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ROMSEY STREETSCAPE PROJECT JUNE 2016 UPDATE

- RRBATA has met again with senior Macedon Ranges Shire Council officers to progress planning and funding application process.
- MRSC has provided \$100,000 in its draft budget to support application for a Regional Development Victoria grant for the community initiated Romsey Streetscape Project.
- Main Street plantings have commenced (note: the lovely crepe myrtles) as part of the Main Street Trees and Gardens working group initiative).
- Lighting and Roads working group continuing to work on feature street lamp design.
- Five Mile Creek working group involved in concept plan development for this precinct.
- Community Forum No. 3 to be held on Wednesday 20th July 2016 at 7pm (Romsey Community Hub) where concept plans will be presented.
- Romsey Streetscape Project Concept Plan information morning to be held outside Romsey IGA on Saturday 23rd July 2016.

Further information:

Jenny Stillman On behalf of RRBATA Committee of Management (COM)

Ph. 0412 349849 Email:

jennystillman@optusnet.com.au

Romsev Streetscape Project Undate June 2016

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THE ROMSEY RAG

Issue No. 344

2070 copies produced each month at Romsey Primary School as a service to our community and proudly supported by the Macedon Ranges Shire Council

June 2016

THE MAY EDITION OF THE ROMSEY RAG IS PROUDLY BROUGHT TO YOU BY ROMSEY COLLISION CENTRE



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The closing date for copy for the July 2016 edition of the Rag is June 15th 2016.

We cannot guarantee inclusion of copy received after this date.

Please email your copy to the Romsey Rag email address: romseyrag@romseyps.vic.edu.au We require submissions to be in Word document format, and for graphics to be in Joeg format. Please ensure that you have permission to use photographs of people depicted in your article.

THE ROMSEY RAG IS PROUDLY PRODUCED AT ROMSEY PRIMARY SCHOOL AS A COMMUNITY SERVICE

Editorially Speaking

Romsey Rag Editorial Committee: Loren Peavey, Robyn Moore

Layout and Design:

Robyn Moore, Gillian Gorrie

Printing: Sarah White

Accounts

Bernie Carter / Robyn Moore

Advertising /Sponsorship: Romsey Primary School 5429 5099

Collation Team Co-ordinator: Joan Sparkes—5429 5848

Contributions:

Articles should be left at the Romsey Post Office (fax 5429 5134) or Romsey Primary School by 12 noon on the 15th of the month.

We prefer articles to be submitted electronically or on disc. Legible typed or handwritten items may be accepted. All material submitted for publication must be named and have contact

Articles can be sent via e-mail to: romseyrag@romseyps.vic.edu.au

Please ensure that any text is sent as word documents and logos / photos are sent as .jpg files.

Views expressed are not necessarily those of the Editorial Committee. All contributions remain the responsibility of the author.

Advertising:

Rates are GST inclusive. Front page sponsorship: \$150 Business card: \$30 per issue \$240 per year in Business Directory Quarter page: \$60 per issue Half page: \$110 per issue Full page: \$200 per issue Line ads: e.g.- For sale, births, deaths, marriages, engagements - \$15 For invoicing please include name & address details.

Cheques must be made payable to Romsey Primary School Station Street, ROMSEY 3434

Distribution:

2070 copies delivered to the Romsey community at the commencement of each month.



Ranges Shire Council -Generous supporters of the Romsey

Romsey Rag Publication Deadlines 2016

Edition	Closing Date for Copy	Collating Date
July 2016	Wednesday June 15th	Thursday June 23rd
August 2016	Friday July 15th	Thursday July 28th
September 2016	Monday August 15th	Thursday August 25th
October 2016	Thursday September 15th	Thursday September 29th
November 2016	Saturday October 15th	Thursday October 27th
December 2016	Tuesday November 15th	Thursday November 24th

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Romsey Region Business and Tourism Association (RRBATA) **UPDATE**

Light Up The Sky 2016 - CFA Tug of War Cup

Light Up The Sky 2016, to be held on Saturday 4th June 2016 from 6pm at the Romsey Lions Reserve (Skate Park), will feature the inaugural CFA Tug of War Cup. The sport of Tug of War will be demonstrated in all of its glory, as teams from regional CFA units battle it out for the trophy. A spectacular fireworks display will conclude the evening. Games, food, community stalls and musical entertainment will feature. RRBATA wishes to acknowledge the Romsey Community Bank branch of the Bendigo Bank as being a major sponsor of the fireworks display. For further queries, con-

tact Jenny Stillman jennystillman@optusnet.com.au Ph. 0412 349849.



Romsev Streetscape Project Community Forum

Concept plans and drawings for the Romsey Streetscape Project are currently being prepared in partnership between RRBATA and Macedon Ranges Shire Council. These, along with a comprehensive update, will be presented at Community Forum No. 3 to be held on Wednesday 20th July 2016 at the Romsey Com-

munity Hub commencing at 7pm. An additional opportunity will be available to peruse plans and chat with Romsey Streetscape working group members on the morning of Saturday 23rd July outside the Romsey IGA. See the Romsey Streetscape Project Update elsewhere in this edition of the Rag.

Town Entry Feature Competition

Submissions have now closed and those received will be considered in collaboration with other stakeholders (MRSC, Vic Roads, Powercor etc) over the next 4 weeks. RRBATA has been delighted with the innovative designs and concept ideas submitted.

Christmas in Romsey 2016



Whilst it is probably too early to be thinking of Christmas just yet, Christmas in Romsey this year will feature the following, organised by the Arts Culture and Events working group (Romsey Streetscape Project):



- Shop front Christmas Decoration competition
 - Home Christmas Decoration Competition
- Carols By Candlelight Saturday 10th December 2016 SAVE THE DATE!
- Main Street Christmas Installations WATCH THIS SPACE!

Watch out for more information to come in forthcoming Romsey Rags, Romsey Online and Facebook.

Romsey Online

Don't forget, ANYONE CAN BE A REPORTER! Whether it is sporting results, photos, reports on events etc, the website is waiting for your "news". Please ensure a note of consent from people feain any photographs accompanies your submissions. Remember, the website is only as good as the mation fed to it at info@romsey.org.au.



Sharyn Ede (Secretary) Membership Enquiries:

Phone: 0403 429161 Follow RRBATA

Front Page Advertising:

Bookings for the remainder of the year for the front page of the Rag are still available. If you want to take this opportunity please contact Robyn Moore on 5429 5099 during school hours.

