The Romsey Rag

Vol. 36 Ed. 8

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AUGUST 2018



Dental Health Week 2018

Watch Your

Brush twice a day with fluoride toothpaste

Eat a healthy balanced diet and limit sugar intake Floss in-between teeth once a day

Regularly visit the dentist for check-ups and preventive treatment

MOUTH

Veterans Affairs – Children's Dental Benefit Scheme (\$1000 for eligible children)

Happy Gas for Anxious Patients – All Private Health Insurances Accepted

> 41 MURPHY ST ROMSEY

Ph 03 5429 3322

Editorial

The Romsey Rag Inc

Committee

President Tony Lakey

Secretary Russell Miller

Treasurer Karen Read

Editors

Jane Nixon Sandy Lamb Shauna Martin Sonia Martin Tony Lakey

All enquiries
Please email
email@theromseyrag.com.au



Welcome to the August Edition of The Romsey Rag

Winter has well and truly set in, frosty mornings, gusty winds and plenty of rain! Hopefully everyone is finding ways to keep warm but still enjoying this time of year.

The Committee are continuing to work hard to bring the community a local publication that everyone can feel proud of. A few new ideas are currently being considered:

- * "Classifieds" section: It would welcome items for sale, swap or wanted but would exclude all livestock and pet sales.
- * "Letters to the Editor" section: Looking for matters of community interest, all letters would be considered for publication but may be rejected if the content is deemed contentious or of an inflammatory nature.

Do either of these ideas appeal to you? Please let us know.

Many people will have noticed the change in email address, the previous address will be monitored for another month and then will cease to operate. Also at the beginning of 2018 the bank details changed. During the past few months the Committee has been made aware of a number of people still paying the Romsey Primary School. Please take all efforts to update your records to the new details below:

New Email

email@theromseyrag.com.au

New Bank Details

Bendigo Bank BSB: 633-000 ACCT: 161 577 895

Please note:

The closing date for the SEPT 2018 edition of the Rag is AUG 15th.

We cannot guarantee inclusion of copy received after this date.

NEW EMAIL

email@theromseyrag.com.au



Get Snapping Photo Competition

Community News

Entries up until 30/9, get your entry in now

Auspice Romsey Lancefield

Rotary Club

Romsey Lancefield Rotary

Photos of people things in Romsey.

> 1st Prize 2nd Prize 3rd Prize \$50 Peoples Choice \$50

You've got to be in it to win it!

For more information just pick up an entry form from around town: IGA, the Library and the Bendigo Bank.

Email you photos in a jpeg format and entry form to: gillian@lifecirclessolutions.com









3rd August Four Hands at the Piano, Kyneton Town Hall.

9th August The Women in Business Networking Lunch, Macedon Hotel and Spa, Macedon.

14th August "Let's Talk Romsey" workshop, Romsey Community Hub, Romsey.

15th August Probus Outing to Barringo Café Restaurant, Gisborne

16th August "Let's Talk Romsey" workshop, Romsey Community Hub, Romsey.

17th August RRBATA 9th Annual Business Breakfast, Romsey.

18th August Vietnam Veteran's Day, Romsey Cenotaph..

18th August Trip to Kryal Castle Ballarat run by BTD Home Services.

18th August RPS Comedy Night Barcham Theatre, Gisborne Secondary College, Gisborne.

Pavarotti: King of the High C's, Kyneton Town Hall. 24th August

29th August RRBATA Annual General Meeting, Romsey.



Are you a sporting or community group wishing to inform the community of your up and coming events?

If so please contact us via the email below to discuss various options that may suit you:

email@theromseyrag.com.au

Community News

CWA - 2018 STATE THEMES



ROMSEY BRANCH OF C.W.A. INC

President: Anne Barry M: 0402 066 318 H: 5429

6179

Secretary: Belinda Smeal M: 0429 429 036 or

Email: cwaromsey@gmail.com

Treasurer: Susy Jarman M: 0409 860 631

Craft Leader: Shirley Jones M: 0428 525 372 H: 5429 6280

For further enquiries Belinda Smeal 0429 429 036 **THEME:** Celebrating **90 years** of Diversity

Product/Resource : Lamb and Wool

Country of Study: Peru

Thanksgiving Fund : National Centre for Farmer Health

State Project :Umina B & BSocial Issues Focus :Elder Abuse

CWA is not just for older women; it is for women of any age wanting to be involved in their local community and also be connected to a world-wide organisation of friendship and community care. We have a lot of fun and laughs while being creative and raising funds for community projects. CWA is a volunteer organisation.

Our friendly monthly meeting occurs on the 1st Wednesday of each month from 10.00 am to approx. 12.00 noon.

Our fun craft days occur on the 3rd Thursday of each month from 10.00 am to approx. 2.00 pm; both meetings are held in the supper room (side entrance) of the Romsey Mechanics Institute, Main Rd, Romsey. Examples of crafts we do are: knitting, sewing, crochet, cooking, beading, papercraft

August is a very important month for our branch. We will be celebrating our 80th birthday. What an amazing achievement.

One of our members is currently working on the branch history and is looking for any information that members of our community may have on CWA Romsey, e.g. photos newspaper clippings or branch awards.

Upcoming events-

8th & 9th September – Kyneton Daffodil Festival, CWA stalls, morning teas and lunches. Kyneton Masonic Hall.

Saturday October 20th - Shopping Tour to various Melbourne Outlets. Non-members are welcome. Please call Wendy Foster 0409175667 for further details.

Our Romsey Branch participates in various community activities, and we welcome new members. Come and join us! Membership is very affordable.

MATES

Men's wellbeing night

7.30pm Saturday 8 September 2018

Special guest: Mick Reeves

Free entry—appreciation offering will be collected Roast meat & gravy rolls for supper—\$5 each



Encourage Church:
7 Mitchell Court, Romsey
office@encouragechurch.com.au



Water Prices to Remain Steady for Next Two Years

Western Water customers will see bills increase by inflation only for the next two years following the Essential Services Commission's final decision on Western Water's 2018 price submission.

Managing Director, Neil Brennan, said "thousands of customers were involved in our consultation for our price submission and we heard their concerns about affordability. We have worked hard to find efficiencies to avoid price rises for the next two years despite the region's fast growing population."

From July 1, the impact of inflation on Western Water's typical owner/occupier customer bill will be around \$19 a year. For the typical tenant, the inflation impact will be less than \$5 over the year.

"Annual bills for Western Water's customers remain among the lowest in Victoria," said Mr Brennan, "and they represent great value for money. For less than \$3 a day, customers receive a guaranteed, quality water supply and safe sewerage disposal and treatment."

Western Water's customers will benefit in other ways also from the two year plan including improved service standards, enhanced e-billing, increasing SMS advice for supply interruptions, more community and environmental activities, and expanded programs to support customers in hardship.

Mr Brennan said, "Western Water has begun work on its 2020 price submission. Customer input is vital to offer the best service as we address the challenges of climate change and unprecedented population growth".

"It has never been more important to get the balance right between affordability and service delivery."

For more information on Western Water's prices, service standards or how to get involved in planning for the future, visit westernwater.com.au.

Community News



Romsey Mechanics Institute Monthly Update

and renovate the World War 1 Honour Rolls worth a look if you are passing. they are now back up in pride of place in the Honour Rolls in place. We would also like to fundraiser between the RMI and the RNH. thank Mr George Lobb for his very generous offer of financial support should funds The Bendigo Bank is calling for submissions become a little tight. This was a project in to their 2019 Community Investment



Some good news during these wet, cold partnership between the Department of months. After a great deal of work to repair Premier and Cabinet and the RMI, CoM. Well

foyer of the RMI. The yellow paint is gone Organisation is well in hand for the 2019 and the french polished, oak frames are clear Romsey Antiques Fair. The Fair will be held for all to see. Preparation works for the on Saturday March 16th. This will be our rehanging included plaster repairs to the fourth fair; the organising committee has walls, repainting and designing and installing worked hard for five years now to build up a five metre picture rail. Special thanks to quite a reputation both with our stall holders John Freestone and to CoM member Allan and with the community who know there will Irvine, their assistance was invaluable in be a wide variety of quality items on sale. putting up the picture rail and getting the Again, the Romsey Antiques fair is a joint

> This program sees around \$200,000.00 returned to the community each year. The RMI has been successful in gaining funds through this grant in the past. We hope our 2018 application will also be successful, good luck to all others who are applying.

