,  
902 Mt Alexander Road, Essendon

Tel: (03) 9326 0211

**ROMSEY:**

106 Main Street,  
Romsey 3434

Tel: (03) 5429 5477

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5429 5711

[admin@romseyvet.com.au](mailto:admin@romseyvet.com.au)  
[www.romseyvet.com.au](http://www.romseyvet.com.au)

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### Bin information fridge magnets are here!

Not sure what goes into which bin? Free fridge magnets that show what can go into each of Council's four colour-coded bins are now available for pick up from Council's Customer Service Centers, Neighbourhood houses and libraries.

To find locations and opening hours visit [mrsc.vic.gov.au/Our-Facilities](http://mrsc.vic.gov.au/Our-Facilities)



## Introducing Our Community's New ShareRide Initiative!

Recruiting  
Volunteer Drivers



A New Initiative of Lancefield and Romsey Neighbourhood House for Romsey & Lancefield residents.

Weekly timetable, travelling to Kyneton, Kilmore, Sunbury, Romsey-Lancefield and Melbourne.

The timetable can be found on our website listed below. Timetables also available at local GP clinics, IGA noticeboard and other Lancefield and Romsey noticeboards.

Contact the Houses for details

Lancefield Ph: 5429 1214 Romsey Ph: 5429 6724

Or book through the website  
[www.communitydriven.org.au](http://www.communitydriven.org.au)



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**Bendigo Bank**

Macedon Ranges  
Shire Council

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Lancefield Neighbourhood House

**ROMSEY**  
Neighbourhood House



## Diary Dates for Up-and-Coming Events at Romsey Library

### A Curious Circle: Curiosity, Connection and Creativity

This monthly women's circle meets every 3rd Thursday evening of the month in the library from 7pm – 8:30pm. Sessions are relaxed and friendly and participants indulge their creativity with a different item made every month. This is a free program with supper provided. Bookings are required via our website, by calling us on 54293086 or by popping into the branch and speaking to us to reserve your place. All adult women welcome.

- The next two sessions of A Curious Circle are  
*Thursday 15th September and Thursday 20th October.*

We will be repurposing vintage sewing pattern imagery and making a bespoke macrame keyring.

### The September School Holidays: 19 – 30 September.

All Goldfields Libraries have activities on offer throughout the school holidays, including Romsey Library. Some activities require bookings, and others are offered over the entire two-week period during opening hours. We recommend you book in quickly when the program is advertised on social media as places fill fast. For more information on the School Holiday program, grab a flyer from the library or visit our website and social media pages.

### Introduction to My Health Record - managing your medical file on MyGov

**Saturday 1 October: 10:30am – 12pm**

My Health Record is the Australian Government system that allows you to maintain an online health record linking your Medicare, pharmacy, GP and hospital records and more. For many people this system has the potential to save a lot of time and ensure critical health information is on hand when it is needed most.

In this free, friendly, no-pressure session, one of your local librarians will...

- explain what the My Health Record system is, and how it works
- discuss real-life examples with questions and answers
- show how to adjust the privacy settings to suit your needs
- let you take a 'test drive' using a demonstrator system
- help you get started with your own My Health Record – if you want to!

No special IT skills are required, and complete beginners are 100% welcome. If you have ever accessed your own

vaccine certificate online, you're already more than halfway there. And if you need extra help, we'll be happy to arrange some one-to-one sessions at your local library – and yes, these are free too!

As librarians, we work outside the medical system and our focus is entirely on empowering you to make your own informed choices.



### Introduction to Ancestry

**Wednesday 5 October: 2pm – 3:30pm**

Are you interested in family history? Learn what's available on the Ancestry database and how to access it for free using your library card. Facilitated by librarian Donna, who is passionate about genealogy and has a wealth of experience in this area.

### Save the Date: Wednesday 26 October

Author Talk with Pauline Wilson about her new book *Conflict at Hanging Rock*

### Pioneer Robert Blayney is anxious to hide his convict past amidst community conflict over the use of Hanging Rock water and land.

Meet Pauline Wilson, family historian and writer of historical fiction based on the true stories of her ancestors. *Conflict at Hanging Rock* follows the story of pioneer Robert Blayney, anxious to hide his convict past amidst community conflict over the use of Hanging Rock water and land. A work of fiction based on true events in an environment you will know and love. Book sales and signings.