Mayor of Macedon Ranges Shire goes solar with MASH

Cr. Graham Hackett, Mayor of Macedon Ranges, has just had a solar system installed on his home in Riddells Creek with the MASH community solar bulk-buy.

"I bought a 2Kw system about eight years ago which cost around \$20,000", says Graham. "Our new MASH system cost just over \$7,000 for 5Kw and features top quality European inverter and high performance panels. It is amazing how far solar prices have dropped and how the quality has improved."

"Our electricity bills are around \$3,200 annually. With the MASH installation, they are estimated to reduce by around \$1,450 each year. That's a payback of about 5 years, a decent return I reckon."

"Our bills are high because we use electricity to power pretty much everything in our home and on the farm, apart from the cooker hot plate which is on bottled gas. Electricity also runs the fridges, freezers, water pumps, plus all our welding equipment and workshop tools.

"Another reason was because the original 2kw system may not have been designed properly as it did not take into account that we ran on two phase power – not single phase as the original inverters were designed for. This meant that the panels didn't power the home properly or maximise the benefit of the high 68c feed-in-tariff.

"I'm delighted that the MASH people worked out that this was a problem and installed our new system to maximize output for 2-phase supply. It just goes to show how important good, professionally designed arrays are!

"Our system is designed to allow battery storage, for when the prices come down and no more high feed-in-tariff is available. It would be nice in time to be self-sufficient and with the produced excess power, to be able to store it rather than export it back to the grid for less than it costs to buy".

"Overall, I am really pleased we chose to go with MASH. We now have a system that's designed for 2-phase power supply and can see how much CO2 we are saving from going to atmosphere each day.

"It really is amazing to watch how much electricity is produced by the panels and how self sufficient we have become in just a few months. We are now well positioned to install battery technology, reducing our dependence on main stream supply and ever increasing costs, in the near future."

MASH is a successful community solar bulk-buy project which is organised by the not-for-profit Hub Foundation in Castlemaine. Since September 2014, over 460 homes in Central Victoria have chosen to install a solar rooftop with MASH. The third round of MASH – MASH3 – will launch in July 2016. For more details and to express your interest visit www.mash.org.au



A nice array. From left: Cr. Graham Hackett, Jo Kaptein, The Hub Foundation and Luke Walford, Green Lec Electrical

Romsey Rag Needs Your Help!
We need extra helpers for our collating days each month and we need another person to help with printing the Rag each month.
If you would like to become involved in the production of this community newspaper please call 5429 5099.

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Romsey Primary School News

Mothers' Day

We hope all of the mothers in the community had a wonderful Mother's Day. The mothers

at Romsey Primary were so lucky to be treated to a magnificent afternoon tea in the Performing Arts Centre. The Parent Club decorated the room and provided the guests with the most delicious savoury and sweet canapés. The children entertained the crowd with musical performances on the piano, violin and guitar and the choir also sang. Well done to the Parents Club.



Rag Reporters

Starting next Romsey Rag the Year 5/6 children will become Romsey Rag journalists and photographers who will report to the community on the events at our school. We are looking forward to the children having a real audience to write for. Knowing that your work has an authentic purpose such as informing others is a powerful learning tool and motivator. We hope the readers enjoy the students' contributions.

Walkathon

The children raised approximately \$6500 with our walkathon which was held on the Thursday April 28. The children participated by completing as many laps of the oval as they could in a 1 hour period. We are very proud of the children in their fundraising efforts.

Subzero Visit

The Prep – 4 were treated to a special visit from Subzero the 1992 Melbourne Cup winner. He is a very friendly horse who loved all of the attention he received from the children.



Aquarium Visit

The Prep children visited the Melbourne Aquarium on Thursday May 12, it was their first excursion and they were all extremely excited as they stepped onto the bus bound for Melbourne. On page ... they have reported on their day. There were some very tired children when they arrived back at school full of amazing stories about the sharks, seals and penguins



which they had encountered. Such joy in learning was wonderful to see.

Parent Forums

We have been conducting forums with our parents as the school prepares for its School Review. The forums have seen a number of parents interview their children and share their children's responses to the following questions.

- When you think about school what is it that jumps into your head?
- Why do you think it is important for children to go to school?
- How is learning at school different to learning at home for you?

It has been very interesting to hear the children's answers and to work with the parents around what they want for their children as young leaners at Romsey Primary School. Over the next few months we will be working with the children, teachers and community as well, as we establish the next stages of development for the school.



Loren Peavey
Principal



Coffee shop Conversations

Our word for this year is Participation and we are up to T. Mmmm what could it be? Trust, Truth, Tolerance. I find all these words so relevant in the context of Participation.

As you TRUST in yourself and live in your TRUTH you can have more TOLERANCE in your world and allow your self to be free. And how empowering would that be in the combination of these three words.

I have chosen Tolerance

The definition of the word Tolerance is having the capacity for or practice of recognising and respecting the beliefs and practices of others, the willingness to tolerate the existence of opinions or behaviour that one dislikes or disagrees with.

But does that mean that all behaviours haven to be accepted? Of course

Behaivours that disrespect or hurt others, like being mean, bullying or behaviours that break social rules like stealing should not be tolerated. Tolerance is about accepting people or situations for who and what they are, not about accepting bad behaviour.

Its about treating others the way you would like to be treated! Respect an others view of their world and communicate. You cannot judge a book by its cover. What is their reality? Value the uniqueness of those around you What would the world be like if we were all the same?

For those who have strong self esteem ,value and respect themselves, it is more likely that they will treat others with respect to.

If you are have any questions or you need some help about this please give me a call on 0409801082 or check out my Face book page or my web site www.lifecirclessolutions.com

I WILL BE HOLDING SOME FREE SEMINARS THROUGHOUT THE YEAR PLEASE FEEL WELCOME TO COME ALONG.

Have a great month Kind regards Gillian and Be Empowered to live the life you deserve!!!

LOTS OF FUN ACTIVITIES AT THE ROMSEY LIBRARY

Through out the winter school holidays MISTER ANTS PERFORMANCE: HEAD FOR THE CLOUDS

Wonderful comic and mime artist Anthony Verity presents an interactive show full of slapstick comedy, mime and musical theatre guaranteed to delight. Ages 4-8yrs.

MON 4 JUL. 11AM-12PM LEGO CHALLENGE

Calling all Lego fans! Come see what you can create with the library's fabulous Lego collection. Participate in our challenges for the chance to have your creation on display.

Ages 5-12yrs.

MON 27 JUN-FRI 8 JUL LET IT GO!