> If you are planning something, a birthday, an anniversary, an engagement or any other function please consider the RMI. Our web site gives a good idea as to what we have to offer. Bookings and all inquiries can be made at; rmibookings@gmail.com, or via the web site. We are more than happy to discuss your function, show you through the hall or supper room and explain the hire process.



Romsey Mechanics Institute

PO Box 130 Romsey 3434 Victoria

Mob: 0458 726 106

ABN; 99 340 024 758

presidentrmi@gmail.com secretaryrmi@gmail.com rmibookings@gmail.com

www.romseymechanicsinstitute.com

Community News



COMBINED PROBUS CLUB Of **ROMSEY** and LANCEFIELD Inc. A0042634P

P.O. Box 280, Romsey Vic. 3434

President:

Gerard Hanrahan 5429 5630 Secretary: Jenifer Clampit 5429 5480

rlprobus.org.au

Join Probus for Fun & Fellowship

Vale: We were all saddened by the very sudden death of one of our members and friend Jean Clement. Our sympathy has been extended to the family.

of the community and for those no longer Church Hall working full time to join together in clubs for Main Street, Romsey a new lease of life.

Its basic purpose is to advance intellectual Cafe/ Restaurant in New Gisborne. and cultural interests amongst adult persons; to provide regular opportunities to progress healthy minds and active bodies, through social interaction and activities, expand interests and to enjoy the fellowship of new friends.

All our members are active and aged between 60-90+ years. We enjoy each other's company and have made good friendships along the way. Always plenty of chat and laughter whenever we are together.

Now you are retired or close to retiring from work come and join the friendly folk in the Romsey & Lancefield Probus Club and learn more about what Probus can offer to assist the Romsey & Lancefield Probus Club you in staying active. Alternatively phone us rlprobus.org.au to enquire.

Monthly meetings are at 10am, on the

Probus is an Association for active members 4th Thursday of the month in St. Mary's

Our outing on August 15th is to Barringo

Our next meeting is on Thursday, 23rd August 2018

Guest Speaker: Kathryn Kirby from the "Tree House" Program at Kyneton Hospital.

Our group enjoy fortnightly coffee mornings and the alternate week 10 Pin Bowling at AMF Bowling Watergardens.

The dates for August Coffee morning - 10th & 24th, 10am at Cookies Cafe Romsey.

Check out our website for information about



Further information

contact:

Raelene Mottram

(President)

0428 928 908

OR email

romseyecotherapypark@gmail.com

PO Box 53,

Romsey 3434

Romsey Ecotherapy Park Inc. Progress Report

The Romsey Ecotherapy Park's first stage of construction, the Active Native Space, is complete, with an official opening likely at the end of August 2018.

This first stage of Romsey Ecotherapy Park's development has been funded by Federal **Government** and Macedon Ranges Shire Council.

No State Government funding has yet committed to Romsey **Ecotherapy Park.**

The site was most recently visited by Amanda Millar, (Liberal Candidate for Macedon) and Nick Wakeling (Shadow Minister for the Environment). Both expressed sincere interest in the project.

Spaces still to be funded and constructed

- Sensory Therapeutic Space (including Ephemeral Billabong)
- Arts/Culture Space,
- Woodland Ramble

Funding is now being actively sought to seamlessly implement the remaining Spaces of this regionally significant health and well being resource.

A publicist has been engaged to facilitate the corporate and philanthropic fundraising efforts of Romsey Ecotherapy park Inc. A related media campaign is imminent.



Romsey Ecotherapy Park Inc Committee members (L to R) - Geoff Neil, Sue Hayes, Joanne Cooper, Jenny Stillman (Absent – Raelene Mottram)

The "hero piece" of Romsey Ecotherapy Park is the Sensory Therapeutic Space, requiring \$900,000 for implementation. This particular space will define Romsey Ecotherapy Park's unique health and wellbeing status in the Macedon Ranges and will attract those wanting respite from their daily lives or convalescing from illness. The Romsey Community Bank branch of the Bendigo Bank has facilitated a contribution of \$80,000 to this space.



Victoria

Relocations During Upgrades to Early Years Facilities

Kindergarten programs and Maternal and Child Health services in Romsey will be relocated during Term 3 while building upgrade works take place.

Kindergarten programs will relocate to Romsey Primary School from 16 July for the duration of the works. The Maternal and Child Health (MCH) service relocated to the Romsey Community Hub in Main Street on 2 July.

The Victorian Government has provided \$330,000 to refurbish the kindergarten, while Council has allocated an additional \$110,000 for renovations to the Maternal and Child Health rooms within the building. The works will result in a contemporary and inclusive early education centre, including a new building entrance in a location designed to foster connection and partnership with the nearby Romsey Primary School.

For more information about the project, call (03) 5422 0333 or email mrsc@mrsc.vic.gov.au

Community News



A: PO BOX 151, KYNETON, VICTORIA 3444

P: 03 5422 0333

E: mrsc@mrsc.vic.gov.au **W:** www:mrsc.vic.gov.au

Stage 1 Complete at Former Romsey Primary School Site

Stage one of the transformation of the former Romsey The Romsey Ecotherapy Park is the result of a community-led Primary School site in Main Street is now complete, with a initiative to build an inviting and accessible passive recreation community health centre open for business and the open space for local people and visitors. The design has an

Council worked with Cobaw Community Health and the Greater Romsey All-Abilities Park committee (GRAAP Inc.) on the project to transform the 150-year-old school building and create a park on the surrounding land.

The historic building has been revamped and extended for use by Cobaw as a community health centre and is wellbeing park.

The new community health centre provides the full suite of Cobaw's health and wellbeing services in early childhood, youth, families, adults, aged and disability. The opening of the centre will benefit local residents who will no longer have to travel to Woodend and Kyneton for services such as child and adolescent support, counselling and allied health. Cobaw is also a registered NDIS provider for a range of services for children and adults.

surrounding nature-based park available for everyone to emphasis on providing people of all ages and abilities a enjoy. engagement with nature.

> The active nature play space along the Main Street frontage of the site forms the first stage of the park and includes landscaped areas, seating, paths and nature-based play elements.

The various spaces within the park will be completed as surrounded by the first stage of the nature-based health and funding is secured. See mrsc.vic.gov.au/oldRomsey-school to view the concept plans for the park.

The former Romsey School site works were funded by:

- The Australian Government, \$997,478
- The Victorian Government, Department of Health and Human Services, \$733,000
- Macedon Ranges Shire Council, \$215,000
- Cobaw Community Health Services Ltd, \$50,000

New Youth Space in Riddells Creek Open

Movie and game nights, cooking and sports programs and workplace training are just a few of the opportunities available for young people at Council's new youth space in Riddells Creek.

Held Thursdays from 4pm to 6pm, the new weekly youth space will offer a range of activities and events that encourage young people (12-18 years) to connect with each other, services and the community - building skills, confidence and social capacity in the process.

Located within the Riddells Creek Community Centre at 74 Main Road, Riddells Creek, the space is an addition to Council's existing Youth Engage Programs (YEP!) in Kyneton and Woodend.

YEP! runs weekly during school terms in Kyneton (Tuesdays, 4pm-6pm, Woodend (4pm-6pm - Autism Specific Disorder specialised program), and Riddells Creek (Thursdays, 4pm-6pm).

To find out more, visit mrsc.vic.gov.au/YEP or call Council's Youth Engage Program Office, Charlotte Bracey on 5422 0296.

Want to win an Apple Watch?

How would you like to hear from Council and what would you like to know?

The community can help improve Council's communication and engagement activities by participating in an online communications survey. Complete the survey and go into the draw to win an Apple Watch.