### BOOKINGS REQUIRED





## Romsey Golf Club Report

### New Social and Change Rooms:

Golf Australia has identified works across Victoria that they see as worthy of funding. They approached both major parties for support for these works. New facilities for the rapidly growing Romsey Golf Club is one of these identified projects. The club has submitted an Expression of Interest (EOI) to GolfAus. The EOI detailed plans for Netball & Golf rooms in the NE corner of the area around Oval No 1 - this will fit in with the revised Romsey Sporting Precinct Master Plan. The Master Plan includes two new netball courts beside the social and change rooms. If our EOI is successful, this facility will be "shovel ready" should other funding become available. Netballers look to run a summer as well as a winter competition. Golf is a 12 months a year sport. This new facility will be a great asset for the community

### Tree Works:

The huge storm of July 2021/22 caused enormous damage to Romsey Park and across the shire. The golf club cleared away almost all of this but many trees were weakened, with damaged trunks and branches. This damage was only evident after the wild winds of mid-late July. Over the August 6-8 weekend, dangerous, damaged trees and branches were taken down and piled up to be taken as firewood by locals or to be burnt.

Park Lane, Romsey (PO Box 200, Romsey 3434)

**Romsey Golf Club**

President: 0417 088 891

Secretary: 0400 768 040

[www.romseygolfclub.net](http://www.romseygolfclub.net)

[mail@romseygolfclub.net](mailto:mail@romseygolfclub.net)



Two damaged trees, trimmed and ready to be cut up.

### Course Condition:

Romsey has received much more rain than usual so far this year. The soil is just about full, so that very heavy dews or rain does not sink in. Thankfully recent drainage works have been successful and almost all of this surface water drains away. The course is damp but playable. We have had Green Fees players up from the other side of Melbourne, where almost all course have been closed at times, who are amazed by the condition of the course. A credit to the drains and to all the volunteers who maintain and improve this community asset.

### RRBATA Breakfast – Back after its "COVID Break"!

Missing on the RRBATA calendar since 2019, the RRBATA Breakfast returned on 29th July at Glen Erin Lancefield. Approximately 70 guests were up early to "Celebrate Family Business" with guest speaker, Peter Greenham (H.W. Greenham and Sons). "In conversation", Peter shared his insights and reflections on six generations of his family's business with a truly engaged audience. Glen Erin's breakfast and hospitality were again wonderful. Many thanks to McLaughlin CB which donated a Soltan Pepper voucher as door prize. The event was, once again, generously supported by the **Lancefield and Romsey Community Bank branches of the Bendigo Bank.**

### RRBATA's new website is on its way!

RRBATA is creating a new website to showcase our beautiful region as a great place to visit and call home.

The website will promote our businesses, highlight nature based experiences – and give opportunities for locals and visitors to discover the best of the Eastern Corridor of the Macedon Ranges.

Member businesses will be highlighted on the website with direct links to those businesses' online platforms.

[www.rrbata.com.au](http://www.rrbata.com.au)

Facebook: Romsey and Lancefield Region - Business and Living

Instagram: Romsey\_Lancefield\_Region



**Romsey Region  
Business & Tourism  
Association  
(RRBATA)**

Jenny Stillman

P: 0412 349849

E: [jennystillman@optusnet.com.au](mailto:jennystillman@optusnet.com.au)



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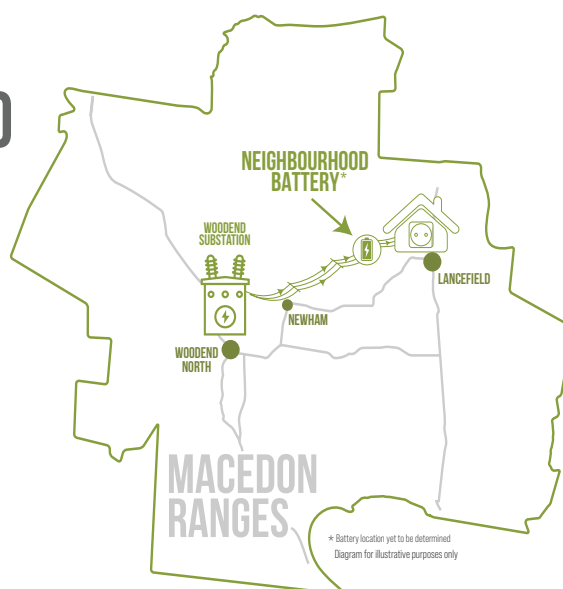
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**KEEPING  
LANCEFIELD  
CONNECTED**

The Macedon Ranges Sustainability Group is seeking community support to have a government-funded, Neighbourhood Battery installed to ensure a more reliable power supply and assist in lessening the impact of unplanned power outages for the residents of Lancefield.

The MRSG are committed to a transparent engagement process and look forward to answering your questions and hearing your concerns.



**TO LEARN MORE AND REGISTER YOUR INTEREST GO TO: [MRSRG.ORG.AU/NBI](https://mrsrg.org.au/nbi)**