Calling all 'Frozen' fans! Come along to our fabulous Frozen sing-a-long with talented musician Min Miles (Princess Anna). Wear your Frozen gear or winter themed costume for our Frozen fancy dress parade. Sparkling fun assured. All ages.

WED 29 JUN, 2-3PM WEPUBLISH FOR KIDS

Use the fabulous WePublish app on the library iPads to create a book. Let your imagination run free or focus on your favourite footy team or player.

Take your book home and leave a copy for the library. Ages 8-

THU 7 JUL. 10.30-11.30AM

Bookings are essential for all activities Visit our website www.ncgrl.vic.gov.au/events

choose your event and follow the link to Eventbrite. Or call us



Three days to play!

Open sessions Tuesday, Wednesday and Thursday 9.30am - 11.30am kids from birth to kindergarden welcome

Junior sessions Thursday afternoons contact us for details kids from birth to 18 months welcome

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Romsey & Lancefield Districts Historical Society Inc.



P.O. Box 101 LANCEFIELD 3435

Barton (Seymour) Cottage c. 1855 20 Palmer Street Romsey (P.O. Box 22 Riddell's Creek 3431)

(Palmer Street - look for the blue Heritage Plaque on the gatepost on the left; open on the last Sunday of the month, from 11-2. Barton (Seymour) Cottage is a heritage listed dwelling built around 1855.)

The Friends of the Cottage are looking forward to welcoming visitors again to the Cottage on May 29th and June 26th - the last Sunday of each month throughout 2016.

Another lovely open day in April; the weather has been very pleasant for all our open days this year and even on the hottest days the cottage is pleasantly cool within and we welcome our visitors with tea/coffee and a homemade slice. It will soon be time to light the fires though, to welcome our visitors to a warm and cosy cottage - and the soup is always ready. 'Do-your-own toast' then becomes a nostalgic treat for some, though a new and novel experience for others. 'Barton' (Seymour) really is an excellent example of the sustainable building ideas of the 19th century.

The Cottage grounds are beginning to green up after the prolonged dry and the Arums and Hellebores are well up. A couple of late roses are blooming now (mid May as I write) and these old -fashioned beauties have a charm and delicacy not usually found in more modern roses. We are looking forward to the day when the cottage grounds are back to the condition of the 1980's ... we'll get there! At our last open day we had a couple of offers to help with the grounds (and also an offer to help with the special oven) and it is always a delight to find folk willing to help.

In regards to the Masterplan, we remain very grateful to the Macedon Shire for their continued support and encouragement. We attended an excellent Shire sponsored

'Governance' evening; I picked some great ideas for an open and friendly 'Friends' group, where we don't wear out our volunteers! And we are excited to be encouraged, again by the Shire, to attend a workshop "Managing Small Collections. We'll get some great tips from that one, too.

So – we look forward to seeing you on the last Sunday of the month. AND don't forget that Greg (Longinus Rare Plants) brings an excellent selection of rare plants to each of our open days. It is a good chance to unusual plants that are grown and therefore acclimatised for local conditions. Greg is also excellent at identifying plants, so feel free to bring along any such mysteries to test his skills.

Warm regards.

Ruth (0415 256 911) on behalf of the Cottage Friends

BARTON (SEYMOUR) COTTAGE IS A DIVISION OF ROMSEY-LANCEFIELD HIS-TORICAL SOCIETY









The Romsey Uniting Church Adult Fellowship

Invites you to join us for our Annual Winter Luncheon "Come and enjoy food and fellowship"

Our speaker this year will be **Marcia Harkins** Representing Kildonan UnitingCare -and the Horses for Hope program

What Time: 11.15am 11.45am lunch Wednesday 8th June, 2016 When: Where: Romsey Uniting Church

Pohlman Street Romsey

Cost: \$12.50 Trading Table and Door Prize.

RSVP.By 30th May, 2016 Hazel Allen 5429 5395 Jeni Clampit 5429 5480 Or mail to P.O. Box 264, Romsey. 3434



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For enquiries please contact

0402 608 193 / 0499 333



DEEP CREEK LANDCARE GROUP

Covering Lancefield - Romsey and Monegeeta Districts Next Meeting Monday June 20th Working Bee - Sunday June 5th

Trees Available

We now have trees available for sale to members and non members. Get in early for Autumn planting!!

Species available include River Bottlebrush, Swamp gum,

Bushy Needlewood and Woolly Tea Tree.

Contact Secretary for more details.

National Tree Day Sunday 31st July 2016. School's National Tree Day Friday 29th July.

Myna birds: 83 birds were trapped in Lancefield area for April.

Traps are still available

Lancefield: Pat Danko: pdanko1@bigpond.com Romsey: Cathy Phelps: cathy.phelps@bigpond.com

Missed the RHD Boost and Rabbit control information

sessions? If you missed the recent RHD Boost and Rabbit kenallender@bigpond .com

control information sessions you can still access information on RHD Boost at the Agriculture Victoria website: http://agriculture.vic.gov.au/agriculture/pests-diseases-andweeds/pest-animals/invasive-animal-management/ established-invasive-animals/rhd-boost: More information on rabbits and their control is available at the Pest Smart website:http://www.pestsmart.org.au/pest-animal-species/ european-rabbit/

Why control rabbits. 4 main reasons

Economic: rabbits are prodigious eaters that destroy pastures and crops as well as spread weeds.

Environmental: rabbits out compete native fauna for habitat and food and as rabbits graze selectively reduce species

Social: rabbits don't use boundaries so they are everyone's

Legal: There is a legal obligation under The Catchment and Land Protection Act for a landowner to control rabbits. Failure to do so may result in significant fines.

Ken Allender Hon Secretary Deep Creek Landcare 0404 88 65 80

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THE ANGLICAN PARISH OF **CHRIST CHURCH, LANCEFIELD** AND ST. PAUL'S ROMSEY



Since November 2015 when we commenced the Church's New Year with its message of preparation for our Lord's Second Coming and the remembrance of His First Coming ing the winter months. as the Babe born in Bethlehem, then His Baptism by the Holy Spirit for His life of ministry and service,

Crucifixion, Death, Burial, Resurrection, Ascension to the Glory of Heaven until His coming again, we have fellowshipped with Him through these great events of His

Now He reigns in the glory of Heaven with His Father and Our Father and where He prays for us that we might, as we live out our lives here on earth, may in our minds and spirits live with Him in that heavenly realm.

St. Paul in Colossians 3:2-3 tells us to - "Set your minds on things above, not on earthly things, for you (Self) died and your life now is hidden with Christ in God.