The survey will provide feedback on residents preferred methods of communication for Council events, activities and initiatives, and also consultation methods, which can be used to inform the upcoming review of Council's Community Consultation Framework.

The survey is available online at mrsc.vic.gov.au/yoursay and will take about 10 minutes to complete. Print copies are available at Council offices in Gisborne, Kyneton, Romsey and Woodend.



Community News



A: PO BOX 151, KYNETON, VICTORIA 3444

P: 03 5422 0333

E: mrsc@mrsc.vic.gov.au W: www:mrsc.vic.gov.au

Connect and Celebrate Women in Business

Council is encouraging local businesswomen to take a lunch break with two passionate and pioneering entrepreneurs at The Women in Business Networking Lunch. The lunch is being held to acknowledge the achievements of women in business within the Macedon Ranges and will feature guest speakers Diana Abruzzi and Catherine Cervasio.

Diana is a local resident and founder of the International Women's Federation of Commerce and Industry (IWFCI), with a 40 year career-spanning family businesses, to serving in government forums and on government boards. Catherine Cervasio is the founder and owner of Aromababy-an internationally recognised skincare brand, and the recipient of multiple business awards.

Don't miss this opportunity to gain insight into their success. Limited places are available, so book early. The Women in Business Networking Lunch is on Thursday 9 August from 12–2pm in the Macedon Valley Room, Macedon Hotel & Spa, 652 Black Forest Drive, Macedon. Cost is \$40 for Macedon Ranges businesses, and \$60 for businesses based outside the shire. This event is part of the Small Business Festival, a month-long program in August comprising of hundreds of business events all around Victoria.

For more information, or to book visit mrsc.vic.gov.au/business-events or call 5421 9616.

Women's War Stories Brought to Life in Exhibition at Kyneton

Kyneton Museum explores the lives of women more than a hundred years ago in its latest exhibition, Women of Empire: Homecoming.

The sequel to last year's Women of Empire 1914–1918, which travelled through Australia and New Zealand and examined the role of women in WWI, follows-on from that time, revealing the challenges and opportunities facing women returning from war.

The collection of treasures includes costume pieces from Scottish racing car driver, suffragette and ambulance driver Muriel Thompson, and also the trailblazer Moina Belle Michael, who created the idea to use poppy flowers as a symbol of remembrance.

Discover the stories of women that returned from service overseas, who nursed the wounded and infirm, who mourned the loss of their love, who took up 'soldier settlement', and much more.

Whether they were mothers, sisters, wives or sweethearts; the women of the era transcended the ordinary, to assume extraordinary roles in a time of global upheaval.

Women of Empire: Homecoming is on at Kyneton Museum, 67 Piper Street until Sunday 16 September.

The museum is open Friday to Sunday, from 11am to 4pm. Museum entry fees apply.

For more information, visit mrsc.vic.gov.au/museum or call 1300 888 802.

What's on at Kyneton Town Hall in **August**

From the classical to popular, and even world-famous opera, Macedon Ranges Shire Council presents a program of live music that transcends boundaries during August.

Four Hands at the Piano

Experience an evening of musical adventure, as ARIA award -winning pianist Tamara-Anne Cislowska teams up with globally renowned composer Elena Kats-Chernin, to present much-loved works in a new light.

On Friday 3 August from 7.30pm, the duo will perform with four hands at the piano, improvising live, and offering audiences a thrilling voyage into the world of collaboration.

Tickets are \$45 adults, \$42 seniors and \$40 concession. To find out more, or to book tickets, visit mrsc.vic.gov.au/ buytickets or call 1300 888 802.

Pavarotti

On Friday 24 August at 11.30am, the life and music of one of opera's biggest voices, Luciano Pavarotti, will be unleashed in the musical biography, Pavarotti: King of the High C's.

Opera star David Rogers-Smith stars as the late, great Pavarotti in the show – and weaves together stories, anecdotes, exquisite arias and popular songs into an extraordinary tribute, for an extraordinary man.

Tickets are \$25 adults, \$22.50 seniors and \$20 concession. To find out more, or to book tickets, visit mrsc.vic.gov.au/ buytickets or call 1300 888 802.

Lancefield Agricultural Show Sunday October 21, 2018

sure to thrill kids of all ages and some great new events -purchased now via www.lancefieldshow.org.au Including the Inaugural Lancefield Yard Dog Trial.

competitions, dog high jump, cattle, sheep and poultry 532 603

This year's Lancefield Agricultural show is shaping up to be displays, stalls and delicious food and drink makes the show a one of the best ever with fantastic new rides which will be great day out for all whole family. Ride wrist bands can be pre

To be part of the Show, sponsor a section or hold a stall email All the old favourites such as horse events, art and craft us on lancefieldshow@live.com.au or phone Robbie on 0408

8th Annual ROMSEY 8th September Whole Town



ERS CAN REGISTER FOR ONLY \$5

Register your home Garage Sale now and be on our list.

Saturday

Call the Neighbourhood House on 5429 6724 to make your booking.

(This is the best town garage sale in the district)

Maps will sell for \$3 on the day from 8am at Romsey Hub



FREE Community Social Bowls Day Romsey Bowling Club Park Lane

Sunday October 7, 2018

Commencing 11.00 a.m.

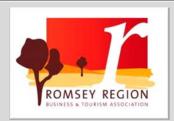
Everyone welcome

Free BBQ lunch & drinks Prizes, giveaways **Bowls & coaching provided** A social game to finish the day

Confirm attendance - contact Graeme on 54295359.



Community News



Romsey Region Business and Tourism Association (RRBATA)

Phone: 0412 349849 Email: jennystillman@optusnet.co m.au

Jenny Stillman



Follow RRBATA





The benefits of the **Romsey Region Business** and Tourism Association. Be a part of it!

Romsey Online Remember - The website must be fed!

Don't forget, ANYONE CAN BE A REPORTER!

Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news".

Please ensure a note of consent from people featured in any photographs accompanies your submissions. Remember, the website is only as good as the information fed to it at info@romsey.org.au.

RRBATA UPDATE

Romsey Streetscape Project Update

The Main Street Garden Landscaping component of the Romsey Streetscape Enhancement Project has commenced. New garden beds will be constructed in the Main Street with focal redevelopment at the Fountain (Adjacent to the Mechanics) and adjacent to the Community Hub. The tender process for the lighting component is still underway which will result in focal illumination of the Mechanics Institute, Community Hub and Five Mile Creek precincts.

Meanwhile, MRSC has requested Challis Designs to further progress the concept design for Romsey's town connectivity installation features.

Promotional Postcards

Following a hugely positive response to the first batch of Romsey postcards, RRBATA is currently designing a second edition of cards. These will be available shortly at various venues around town for locals and visitors.

Romsey Issues and **Opportunities Paper**

Council is seeking input from the Romsey business community to help plan for the future of the town beyond 2021. The current strategic plan is the <u>Romsey Outline</u> committee. Development Plan which was prepared in consultation with the community in 2009 and sets a vision to the year 2021.

To plan for Romsey's future beyond 2021, there must be an understanding of the issues and opportunities facing the town which is why we have now begun planning with the preparation of the Romsey Issues and Opportunities Paper

RRBATA encourages all community members opportunities to inform MRSC what you think is important for Romsey:

- written submission strategicplanning@mrsc.vic.gov.au
- If you're a Romsey resident, you can provide input via the online resident
- Attend one of the two 'Let's Talk Romsey' community workshops to be held at the Romsey Community Hub on following dates:

 - Thursday 16th August 6pm-

For more information, please contact Evan Krausgrill, Strategic Planner on (03) 5421 9704 or ekrausgrill@mrsc.vic.gov.au

Christmas In Romsey 2018

an official launch of the festival – "Light For more details contact: Night" – on Saturday 1st December featuring Jenny Stillman street performers, late night trading and Phone: 0412 349849

be held on Saturday 15th December. So, SAVE THE DATES!

Volunteers are NEEDED to help make this festival bigger and better than last year! Please contact Sandra Chestnutt if you can be of assistance – 54296272,

schestnutt@rocketmail.com

Plastic Bag Free

RRBATA is keen to support the move to plastic bag use reduction. The Town Pride working group will facilitate this initiative and looks forward to discussions with shop front traders and hearing from community members.

RRBATA 9th Annual Business Breakfast

SAVE THE DATE - Hot on the heels of the successful inaugural RRBATA Business Dinner comes this year's Annual Business Breakfast (RRBATA's 9th!) which will be held on Friday 17th August 2018. Watch the Rag, RRBATÁ Facebook and Romsey Online for updates.

Minute Secretary Wanted

RRBATA Committee of Management is looking for a volunteer to act as Minute Secretary at **RRBATA** Committee Management meetings. This is not a committee position. As such, the role is exofficio but would be of huge assistance to the

RRBATA in 2018 and Beyond **CONTINUED**

THIS IS SERIOUS! As reported in last month's Rag, the 2017 Committee of Management members agreed to accept nomination to the 2018 Committee to oversee the Romsey Streetscape implementation and acquittal of grant funds (including the Plaques Project). take advantage of the following For the sake of Association renewal as well as current committee members' wellbeing (!), RRBATA seeks new members willing to continue RRBATA's good work in advocating business and tourism for the Romsey region. The next Annual General Meeting has been set for **Wednesday 29th August 2018**. If RRBATA is to survive, continue and thrive, business and broader community members will need to step up to assist on a new the committee. Otherwise, RRBATA's

survival as an organization and Tuesday 14th August 5pm- fierce advocate for our region will be very uncertain.

Anyone wishing to discuss this further, should contact Jenny Stillman on 0412 349849 or jennystillman@optusnet.com.au.

RRBATA Membership is open to businesses, organizations, and individuals Christmas is coming! This year, there will be who support Romsey business and tourism.

fireworks. The Community Carols event will Email: jennystillman@optusnet.com.au

NEW COMMUNITY BANK PROGRAM TO BENEFIT LOCAL EVENTS



Lancefield & Romsey

Our Lancefield and Romsey Community Bank® branches are Bank® branches apart." continuing to help our community to thrive, with today's \$16,000.

Lancefield and Romsey Community Bank® Chair, Suzie Ewart, said more than \$1.3 million had now been given to community groups and clubs around the district over the past 17 years.

"This funding will be given back to the community via our new Event Sponsorship Program," she said.

"Each year, we benefit local groups with significant funding via our Community Investment Program. However, we acknowledge that not all funding requests will sit within our Program's timeline. In response to this, we have developed a second funding program, as a coordinated way to help • support events of a more ad hoc nature."

Ms Ewart said the local events will benefit thanks to the unique profit-sharing arrangements under the Bendigo Bank Community Bank® model.

"This latest funding allocation illustrates that local residents and businesses who bank with us are helping make a direct contribution to funding worthwhile initiatives in the community," she said.

"The banking service we provide is a significant contribution to the prosperity of Lancefield, Romsey and the surrounding areas, but this is an added benefit that sets our Community

announcement of 13 event sponsorships worth more than As part of the 2018 Event Sponsorship Program, the Lancefield and Romsey Community Bank® branches of Bendigo Bank are proud to support the following events:

- Romsey Blue Light Disco
- Book launch of Pictorial Guide to Long Lost Lancefield and Kilmore Railway, coordinated by the Romsey Lancefield & Districts Historical Society
- Launch of 'Feed it Forward' a Lancefield and Romsey Community Lunch Program
- Romsey Region Business and Tourism Association's annual Business Breakfast
- Romsey Bowling Club's Annual Fours Tournament
- Community Walk at Woodend Children's Park, organised by the Macedon Ranges Suicide Prevention Action Group
- Open Day for the Lancefield Romsey Little Athletics
- 2018 Landcare Photoprize, coordinated by the Nulla Vale Pyalong West Landcare Group
- 2018 Macedon Ranges Wine Exhibition
- Dog high jump event at the Lancefield Show
- Romsey Kennel Club Shows
- Extinct! Lancefield Megafauna Festival
- Romsey Primary School Comedy Night

Introducing BTD **Home Services**

registered, owned NDIS provider.

Susanne and Richard have Our first day trip for 20-30 people included their lives. Both are fully mental public service for many years. Susanne completed a Grad Please call Susanne on 0436 special education teacher as to well as a disability liaison susanne@btdhomeservices.co officer at a major university. Both have welcomed the introduction of the NDIS and Other services offered under more choice and control over **Home** their lives.

At BTD Home Services we are **Home** committed to services that are individual repair/modification people to achieve but want to help people reach home and community carer. their goals and also to have

fun along the way. Hence we want to give young adults, who may feel disconnected after leaving school, the opportunity to connect with BTD Home Services is a **new**, others by organising day trips privately and outings on a regular basis.

with year old young adults who disabilities for over 30 years in live with a mild disability/ health/medical qualified disability support condition is on Saturday 18 workers who have been in the August 2018 to Kryal Castle in Ballarat.

Diploma in Education and 400 419 to register (places are Disability Studies, has been a limited) or send your inquiries

its promise of giving people the NDIS are: Transport, Maintenance and Household tasks, Garden and Yard Maintenance, Repairs and providing Modifications. ΑII Home and and personalised, enabling gardening work is carried out their by qualified carpenters and dreams and aspirations. We gardeners. Household tasks do not believe in labelling, are provided by a qualified



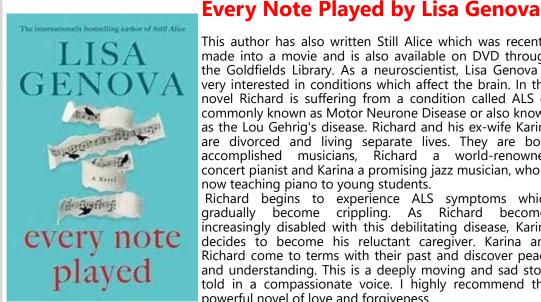
41 Murphy St Romsey

Library News

Goldfields Library Corporation

Book Reviews

by Marni Hickman



This author has also written Still Alice which was recently made into a movie and is also available on DVD through the Goldfields Library. As a neuroscientist, Lisa Genova is very interested in conditions which affect the brain. In this novel Richard is suffering from a condition called ALS or commonly known as Motor Neurone Disease or also known as the Lou Gehrig's disease. Richard and his ex-wife Karina are divorced and living separate lives. They are both accomplished musicians, Richard a world-renowned concert pianist and Karina a promising jazz musician, who is now teaching piano to young students.

BOOK REVIEWS & TOP PICKS FOR AUGUST

Richard begins to experience ALS symptoms which Richard becomes become crippling. As increasingly disabled with this debilitating disease, Karina decides to become his reluctant caregiver. Karina and Richard come to terms with their past and discover peace and understanding. This is a deeply moving and sad story told in a compassionate voice. I highly recommend this powerful novel of love and forgiveness.

An American Marriage by Tayari Jones

Newlyweds Celestial and Roy living the American dream in the Deep South. Celestial is a budding artist and Roy a young executive on the cusp of an exciting career. Their lives are thrown upside down when Roy is suddenly arrested and sentenced for a crime Celestial knows he did not commit. Celestial finds comfort in her childhood friend and best man at their wedding. As Roy's conviction is overturned, he returns to resume his marriage to Celestial and it goes without saying, complications ensue. What will Celestial do and who will she choose to continue her life with?

This novel tackles race-based injustices in the court system in the U.S., along with racial profiling of young black men. A portrait of a marriage that captures the love and anguish of two people facing insurmountable challenges. Jones is able to capture the dilemmas and feelings faced by her characters. Highly recommended! *****

Romsey Library The Hub

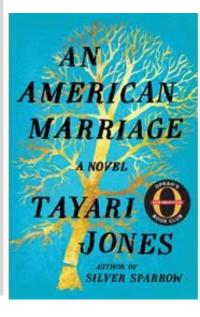
98 Main Street Romsey 3434 Ph: 54293086

Opening hours

Monday 9.30am-5pm Tuesday 9.30am-5pm 9.30am-5pm Wed Thurs 9.30-6pm 9.30-5pm Friday Sat 9.30am-12.30pm **Sunday Closed**

Library Services

Open up your horizons with Goldfields Libraries eLibrary! Goldfields Libraries eLibrary offers free access to a huge range of online learning and enjoyment opportunities for all interests and ages.