When Christ, who is your life appears, then you also will appear with Him in glory." Today we rejoiced in the coming of the Holy Spirit, the third Person of the Holy Trinity Who gives us the desire and the power to live out this Risen Life while still earthbound.

Next Sunday, TRINITY SUNDAY, we ponder the mystery of the Godhead, Three Persons and One God, Father, Son and Holy Spirit. This begins the second half of the Christian Year as we concentrate on our own growth, work and witness to our Savior and Lord, Jesus Christ. "The Head that once was crowned with thorns, Is crowned with glory now: A royal diadem adorns the Mighty VICTOR's brow." T.Kelly.

May '16 has passed all too quickly, marked by the sudden death of Lorna Turner, née Carroll, loved friend to many and member of our Church and community, having lived here for nearly all the ninety years of her life.

A.M.S. Members enjoyed their Snooker Night and the warm hospitality at the home of Mrs. Marj. Davis. The HEALING SERVICE is now at the earlier time, 5PM, dur-

JUNE 2016 - DIARY.

Sat.4th June.9am.PARISH STREET STALL - Outside I.G.A. ROMSEY

Cakes, preserves, jams and many more items of value. Eng. Glenice 5429-6418.

Thurs.9th June.7.30pm. A.M.S. (Men's Group) meets Lancefield Church Hall.

Speaker: Mr Barry Hunt - "Reminiscences of the Lancefield That Was."

An open invitation is extended to all interested to attend. Eng. Tom 5429-6060.

Sun. 19th June 5PM. HEALING SERVICE.

Christ Church Lancefield.

Rev Bill Carroll

COMING UP - TONY'S PIES on the menu again for the wintery months ahead!

GOOD FRIDAY 2017- HOLY DAY or AFL 'FUN' & BETTING DAY?

Our Regional ,Bishop Philip Huggins urges us to express our opposition to the AFL CEO. Mr. G MacLachan GPO Box 49 , Melbourne 3001

& Local Member Mrs. Mary Anne Thomas MLA.

Sunday worship times

9am Holy Communion. ST.PAUL'ROMSEY. 10.30am.CHRIST CHURCH LANCEFIELD.. Minister..Rev.Bill Carroll. Office 5429-1380.Mob.0427-918-607.

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Advertising Notice

We recently advised advertisers that the cost of advertising in the Romsey Rag would increase from the July 2016 edition. Advertising rates have not changed for over 6 years, and obviously the costs of producing the Rag have increased significantly in that time.

The new costs effective in July are: Business card: \$35 per edition 1/4 page: \$65 per edition 1/2 page: \$120 per edition \$220 per edition Full page:

Trade directory (11 editions—business card)\$265 per

Line ad (eg. For sale) \$15 per edition

We thank all advertisers who pay their accounts promptly, but unfortunately there are some who do no pay and have significant outstanding amounts.

We do request that invoices are paid within 30 days, and we also request that advertisers supply a business address (not an email address) for invoicing purposes. Requests for advertising from businesses and others who have outstanding invoices for more than 2 months will be refused until all accounts are paid.

Romsey water supplemented with Melbourne supply

Romsey residents may start receiving a small amount of drinking water from Melbourne this month, as Western Water plans to top up the local supply system. The majority of the town's drinking water will still come from local water storage Kerrie Reservoir, which is now around 45 per cent full. This supply system is connected to the wider Macedon Ranges network, which is usually supplied by Gisborne's Rosslynne Reservoir, but is also connected to the Melbourne water grid. This allows Western Water to top up water supplies during times of drought or high water use such as hot summers or during fires.

The Macedon Ranges supply network is being switched to the Melbourne supply this month, as Rosslynne has dropped to around 16 per cent of capacity. This means some water from the Melbourne supply system may enter the Romsey supply. All drinking water supplied by Western Water is treated to meet the Australian Drinking Water Guidelines and is safe and healthy to drink. Bureau of Meteorology figures show rainfall for the past six months has been very much below average for the region.

Summer 2015-16 was Victoria's third hottest on record, and autumn has also been warmer than average. Western Water will continue to monitor reservoir levels and water usage

ROMSEY & LANCEFIELD SOCIAL CLUB

Inviting men and women 55 to 105 who are retired, lonely and helpful.

We meet **Every Monday** in the back rooms of the Romsey Mechanics Hall from 11am to 3pm for lunch and afternoon tea. Hot soup, rolls, nibbles and biscuits and cake. Cost \$5.

Some groups play cards, others sit and chat or play indoor bowls.

For those who don't drive, we have a council bus that will pick you up and drop you off in the afternoon.

Once a month we have professional cooks who come in and give us a 2 course lunch. This meal is \$10.

We also have a **Bus Trip** to some very interesting places on the first Wednesday of the month with a 2 course meal and morning tea. Trips are \$40 which includes your lunch.

For more information please contact: Rae Hooke 54291602

E. Parks 54291314







LIGHT UP THE SKY

Saturday 4th June, 2016 from 6 pm

Lions Reserve (Skate Park, Romsey)

CFA Tug Of War Cup

BRING A CHAIR OR PICNIC RUG

GRAND FINALE FIREWORKS

Further information: Jenny Stillman Ph. 0412 349849





Romsey Golf Club – Men's Report

http://romseygolfclub.net

Saturday May 14th - 4BBB Stroke

As the field assembled there were some clarifying questions as to exactly how 4BBB Stroke was scored however things were quickly sorted out and everyone took to the course. The strong northerly wind caused problems for all and the soft fairways saw the odd spot of mud on the ball but no relief was given so players just had to just "tough it out". Many pairs were able to pick up a birdie here and there before the wind pushed a ball into the rough or a branch leaving very difficult shots to save par. During thr round the sun shone through but the wind grew quite inconsistent and more challenging for all. As the groups finished it became clear that there were some good scores on the board and the clubhouse leaders had a very nervous wait until the final groups came in. On a windy day the results were;

Winners; Dean Jones/Andrew Laing - 75/10/65 from Andrew Evans/Darren Newnham - 77/11/66, Les Gaunt/Keith Hocking - 83/15.5/67.5, Hugh Drummond/Mick Nicholls Snr - 89/21.5/67.5, Tony Freeman/Michael McCarton - 88/19.5/68.5 and Jack Evans/Peter Evans - 94/25.5/68.5

NTPs; 1st - Sherif Abdel-Sayed, 15th - Sherif Abdel-Sayed

Saturday May 7th - Stableford

What a stunning mid autumn day, clear skies, the merest breath of a southerly breeze and a clear sunny sky, what golfer could ask for more? The wind damage of last weekend had been almost cleared leaving only the largest logs to be cut up and dragged to the pile. Despite the light scarifying of some greens earlier in the week the greens were fast and true. The cooler weather and some good rain over the last week resulted in in very green and very soft fairways, again the run of just a month ago had vanished and everyone lost distance off the tee. It was a day of ups and downs with some players scoring in single figures on the front nine before coming home strongly on the back nine. With Royal Romsey is back to her toughest the round ended as a battle of three. On a magnificent day for golf the results were;

Winner; John Laing (28) - 34 pts C/B from Les Gaunt (5) and John Moody (13)

NTPs; 1st - Les Gaunt, 15th - Andrew Laing & 16th - Michael McCarten

Sunday May 1st - Pennant Rd 5 - Romsey

The day began with a violent storm that took out the power and brought trees down across the town and the park. A spot of cleaning up, thanks Wilco, recognition that 25mm+ of rain meant "relief to a club length through the green" and all branches etc brought down by the wind were to be treated a "Green Keeper's Waste" and the competition was away. Soon enough a westerly wind blew up then heavy drizzle fell. The wind and drizzle kept up for about 40 minutes then all cleared up and the afternoon improved markedly. The Mount boys seemed quite used to these conditions and made the best of them to record a clean sweep.

Mt Macedon Vs Trentham - Mt Macedon 7/0

Mt Macedon will now play Woodend in the final on Sun May 11th

Saturday April 30th - Pennant Rd 5 - Trentham

With just four teams in this section there looked to be six rounds needed however the 5th could decide the eventual finalists. Mt Macedon (16 wins) were just about in with the other spot being between Woodend (15.5 wins) and Romsey (12 wins). Trentham G. C. was again in top nick, their greens were especially good. Woodend showed us just why they are really pushing favourites Mt Macedon. Good win to Michael McCarten with John Freestone, Steve Wilkins and Mal Mottram halving their matches.

Romsey Vs Woodend Woodend 4.5/2.5

Saturday April 30th - Monthly Medal - Stroke & Putts

After a warm, sunny week and 10+mm of rain falling on Friday there was good growth across the whole course. The softer fairways saw a "lift, clean & replace" ruling so that golfers did not have to contend with mud on the ball. Early in the round a strong wind blew up, initially from the west but then moving to the north-west and back and forth through the afternoon. The wind and the softer fairways saw many drives short or well off line leaving longer or very difficult approach shots. The greens have continued their improvement however a light detatching earlier in the week saw them a little slower than usual and for the first few holes a number of players found themselves well short of the cup. The strong winds and the softer course made it difficult to "get up and down in regulation", on another very challenging day when everyone found it difficult to post a good score it was up to one of the club's veterans to lead the way.

Winner and April Medalist; Les Gaunt - 78/6/72 NTPs; 1st - Anthony Freeman, 15th - Les Gaunt

Least Putts; Anthony Lakey - 26

2016 Australian Amputees Golf Championships - Sandhurst Golf Club.

There were 27 Amputee competitors; three women, one from S.A, one from NSW (the eventual Female Winner) and me, Denise, from Vic. The field was mostly leg amputees, three men were bilateral - both legs missing. While the course was in top condition, a far cry from the parched country clubs many of us came from regretfully, the course and carts made it difficult for the amputees. Bunkering was very heavy, but, worse than that, were the carts. They had been computerised to such an extent that, as soon as a front wheel left fairway, the cursed thing would stop. That was followed by having very large entrances to all greens (an area where the carts were not allowed to travel) many of the players found it physically impossible to walk all the way up to the greens. So, alas, not a very encouraging write up. At least the other competitors' friendliness made up for it. In fact, one was was featured in the Herald Sun, not for his golf though, for being a returned ANZAC, from recent conflict in Afghanistan where he lost his leg. I have been proud to know him for at over three years. Denise O'Meara - Member RGC

Sunday April 24th - Pennant Rd 4 - Trentham

What a stunning day for golf; temperature in the low 20s, clear, blue skies, virtually no wind and Trentham in 1st class condition. We were up against Mt Macedon while top team Woodend took on bottom team Trentham, however Trentham at home are always tough. A win would put us back in contention for the final. Sadly another close one but not our way. Good wins to Dave Muller - 4/2, Rob Rea - 2/1 and Mick Nicholls Snr - 6/5.

Romsey Vs Mt Macedon 4/3 Mt Macedon Woodend Vs Trentham 4.5/2.5 Trentham

Saturday April 23rd - Stableford

With around 13 mm of rain falling on Thursday evening and Friday morning the course was soft and the greens and surrounds were quite wet. No-one was going to bounce up onto a green this week. Light drizzle was falling as the field teed off, this soon lifted and was replaced a strong wind blowing from the south and then moving to the south-west. The wind, and the rain affected fairways, saw many players well short off the tee leaving far longer approach shots than usual, however everyone could fire directly at the flag safe in the knowledge that the greens would hold. Recent repair works to the 5th green saw one section taped off with drop zones equidistant from the cup, apart from this all greens putted very true. It again great to welcome back another long term ex-member, Gary Watts. Gary was down for the weekend from Sydney and his observations of the many changes to the course were much appreciated. Won the meat tray as well! On a very windy day the results were:

Winner; Gary Watts (13) - 41 pts from Pat Chisholm (10) - 40 pts and Les gaunt (6) - 37 pts

NTPs; 15th - Gary Watts



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If you have a function coming up please consider the RMI. Bookings and inquiries can be made at; rmibookings@gmail.com

The extremely heavy rain of May 9th gave our recent roofing, spouting and dowmpipe works a real test and it is great to say that the works held up extremely well. We did discover a few more loose sheets of iron but these were easily screwed down

The long saga of our Development Plan process is now approaching its end. The CoM has spent many hours reviewing just where the RMi is, socially and physically, and looking to the future to see just what new options might exist for the hall and what our community may need in the future. We have now finalised a "Brief" for the preparation of an official Development Plan. This was advertised for tender in The Age of Saturday May 21th.

The "Brief" describes exactly what we, the CoM, are looking from from the consultants who apply for the job. The successful consultant will meet with the CoM, representatives from the Shire, DELWP and the user groups. There will also be wider community consultation so that the town has a chance to air its ideas. We expect the process to take ~12 weeks with the final document in our hands by November. Once we have this document it will used to apply for larger grants for works to the interior of the whole building.

The Committee would like to thank the CWA for their very generous donation of a microwave oven. Our old microwave was on its last legs and this one fits in very well with the other new appliances in the RMI kitchen.