Top Picks

We have a new section in the library called Top Picks where we display books and other items that our staff or borrowers highly recommend.

We have some warm, cosy spaces to sit and relax, where you can enjoy the sun through the window without the biting wind. We love to see people making use of our space, whether it is using our computers, accessing the free WiFi or catching up on newspapers, books or DVDs; we have something for everyone!

Open 9:30 – 5pm Mon, Tue, Wed, Fri. Thurs till 6pm and Sat mornings 9:30 – 12:30.

We hope to see you soon!



THE MISSING BULLET

By Peter MItchell

Fred and May White ran a grocery and clothing business in the building now known as "Verdure". May was travelling in a buggy along Hutchinson's Lane when she was shot in the left cheek by a stray bullet. She went to the doctor who could not find a bullet, and as there was only the one hole in the cheek, the bullet must have travelled out through the mouth. Some weeks later while travelling in the buggy they came to a rough corrugated patch in the grave road. The bouncing of the buggy caused the bullet to dislodge from the back of her nasal passages into her mouth. Police charged a teenage boy who was shooting sparrows in a hedge!

What is 'Sustainable' Housing?

By Sue Kirkegard

An architect working in this area, described "sustainable" to me by ideas such as:

- not using up resources i.e. saving and reusing water, design that makes best use of airflow for heating and cooling, generating power e.g. solar, well insulated.
- surfaces of organic material that don't have harmful effects on the environment
- design that causes a small footprint on the earth i.e. using spaces well (not a full list)

Cr Natasha Gayfer and MRSC have been asked about a possible discussion in Romsey. Six people are interested so far. For more info regarding this, please phone or text 0419 876 696.

Anne Phelan (well-known actor and long-time Romsey resident) is living now in one of a group of small houses. She really likes the ease of heating, which is due to the design and smaller space. The house has one well designed living space, which works well for Anne – and she also likes that every room has windows that look out on to garden! Anne had been used to terrace houses from her childhood. She believes these 'smaller footprint" houses should be more easily available in the house plan designs offered by developers "Most people can't afford an architect, they have to choose from what is there".

(*Error*: In July *Romsey Rag*, the words about smaller houses in Europe, should have said "They were private (neighbours *couldn't* see when your guests arrive)" (writer's error)

ROMSEY Men's Shed

This long awaited organisation is finally happening.

We may still be in the early stages of formation but now is the time to register your interest.

The Shed already has a management committee and several names on the list. We don't want your money yet and we won't drag you onto a committee. What we want is your name on our list so that you will be among the first to know when things really start to happen.

We are still looking for an actual SHED!

There are already a couple of locations under consideration as well as interested corporate sponsors keen to be a part of this great opportunity. We hope to cater to a wide range of interests over time but first things first. Please let us know that you will be a part of it.

Join now of co

Remember, this is not just a woodworking club but an forward-looking community group.

Send your name and contact details to us at romseyms@gmail.com

A LETTER TO YEAR 12 STUDENTS

"Hello. Last year at this time I was doing Year 12. It didn't seem long before the exams and there was so much still to do and so much already to remember. Time seemed to be running out and I was dithering a bit. My parents were keen for me to do well so there was pressure not to disappoint them, or my teachers - and I wanted to score well enough to get into a business management degree course. I needed someone to talk to about how to cope, and my friend suggested Dr Jeffrey".

"I met with him at my home and we talked about my study routine. With his calm help and his many years of experience, we worked out together a revision timetable that still allowed me time to play netball with my team on Saturday afternoons and not feel guilty. Almost immediately I felt some of the pressures evaporate".

"We met several time over the next weeks. I learned how to revise and remember more efficiently, how to use my study time at home and at school better, and most importantly, how to manage the stresses that come with Year 12, and are perfectly normal for any student. I didn't win any prizes at the end of year examinations, (perhaps my expectations at the start of Year 12 were not realistic) but I did well enough to please my parents and to get into the business management course I'd chosen".

"So my advice is to call Dr Jeffrey. Have a chat with him and for the remaining weeks of this school year you'll feel much more positive and confident. Good luck".

Grateful Student

Call Dr Jeffrey Robinson (Counsellor) on 0410 481 221. He can come to you or you can meet at Neighbourhood House.

Essence of Chinese Medicine



75 Main Street, Romsey Ph: (03) **5429 3610**

www.essenceofchinesemedicine.com.au

Opening Hours

Monday 9am to 1pm / 5pm to 9pm

Tuesday 9am to 3pm Wednesday 5pm to 9pm

Thursday 9am to 3pm Friday 9am to 3pm

Saturday Alternate 9am to 3pm

Community Poem

I WAS ONLY NINETEEN

by John Schumann

Mum and Dad and Denny saw the passing out parade at Puckapunyal,

It was a long march from cadets

The 6th Battalion was next to tour and it was me who drew the card

We did Kanungra and Shoalwater before we left.

And Townsville lined the footpaths as we marched down to the quay.

There's a clipping from the paper – shows us young and strong and clean.

And there's me in my slouch hat with my SLR and greens, God help me – I was only nineteen.

From Vung Tau riding Chinooks to the dust of Nui Dat, I'd been in and out of choppers now for months, But we made our tents a home, VB and pin-ups on the lockers,

And an Asian orange sunset through the scrub.

And can you tell me doctor why I still can't get to sleep? And night time's just a jungle dark and a barking M16? And what's this rash that comes and goes? Can you tell me what it means? God help me – I was only nineteen.

A full week operation when each step can mean your last one

On two legs – it was a war within yourself. But you wouldn't let your mates down till they had you dusted off, So you closed your eyes and thought of something else.

Then someone yelled out 'Contact!' and the bloke behind me swore.

We looked in there for hours, then a God Almighty roar! Frankie kicked a mine the day that mankind kicked the moon.

God help me – he was going home in June.

I can still see Frankie drinking tinnies in the Grand Hotel, On a 36-hour rec leave in Vung Tao.

And I can still hear Frankie lying screaming in the jungle, Till the morphine came and killed the bloody row.

And the Anzac legends didn't mention mud and blood and tears.

And the stories that my father told me never seemed quite real,

I caught some pieces in my back that I didn't even feel. God help me – I was only nineteen.

And can you tell me doctor why I still can't go to sleep? And why the channel Seven chopper chills me to my feet? And what's this rash that comes and goes? Can you tell me what it means? God help me – I was only nineteen

Vietnam Veteran's Day 18th August - Dedicated to all those who served in Vietnam.

ROMSEY SELF STORAGE

For all your storage needs! 24 Hour Security, Access 7 days a Week Contact us on 5429 6744 or 0438 684 023 email: romseyselfstorage@bigpond.com



Escaping the cold this winter?

Are you heading away this winter and needing to lock up & secure your valuable items to ensure they're safe until you arrive back home?

Here at Romsey Self Storage we have a wide range of units to accommodate any sized valuable items that you may need to store while away on holidays.





Our unit sizes range from **1m x 1m to 7m x 3m** units!

Also available: indoor storage for cars, boats or caravans that need protecting through this winter weather.

Come see us at 11 Park Lane, Romsey or give us a call on 5429 6744 to find out about our availability.

REMEMBER VIETNAM

Vietnam Veteran's Day

50th Anniversary commemorating the 26-day Battle of Coral-Balmoral (12 May - 6 June 1968)

The Romsey-Lancefield RSL will conduct a ceremony at the Romsey cenotaph on:

SATURDAY, 18 AUGUST, 2018 AT 10AM

All Vietnam veterans, other ex-Service men and women, RSL sub-branch members and members of the community are most welcome.

A small wreath laying service will occur at the Lancefield cenotaph at 10.00am

Following the service, light refreshment will be served at *Soltan Pepper*, 118 Main Street, Romsey.