Cowboys and Angels have once again competed in the annual Australian Line Dance Awards (The Mayworth Cup) at Tamworth. This talented group of dancers has won the Australian title for the last four years and despite other groups pouring over videos of recent competitions in an effort to gain some advantage Cowboys and Angles again came home with some excellent results; 22 Firsts, eight Seconds and nine Thirds. They also took out the Teams' Championship. A very happy little troupe.

If you are planning something, a birthday, an anniversary, an engagement or any other function please consider the RMI. Bookings and inquiries can be made at; **rmibookings@gmail.com**. We are very happy to discuss your function, show you through the hall or supper room and explain the hire process.

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Owing to lack of space, we cannot accept large furniture.

Macedon Ranges Tourism gets a boost with new website

The Macedon Ranges is showcased as a premier tourist destination with the launch of its new-look tourism website. The website, developed in conjunction with Tourism Macedon Ranges and Macedon Ranges Shire Council, is set to encourage more visitors to the Macedon Ranges.



"We have worked hard to develop a world-class, user-friendly website that captures the charm and feel of the Macedon Ranges," says Helen Relph, Chair of Tourism Macedon Ranges.

Tourism operators and related businesses are being urged to support the new website by registering and advertising their businesses on there.

"The previous <u>www.visitmacedonranges.com</u> website would receive over 30,000 visitors a month. We expect that to increase dramatically with this new, optimised site," says Ms Relph. "In turn, of course, that will inspire more people to visit our region."

Ms Relph describes the new website as a game-changer. "The website brings together the region's best and brightest attractions and makes the Macedon Ranges a leader in digital tourism in regional Victoria. It will really put the spotlight on our region."

Tourism brings \$175 million directly into the Macedon Ranges each year and employs around 16.6% of locals. Businesses should visit www.signup.visitmacedonranges.com to make sure they feature on the new website.

Macedon Ranges Running group A Running Celebration

Riddells Creek branch hosted the Macedon Ranges Running Clubs popular 10km milestone run on May 15 at Lions park. Start Running Groups (SRG) from Gisborne, Kyneton, Macedon, Riddells Creek, Romsey/Lancefield and Woodend were well represented.

The run celebrated the achievement of the club's SRG in completing the club's popular 13 week running program which began in February. In ideal sunny weather conditions, the runners made their way around Riddells Creek

cheered on by friends, family and other club members who came along to make the day a success. Congratulations to all runners and volunteers involved in the event. For those who missed out, the next SRG Spring program will begin August/September.

As part of the event, Lisa J Coles was presented with an appreciation award for her commitment as one of the founding members of Riddells Creek branch, recognising her work as club coordinator, leader and committee member. Well done Lisa, a fantastic achievement.

Want to get involved and be part of the Macedon Ranges Running Club, a community based running club? Whether you are a seasoned runner, weekend warrior or new to running, we have groups and programs to suit your needs. So come along and have a run with our club, visit our website for further details. www.macedonrangesrunningclub.com

Right: The start of the 2016 10km milestone celebration run







The Mount Players One Act Play Festival 2016

The Mount Players are hosting their 13th Festival of One Act Plays in July, 2016.
Put aside the weekend of the

8th, 9th and 10th of July!

Come and nestle in and enjoy a cosy weekend of some fantastic theatre and the best of The Mount Players Hospitality
The adjudicator for our Festival is Assoc.
Prof. Kim Durban of the faculty of Education and Arts, Federal University Australia.

Check out our website for further details www.themountplayers.com
See you all at the festival!

St. Mary's Parish - Lancefield & Romsey

27-29 Chauncey St, Lancefield & 85 Main Rd, Romsey

Parish Priest: Fr. Marc Barry Presbytery: 5429 2130 Parish Secretary Presbytery: 5429 2130 Mrs. Tammie Dalgleish School Principal: Mr. Anthony Falls St. Mary's Primary: 5429 1359

School web site: www.smlancefield.catholic.edu.au

MASS **TIMES**

Saturday:

6.00 p.m. Lancefield

1st & 3rd Sunday of the month:

8.00 a.m. Lancefield and 10.00 a.m. Romsey

2nd, 4th & 5th Sunday of the month:

8.00 a.m. Romsey and 10.00 a.m. Lancefield

RECONCILIATION

Saturdays 9:45am Romsey & 5:45pm Lancefield.

BAPTISMS

2016 - August, October, December For more information, please phone 5429 2130.

REGULAR EVENTS

Christian Meditation Group: Each Monday evening

8:00 p.m. Romsey Church – all welcome

St. Mary's Drop-In: First Thursday of each month, 10:00 a.m. Mass – Romsey Church – all welcome. 10:30 a.m. to 4:00 p.m. - St. Mary's Church Hall, Romsey. All welcome to come for a game of cards/chat and free lunch.

SACRAMENTS

Parents with children not attending St. Mary's School who are scheduled to receive Sacraments in 2016 are requested to contact the secretary by phone: 5429 2130 or

By email at lancefield@cam.org.au to register your child. Confirmation – Yr 6.

Marc's Message

The parish of St. Mary's is taking part in the Lancefieldwide garage sale on May 21st. I am very happy that this is happening as it is great to be able to participate in such a local community event. It is great to see that such a strong community spirit exists in both Lancefield and Romsey. I am really happy to see that the Neighbourhood Houses in both towns have such a strong presence and impact. Although not 'Church' initiated organisations. these groups and others are exactly what 'church' is all about and it is great for me to see so many of our parishioners involved. That extends, of course, to their involvement in the CFA and in the local sporting organisations, the Men's Shed, the Op Shop at Lancefield and in probably many others groups and activities that I haven't yet encountered. What we have translated in the English version of the New Testament as 'love' is a poor translation of the original Greek word "agape." In the ordinary Greek of that time, it meant 'a kindly practical concern for the needs of others.' I think that this little part of the world has a pretty good take on that . Marc

DOMESTIC DISCORD FOR FILM SOCIETY

There are many things in life to be happy about and MRFS members considered this notion in the context of family harmony after viewing the 2013 film, August: Osage County, where bad behaviour is the order of the day. Meryl Streep and Julia Roberts at their feisty best head up an all-star cast in this striking film.

Next month, members see that not all mistakes have a bad outcome as friendship, that glue which holds us all together, blossoms under unusual circumstances but is no less meaningful because of them. The Lunchbox, a 2013 film from India, reaches across the generations to provide a film which is a real crowdpleaser. Mumbai's cooks revel in opportunities to show off their culinary skills in a film which is a far cry from the glitz and glamour of Hollywood.

The Macedon Ranges Film Society meets on the second Wednesday of the month at the Woodend Community Centre. Film notes and an informal supper are part of the evening. MRFS is a membership-based club so initial enquiries must be made by emailing mrfilmsociety@gmail.com or by phoning Lorraine on 5427 0921 or Christine on 5429 5452.



ROMSEY BRANCH OF C.W.A. INC 2016 STATE THEMES:

Theme: Caring, Sharing, Believing Product/Resource: Chooks and Eggs Country of Study: Papua New Guinea

Social Issues Focus: Taking action on men's mental health and in doing so recognising the importance of car-

Thanksgiving Fund: Stroke health Professional Online Portal – National Stroke Foundation

Our monthly meeting is on the 1st Thursday of the month from 10.00 am to approx. 12.00 noon and our craft, coffee and chat days are on the 3rd Thursday of the month from 10.00 am to approx. 2.00 pm, both usually held at the Romsey Mechanics Institute Hall, Bring BYO lunch.

Last month, our Branch participated and entered many articles of hand crafts, cookery, plant and flower entries into our CWA Central Highlands Group Art and Crafts

Exhibition, this year held co-ordinated by the Lancefield CWA Branch, held at the Lancefield Mechanics Institute Hall. The weekend Exhibition was open to all members of the community to browse, with morning, lunch and afternoon tea to enjoy.

May is the month for our State Conference. The 2016 Conference was held at the Melbourne City Conference Centre, over three days. It involves an AGM, General Resolutions and various speakers. There is much information about the many initiatives that the Country Women's Association are involved with, from a Branch, State and National level, as well as at the International level.

Our Romsey Branch participates in many small, medium and larger activities in our Community, and we welcome people with all sorts of interests. We do hope you can join us, new members are welcome, please call and chat to:

Pat Muddyman 5428 4518 Vice President Shirley Jones President

Wendy Foster Secretary 5429 6204 Susy Jarman 5429 6008 Treasurer

For any enquires please contact Wendy Foster, Secretary, on 5429 6204.

New members are always welcome.



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Email: encouragechurch@iprimus.com.au Web: www.encouragechurch.com.au

Pastor's Parables



Gambling is a chancy venture where something is risked on an unknown outcome. On any uncertainty you can bet small or you can bet large - but would you be willing to bet your life on one toss of a coin or roll of a dice? Most would not be so foolish.

Those who don't believe in God are betting 'everything' on when they die there is 'nothing' and they will simply cease to exist.

But, WHAT IF death isn't the exit door to existence?

WHAT IF we have a soul that doesn't die and continues into eternity?

WHAT IF there is a meaning to life?

The truth is no one can physically prove God exists but, equally, no one can prove He doesn't. The more scientists learn about the universe and existence, the more ques-

tions arise. Ever-changing theories of evolution are based on either missing or debatable evidence. These theories imply that in the beginning there was nothing - the 'nothing' exploded and, with random precision, gradually created every-

Are we so foolhardy we would gamble everything on a belief in 'nothing', when everlasting life in Heaven can be ours by believing in the Lord Jesus Christ - read John 3:16.

A wise gambler once wrote: 'I would rather live my life as if there is a God, and die to find out there isn't - than to live my life as if there isn't, and die to find out there is.'

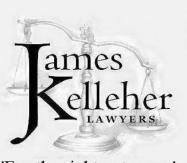
Believing in 'nothing' is the ultimate, foolish gamble. If you are right you gain nothing – if you are wrong you lose everything. Alternatively, believing in the Lord Jesus Christ stacks all the odds in your favour. By believing in Him you have everything to gain and nothing to lose.

Sunday 22nd May – Visiting Guest Speaker: Ps Philip Hills @ 10am at Encourage Church

To say that we are excited to have Ps Philip Hills joining us could be a slight understatement. Ps Hills was the former Senior Minister of Richmond AOG, now Bridge Church for 30 years, (Australia's first Pentecostal church), Former Vice President and State President of Victoria. Ps Phil is a born communicator with a warm sense of humour who brings a greater understanding of who Jesus is and how real and relevant He can be in our livesDon't miss this opportunity.

If you would like to know more about faith in Jesus please contact Pastor Marilyn or our Church office Ph 5429 6327

We would be happy to help you find true peace and joy in life. Encourage Church: "Encouraging one another to be ALL we can be in life and in God". You are invited to join us at our regular Sunday Service: 10am at 7 Mitchell Court Romsey or one of our fortnightly Life Groups. Fortnightly Youth events and weekly Children's Programs. We also offer Kidzone Before & After School Care | Vacation Care | 'mainly music' Program Senior Pastor Marilyn Hunter - "ENCOURAGE CHURCH"



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Golf News

As part of the process to install the infrastructure to irrigate the Park and golf course the Golf Club undertook extensive soil testing. The testing of the greens was generally positive, they will be tested every July to make sure there are no negative effect from the recycled water. The fairway tests showed very low counts for Calcium and Magnesium. Last year we spread 30 tonne of lime to bring the Calcium count up and just recently we have spread 30 tonne of Dolomite Lime (high in Magnesium). We will now let the fairways settle for 12 months before we again run soil tests to see what other works may still be needed

The Romsey Sporting Association, an advisory body to the Council that is made up of representatives from each of the user groups within Romsey Park, has approved the Golf Club as the primary tenant of the old 1963 Pavilion. This is an exciting time for the club as both the Bowls and Golf clubs will finally have their own rooms. This will take a great deal of pressure of each club and allow them to grow in membership. We know the building will require a great deal of work and that the move will take a deal of hard work, money and time.