All RSL members, affiliates and families plus friends are most welcome.

MEDALS SHOULD BE WORN

Lest we forget

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ROMSEY & LANCEFIELD MEDICAL

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ROMSEY MEDICAL CENTRE LANCEFIELD MEDICAL CENTRE

99 Main Street, Romsey 3434 20 Chauncey Street, Lancefield 3435



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COME IN AND SPEAK TO ONE OF OUR PHARMACIST.

Romsey Amcal Pharmacy Shop 3&4 107-113 Main Street Romsey VIC 3434

Church News



.-/= Romsey Office: 7 Mitchell Court Romsey Ph (03) 5429 6327 Email:

office@encouragechurch.com.au Web:

www.encouragechurch.com.au

At Encourage Church, we are all about people.

God commands us to love one another and by this shall all men know that we are His.

We hope to see you at one of our services or events soon. Service Time - Sunday 10am

Worship service Sunday 10am Fortnightly life groups Youth events Weekly children's program

https://facebook.com/ encouragechurchromsey/



PASTORS'S PARABLES

Oxygen Mask



With air travel, it is standard practice for flight attendants to demonstrate safety procedures in case of an emergency. Should the cabin air pressure drop, an oxygen mask must be worn by everyone. Parents are told to fix their own mask before placing one on their child. At first, this may seem selfish and a little callous surely, a loving parent should look after the child's needs before their own? We can answer that question with another one. What good would the parent be if he or she blacked out from lack of oxygen while trying to save the child?

God tells us to love Him above all else. This is not a selfish command from a jealous God, but wise counsel from a loving God. If our first love is God and Christ, we actually increase our ability to love our family and We would be happy to help you find true peace friends. Furthermore, if we are occupied with Christ, we will not faint in times of adversity.

When we focus on God, we have the strength necessary to help those desperate

for the oxygen of grace. However, it is important to first fix the mask-of-grace on ourselves by making sure we have the right relationship with God before we try helping others with their spiritual life. In having God in our lives, we can claim His promises, push our problems on Him and relax.

When we put other people's spiritual needs before getting right with God ourselves, we may soon feel the effects of a lack of grace in our own spiritual life. Then, if we 'spiritually black out' by getting discouraged, depressed and despondent, what use are we to those loved ones around us? (Matthew 10:37)

Pastor Marilyn Hunter

At Encourage Church we cater for all your family's needs with Children's, Youth, Young Adults, Men's and Women's programs, Bible College and Marriage Courses.

If you would like to learn more about faith in Christ and all of the benefits that come with that, you are welcome to be our guest at our Sunday morning services or visit one of our many Midweek Life Groups.

Our aim is to Encourage one another to be all we can be, in Life and in God.

If you would like to know more about faith in Jesus

Please contact Pastor Marilyn or our Church office Ph 5429 6327

and joy in life.

Encourage Church:

THE ANGLICAN **PARISH OF**



CHRIST CHURCH. **LANCEFIELD** AND ST. PAUL'S **ROMSEY**

Correspondent Doreen Morgan Parish Office: 5429 1380



Church Services

HOLY COMMUNION

9am ST. PAUL'S ROMSEY 10.30am CHRIST CHURCH LANCEFIELD

Minister: Rev. Judi Pollard Church Office: 5429 1380

THE WORK OF THE HOLY **SPIRIT** (2)...

To Convict The Believer of RIGHTEOUSNESS

work of Sanctification/Righteousness in the attend.

He now convicts of RIGHTEOUSNESS and AUGUST 2018 our need to grow into the likeness of Jesus, Who is the RIGHTEOUS ONE. Not only does Tuesday at Christ Church Lancefield. We have He show us the standard. He also imparts now completed Paul's 2nd letter to the God's gift of righteousness to us; enabling us Corinthians and the studies are now centred to 'put on' the righteousness of Christ that on the 8th Century B.C. Prophets, Nahum, comes from God through our faith in Him. Righteousness is absolute integrity, purity of join us and find out what these long-ago men

heart and sincerity, not being a self-satisfied of God have to say to us today. somebody, well-pleased with oneself.

In these dark times in which we are living, there is a longing in many hearts for a better MILLS OUTLET SHOP in DAYLESFORD. world. Why do we not turn to God asking Him Wednesday, 26th September 2018, 1pm-4pm. and wills so transforming us into the likeness Lancefield. of Jesus, Who came that we might have Life For Christ Church Lancefield Restoration 20 and that to the full.?

"My hope is built on nothing less, Than Jesus' blood and righteousness,

I dare not trust the sweetest frame, But wholly lean on Jesus' Name.

On Christ, the solid Rock I stand; All other ground is sinking sand.

E. MOTE.

In John's Gospel 16:5-15, we read the outline The month of July has passed quietly except of the work of the Holy Spirit in the world and for the going and coming of our clergy. We in the hearts of believers in Jesus Christ as farewelled Rev. Heather Vander Reest whose their Saviour and Lord. His work 'in the world' friendly ministry we have all appreciated and is to convict or make aware the world of on the 22nd, welcomed the Rev. Judi Pollard humanity's sinful state and their need of the to be our permanent Intentional Minister. Saviour. When we grasp this great truth, we She will be living in the Christ Church are "born again/anew" and our new life Vicarage, so it will be full of light and warmth begins. This is the only reference to the Holy again. A more formal welcome will be held Spirit's 'work in the world', then He begins His later on when Bishop Philip Huggins will

Our Bible studies continue at 10am each Habakkuk and Zephaniah. Come along and

Our leader is the Rev. Jeannie Woollard.

SEPTEMBER TRIP to CRESWICK WOOLLEN

to pour His Holy Spirit into our minds, hearts Car Pool leaves 11.30am from Christ Church

percent of sales to restoration.

Complimentary drinks and canapés!

RSVP 21st September Betty Dansey on 0427 209 698 or <u>bettydansey1@bigpond.com</u> Booking Essential.

We were all saddened by the very sudden death of our dear friend Jean Clement. Condolences have been extended to the Clement and Newell families.

Winter Prayer of Rest by John Birch

There is a winter in all of our lives, a chill and darkness that makes us yearn for days that have gone or put our hope in days yet to be.

Father God, you created seasons for a purpose.

SPRING is full of expectation, buds breaking, frosts abating and an awakening of creation before the first days of

Now the sun gives warmth and comfort to our lives reviving aching joints bringing colour, new life and crops to fruiting.

AUTUMN gives nature space to lean back, relax and enjoy the fruits of its labour, mellow colours in sky and landscape as the earth prepares to rest.

Then WINTER cold and bare as nature takes stock, rests, unwinds, sleeps until the time is

An endless cycle and yet a perfect model.

We need a winter in our lives, a time of rest, a time to stand still, a time to reacquaint ourselves with the faith in which we live.

It is only then that we can draw strength from the one in whom we are rooted; take time to grow and rise through the darkness into the warm glow of your **SPRINGTIME** to blossom and flourish, bring colour and vitality into this world your garden.

Thank you Father for the seasons of our lives.

© UCAF Network Magazine July 2018

Romsey Church Services & Activities during August 2018

Monday 6th, 13th, 20th, 27th. at 2pm 'Cuppa at Cookies' Church Council at Stracks 6pm.

5th Worship Service 9am.

8th 1.30pm. UCAF - sorting stamps for Sammy Stamp.

12th Worship Service & Holy Communion - Annette Buckley 9am.

19th 9am. Worship Service.

The Macedon Ranges Uniting Church Partnership Office

is at the Riddells Creek Uniting Church,

3 Sutherland Road, Riddells Creek. Phone: 5428 6920.

Ministers:

Rev. Deacon Wendy Elson 5427 2761 Rev. Peter Cannon 9746 3454 Pastor Annette Buckley 5429 5351

Partnership Email: macedon.ranges.partnership@hotmail.com Partnership Website: www.macedonrangesunitingchurch.org.au

Church News



The Uniting Church in Australia

Macedon Ranges Partnership

Romsey Congregation

25 Pohlman Street, Romsey. 3434 (P.O. Box 264)

Chairperson Mr. Noel Shaw 5429 5509

Secretary Mrs. Jenifer Clampit 5429 5480



Let the peace of Christ rule in your hearts and homes. Let the word of Christ dwell in you richly.

God comes to us, each and every one

God bless you every day.



WANTED - SECOND HAND BOOKS

ROMSEY-LANCEFIELD & DISTRICT AMBULANCE AUXILIARY

Our auxiliary is having a second-hand book sale on Saturday 8th September and we are looking for donations of good quality second hand novels and children's books

To arrange collection and for enquiries please contact:

Helen Richardson 0448208655

Wendy Gosden 0411493544



Romsey-Lancefield & District Ambulance Auxiliary

For further information contact: Helen Richardson 0448208655

Sport News

ROMSEY GOLF CLUB, MEN'S & WOMEN'S REPORTS



Romsey Golf Club Established 1921 Park Lane, Romsey PO Box 200 Romsey 3434 President 0417 088 891 Secretary 0400 768 040

www.romseygolfclub.net Mail@romseygolfclub.net

While renovation works are being carried out to the Golf & Bowls Clubrooms the Golf Club has relocated to the Romsey Tennis Club rooms. We would like to thank the tennis club for their support and also Elaine Scanlon (RGC Sec) and Kaitlyn Stevens (MRSC) for their efforts to organise this temporary accommodation. Our AGM was held in the Romsey Mechanics Institute Supper Room. What a great room for the community.

July has been a cold month with some good rain and the bottom dam is well over half full. The top dam has a long way to go. There has been some growth, but we still have many bare areas that have not recovered from the extended dry of Feb – June. Some good news, it looks as if our ongoing battle with paspalum may be coming to a close. Ongoing efforts by many RGC members seem to have finally killed this weed, at least on the fairways. We will hold off on celebrations until spring.

In 2017 RGC received a small grant from the MRSC to plant indigenous, flowering plants along the eastern border of Romsey Park. These plants were to provide food and habitat for the numerous small birds and insects that are returning to the Park. The bushes would also stabilise one side of the new drain that runs along 60% of that boundary. It is very pleasing to see that we have an over 85% strike rate with these plants. As they grow and flower they will provide colour across all 12 months of the year.

The course remains very wet with occasional "casual water". The bare patches on many fairways have made it almost impossible to cut the fairways, mud caking on rollers and blunting the blades, so "relief to a club length" has been in play for most of winter.

RGC Weekly Competition Results;

Sat June 16th - Stableford - Wet, freezing conditions - Chris vanDerVliet (23) 33 pts C/B from Anthony Lakey (22)

Wed June 20th - Stableford -Dry but very cold - Darlene Baker

Sat June 23rd – 4BBB Stroke – Dry, overcast and very cold – Kev Dunn/Hugh Drummond -88/22/62, from Rob Rea/Mal Mottram – 81/14.5/66.5, John Laing/Andrew Laing – 91/21.5/69.5 & Ron Walker/John Freestone – 91/21/70. NTPs; 1st – Andrew Laing, 15th – Mal Mottram

Wed June 27th - June Medal - Jenny Hartley - 98/24/74

Sat June 30th – June Medal – cold with odd spots of sunshine - John Freestone – 93/20/73. from Mal Mottram – 86/10/76. NTPs; 15th – Kev Dunn, 16th – Andrew Clement. Least Putts – Scott Williams - 24

Wed July 4th - Pinehurst - Cold and very windy - Darlene Baker/Jenny Hartley - 95/20.5/74.5

Sat July 7th – W. E. Tom Final – Freezing, drizzle and S/SE winds, Anthony Lakey (4)/John Freestone (2) **D** John Laing (5)/ Andrew Laing (0) – 2/1

Wed July 11th - Silver Spoon Play-off - Freezing morning, ice on some greens - Elaine Scanlon

Sat July 14th – Stroke – Very cold, sunny, winter's day. Rob Rea – 91/18/73 from Bruce Robb – 106/30/76. NTPs – To quote Monty Python – "Not a sausage!"

For more detailed reports please go to: http://www.romseygolfclub.net/results/2018

Avoid a frozen water meter this winter

If a frost is predicted, you can protect your meter by covering it with a container or blanket to keep warm air in and cold air out.

That way, you'll be sure to have water in the morning.

To find out more and see a how-to video, visit WesternWater.com.au







ROMSEY RED CROSS

Romsey Red Cross will be participating in **Romsey Whole Town Garage Sale on Saturday 8th September** at 20 Old Farm Way, Romsey.

Come along for a great bargain Household goods, electrical goods, children and adults clothes and lots of treasures.

All money raised will go directly to The Red Cross Overseas Support Program. This year we will be supporting Myanmar to help build resilient communities providing Bed Nets (to prevent mosquito bites), Gumboots (to prevent snake bites), plus clean water and disaster preparedness.

Also make sure you enjoy one of our delicious pancakes served hot on the day.



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Drop into your nearest branch at 20A High Street, Lancefield - 5429 1977 or 105 Main Street, Romsey - 5429 5526 to find out more.



bendigobank.com.au





Local Interest

Mount William Stone Axe Quarry

Mount William Stone Axe Quarry is an Aboriginal the surface of outcrops of boulders archaeological site located 10km northeast of were heated to break away pieces of rock. The Wurundjeri people would then shape the stone into a batchet

For thousands of years stone hatchets or tomahawks were an essential part of the Aboriginal toolkit in southeast Victoria. They were used for food gathering, construction, canoe building and the manufacture of shields, clubs and spears. Stone hatchets were necessary for survival with each Indigenous camp having at least one. Each Indigenous community would develop their own preferences for hatchets varying in style and particular stones. Mount William or Wil-im-ee Moor-ring, meaning 'axe-place' in the Woiwurrung language, was a location Aboriginal people would travel great distances for the greenstone hatchet

heads. They would often bring possums kin, cloaks and wooden spears to trade for the hatchets. This resulted in Mount William becoming one of the largest and most intensively-worked quarry sites in southeast Australia.



The scars of the quarrying can by seen at Mount William. There are hundreds of mining pits and mounds of waste rock surrounding the work station evident where the Traditional owners, the Wurundjeri, worked for a millennia.

The manufacturing process was complicated and hard work, requiring deep pits to be dug to reach unweathered stone or

the surface of outcrops of boulders were heated to break away pieces of rock. The Wurundjeri people would then shape the stone into a hatchet head using a large boulders as an anvil. The trades hatchet heads were then polished by their new owners to meet their personal requirements.

In the 1880s William Barak, the prominent Wurundjeri leader, spokesman and artist, described the traditional ownership and access conventions to ethnographer Alfred Howitt.



"There were places in which the whole tribe had a specialist interest. Such a place as the "stone quarry" at Mount William... When neighbouring tribes wanted stone for tomahawks they usually sent a messenger for Billibellary [the main custodian]. When they arrived they camped around about the place. Billibellary's father when he was alive, split up the stones and gave it away for presents such as rugs, weapons, ornaments, belts, necklaces."

This account clearly shows the importance of Mount William to Aboriginal people.

National Heritage listing of the Mount William Stone Quarry ensures this significant and important location is protected for all future generations.

Lomandra Estate Residents

The Romsey Rag, August and September editions, will be delivered to all residents in the estate.

The Romsey Rag is a local publication compiled by volunteer members for the Romsey community.

If you have some spare time and would like to join the committee, have a business or service you wish to advertise or want to provide general feedback, please contact us at:

email@theromseyrag.com.au



Keeping Your Chickens Happy Through Winter

Animal News

Every year more and more people are choosing to keep chickens.. Chicken's make fantastic pets and at this time of year it is important to take extra care.

Romsey can get particularly cold during the winter months with temperatures plummeting to just a few degrees. While we stay warm inside our homes, it is important to remember your chickens can and do feel the cold. There are a few warming foods you can give the girls to ensure they can weather the elements with ease.

As always fresh water is important and during winter chickens often do not get enough water because their water supply freezes without their owners knowing! Therefore checking the water supply daily to check it is not frozen and is clean and fresh is essential.

As the temperatures drop, chickens will tend to eat more feed, just like us as we consume more hearty meals to keep warm! It is important to keep this in mind as you may need to dish out a little more at dinner time. A few winter warmers that you can provide include:

- ♦ Warm porridge
- ♦ Cracked corn
- Warm Water
- ♦ Extra feed

It is also important to make sure your chicken coop provides protection from the weather by:

- Making sure drafts have been minimised.
- Providing plenty of clean, dry bedding to allow your girls

to snuggle into, to keep warm

- Making sure your chickens can roost as they naturally roost together, fluffing up their feathers to keep themselves snug.
- Protecting against frostbite by applying petroleum jelly to breeds with larger combs or wattles which are more susceptible during cold snaps.

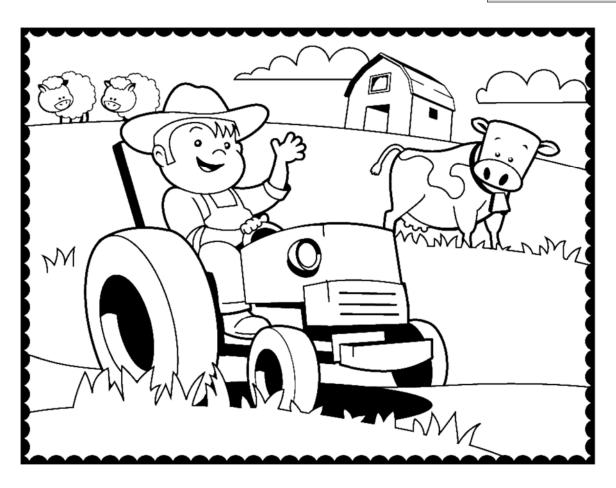
Following these steps should help to ensure your chickens remain happy and healthy through this time of year.

Please note, if you are thinking of keeping chickens, it is important to first check your land title for any covenants that apply to keeping animals on your land as well as council regulations before you set up a coop and purchase you flock. If you are unsure you can contact Macedon Ranges Shire Council on 5422 0333 or check their website for further details www.mrsc.vic.gov.au



Farm Colouring Picture

Children's Corner



COOKING WITH PETER RUSSELL-CLARKE



simmer and cook for 20 minutes. Take out and discard the bay leaves. Meanwhile grate the carrots and mix them with the chives, almonds, egg and breadcrumbs.

When the lentils are cooked, add them to the carrot mixture, mix well then form into 6 patties. Cook in a non-stick frying pan, or a pan just wet with a little olive oil, for 4 minutes each side.

Serve hot.

LENTIL PATTIES

These Lentil Patties are full of vitamins A, C and B as well as iron and potassium and more. I'd serve them with a dollop of yoghurt and chopped tomato with a herb mixed in, or something like that!

2 cups chicken stock;

- 1 cup red lentils;
- 2 bay leaves;
- 6 medium carrots;
- 1 tablespoon chopped chives;
- 2 tablespoons chopped almonds;
- 1 egg;
- 2 slices of wholemeal bread made into breadcrumbs.

Put the chicken stock, lentils and bay leaves into a saucepan, bring to the boil, pop on a lid, lower the heat to a



Beryl's Recipe Corner

<u>Vanilla Slices</u>

1pkt Sao Biscuits 600ml Cream

1 pkt Foster Clarke Instant Custard Mix.

Line slice tin with baking paper then line with Sao biscuits. (you may have to cut 2 biscuits in half).

Beat cream with custard mix quickly (Sets fast).

Spread over biscuits, smooth with knife.

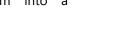
Top with more Sao biscuits.

Ice with vanilla icing (icing sugar and hot water)

Cut in half to serve.

Seasonal Foods

The following foods are currently in season and available from your local markets, try adding them into a favourite recipe.



Vegetables

- Broad Beans
- Beetroot
- Broccoli
- Brussel Sprouts
- Cabbage
- Carrots

- Cauliflower
- Celery
- Leeks
- Onions
- Parsnips
- Snow Peas

Fruits

- Apples
- Bananas
- Grapefruit
- Kiwifruit
- Pears
- Mandarins

Foods to Boost Your Memory and Brain

The following foods can help to boost your brain:.

Fatty Fish—Rich source of omega-3s and plays a role in sharpening memory, improving and protecting your brain against decline.

Blueberries—Packed with antioxidants which may delay brain aging and improve memory.

Turmeric—Contains curcumin which has anti-inflammatory and antioxidant benefits. Also reduces symptoms of depression and Alzheimer's disease.

Broccoli— Has powerful antioxidants and anti-inflammatory effects and includes vitamin K.

Pumpkin Seed— Rich in micronutrients important for brain function including copper, iron, magnesium and zinc.

Oranges—High in vitamin C that can help defend your brain against damage from free radicals.

Eggs—Source of several B vitamins and choline, which are important for proper brain function and development, as well as regulating mood.



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If you have a business or activity let us promote you. A story, poem, photo, business card or advertisement, we invite you to submit an article and help us make our Romsey Rag a better read for everyone.

Remember articles need to be in the 15th of the month prior to the Publication.

Contributions

Drop Off

Legible typed or handwritten items may be accepted by USB drive. Articles drop off points are the **Romsey Post Office** or the **Library** on or before the **15th of the month** prior to publication month.

Electronically Submitted Articles

Articles can be sent via e-mail to: email@theromseyrag.com.au

Via email, preferred text sent in **word documents** with no formatting, and logos and photos in **jpegs** please.

All material submitted for publication must be named and have contact details and how many months you require your article to run.

Views expressed are not necessarily those of the Editorial Committee.

All contributions remain the responsibility of the author.

Advertising and Membership Packages

Please note

Line ads: e.g.- For sale, births, deaths, marriages, engagements - \$15 **For invoicing** please include name & address details.

We have two types of membership packages, Not for profit Community x 2 and Business x 4.

Distribution:

The Rag is only available for **PICK UP ONLY!!!** from February 2018 FROM:

The Romsey Post Office, IGA, The Burnbrook Fields Butcher The HUB /Library & Caltex Servo

So DON'T forget to PICK UP a COPY

and stay tuned
for the community, by the community and
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Please note advertising rates are currently under review for 2019. We can offer packages up to and including December until the new rates commence in January 2019. In the long term packages will be offered on a financial year;

	One Off Ad	3 months	4 months	11 months
Public Notices	\$15			
Business card	\$35.00	\$105.50	\$140.00	N/A
Quarter page	\$65.00	\$195.00	\$260.00	N/A
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This is a great social media outlet for announcements of your forthcoming local event

INTRODUCTION TO MUSCLE ALIGNMENT

Saturday 25th August 1:00pm - 3:00pm @ Romsey Hub YOUR BACK ACHING? YOUR NECK SORE?

CAN'T PLAY YOUR SPORT ANYMORE? TRIED PHYSIOS, CHIROS, MASSEURS? NOTHING'S WORKED? Sick of paying out for no result?

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Often it's just muscles out of place pinching nerves that are causing pain If so,

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With his unique method of muscle manipulation: he can release pinched nerves all over the body – in one treatment! It's just like putting a rope back into a pulley - simple.

> Dennis Lillee said " I feel 20 years younger"

So what have you got to lose?

PETER Horsfield calls himself

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Mr Horsfield is a trained masseur, but uses a technique he has found to be more effective for his clients. "What I do is unique - I align muscles and free pinched nerves all over the body," he said. "It's like putting a rope back into a pulley."

There are many thoughts on how to help ease back pain & there is no end to the advice. Peter Horsfield, the Muscle Man, has treated thousands of people over the years who were still suffering after trying traditional methods of treating pain. Peter's methods are based on the belief that the cause of pain stems from the misalignment of muscles, tendons & ligaments.





In other words it's the muscles out of place & pinching nerves that can cause the pain. With his unique method of muscle manipulation Peter can release pinched nerves all over the body and it just takes one treatment.

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