Ladies Golf results

Wednesday April 20th - Stroke & Putts - 2nd Rd Silver Spoon & Mona McLeod Broach

Players hit-off on a fine, sunny, morning with just a gentle breeze from the south-east. As the round progressed the temperature rose steadily into the mid 20s. There were also plenty of green fees golfers out for a hit, taking advantage of both the beautiful day and our steadily improving course. The day's results were;

Winner; Kath Jekabsons - 106/28/78 from Leila Beasley -

116/35/81

Least Putts; Lyn Robison - 31

9-hole Winner; Jenny Hartley - 60/20/40

Mens' Comp; Hugh Drummond (21) 34 pts from Bruce Robb (29)

& Hugh Williams (22) 31 pts

Wednesday April 27th - Monthly Medal - Stroke & Putts

The April Medal field teed off on a warm and very windy morning. The gusting south to south-westerly wind saw balls move in the air and on the greens. While the warm air saw drives often travel well the steady irrigation and some heavy dews meant loss of distance off the tee once a ball landed and the "worm-burner" shots were nowhere near as successful as just a few weeks ago when the course was drying out. The conditions meant for a tough day, the results were;

Winner & April Medalist; Leila Beasley - 122/35/81 from Lyn Robison - 110/28/82

Nine-hole comp; Jenny Hartley - 59/20/39

Least Putts; Wendy Gosden - 32

Wednesday May 4th - 4BBB RMH Stableford

Players teed off on a cool, crisp morning. The fairways and greens were very green but also very soft. The remains of the damage caused by the heavy winds were just being cleared so golfers had to be careful not to hit their ball into a pile of branches as they were dragged to the big pile. A highlight of the round was a "gobbler" by Leila Beasley on the 10th, difficult to do on such heavy greens. It was a close competition coming down to a 10 m put on the 18th. The day's results were:

Winners; Kath Jekabsons/Pam Drummond - 33pts from Leila

Beasley/Wendy Gosden - 32 pts

Men's Comp; Hugh Drummond - 28 pts Nine-hole Comp; Jenny Hartley - 17 pts

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At the end of the round the players shared many stories of Lorna Turner who passed away during the week

Wednesday May 11th - 1st Rd Singles Knock-out Stroke &

Play began under darkening skies with a steady south-westerly wind. Light drizzle soon began to fall and players wondered if actually venturing out on the course had been the right decision but the skies lightened (a little) and the drizzle was blown away by a slightly stronger wind and all was well, well as well as could be expected. The fairways were soft but had excellent cover, the greens, a little damp were also in top nick however all had to really commit to a putt or it would end up well short. Balls did not travel far in the cold air and stopped almost immediately once they landed; leaving everyone with quite long approach shots. On a damp and windy morning the results were;

1st Rd Leader; Leila Beasley - 114/36/78 from Elaine Scanlon -109/31/78 & Kath Jekabsons - 108/28/80

Men's Comp; Mick Nicholls Jnr - 104/24/80 Nine-hole Comp; Lorraine Robb - 61/15/46

Least Putts; Pam Drummond - 29 Thursday May 12th - Yea Bowl

Lorraine Robb, Pam Drummond and Wendy Gosden represented RGC in the Yea Bowl. The heavy conditions were difficult to master and getting up and over the race track proved a challenge for all. Yea 1 won the Bowl with 96 pts

Wednesday March 18th - 2nd Rd Singles Knock-out

Another strong field hit off in the 2nd round of the 2016 Singles Knock-out championship. The air was cold and the fairways soft so good drives lost distance through the air and stopped almost dead once they landed. The recently detatched greens showed beautiful, straight lines but had recovered very well and putted very true. As the morning progressed the sun came out and players began to remove the odd layer. The 30 tonne of dolomite was also being spread so the field had to occasionally vacate the fairway as the spreader went on its busy way. Despite the soft conditions scoring was generally good. On a cool, then slightly warmer morning the results were;

Winner; Leila Beasley - 112/36/76 from Kath Jekabsons -106/28/78

Nine-hole Comp; Lorraine Robb - 54/15/39

Least Putts; Wendy Gosden - 32 C/B from Leila Beasley

Singles Knock-out Semi-finals will be:

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Ben Gidley 99 Main Street Phone: 5429 5254

Lauren Matthews Romsey Medical Centre Lancefield Country Practice 17 High Street Phone: 5429 1362

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CUTS TO COUNCIL FUNDING

"We, the undersigned, wish to inform the MRS Council that their plan to reduce funding by 50% for the Romsey Neighbourhood House (RNH) and all Neighbourhood Houses in Macedon Ranges, including reducing Romsey Service Centre's opening hours, will detrimentally affect the level of service provisions to Romsey and surrounding

Macedon Ranges Shire Council staff and the RNH have developed highly effective working relationships. These relationships offer genuine and personalised services which are reflected by the substantial increase in usage of The Hub in recent years

We request the council to maintain all existing commitments."

The above excerpt is from a petition currently available for residents to sign at the Romsey Hub, responding to the Council's intention to cut funding to the Neighbourhood Houses throughout the Shire, including Romsey, and to reduce the available hours at the Council service desk in the hub. Given that this is a growing community, this should raise some concern in our town, and we encourage everyone to let their views be known to council (if this is of importance to you) by signing the petition.

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Yard hours 10am to 2pm Monday to Friday Give us a call for outside these hours as usually we are not too far away.



Romsey Uniting Church

Macedon Ranges Uniting Church Partnership **25 Pohlman Street, Romsey. 3434** (P.O Box 264)



Chairperson: Mr. Noel Shaw 5429 5509

Secretary: Mrs. Jenifer Clampit 54295480

Macedon Ranges Partnership Ministers:

Rev. Peter Cannon; Rev. Deacon Wendy Elson;

Judy Rigby (Supply - until third candidate is appointed)

All three ministers are involved in taking services at the 12 churches, administering the Sacraments, ie., Holy Communion, Weddings, Baptisms and Funerals.

The Macedon Ranges Uniting Church Partnership now has an official office at the Riddells Creek Church, 3 Sutherlands Road, Riddells Creek.

Email: macedon.ranges.partnership@hotmail.com We are still waiting for the phone to be connected!! The Ministers are in the office on Thursday 9-12 The office is open each morning except Tuesday.

The 12 churches involved in the partnership are: Barfold; Gisborne; Kyneton; Lancefield; Metcalf; Mia Mia; Mt.Macedon; Riddells Creek; Romsey; Sutton Grange; Tylden;

Activities happening at Romsey Uniting Church

Don't forget the Romsey UCAF Annual Winter Luncheon on Wednesday 8th June, 2016.

The Guest Speaker is Marcia Harkins representing Kildonan Uniting Care and Horses for Hope Project.

There will be a Trading Table, Lucky Door Prizes and a lovely

Reply to Romsey UCAF, PO Box 264, Romsey or Phone: Hazel Allen 5429 5395

or Jeni Clampit 5429 5480 by 31st May, 2016 See advertisement in this Romsey Rag.

Laws or Love?

Bible Reading: John 9: 1-17

The Pharisees, then asked the man again how he had received

his sight. He told them, 'He put some mud on my eye; I washed my face, and now I can see.'

Some of the Pharisees said, 'The man who did this cannot be from God, for he does not obey the Sabbath law.' (verses 15.16).

The Jewish religious leaders and Pharisees were aware of the man - and the miracle. They hated Jesus and were plotting against him, vainly trying to find some reason to be rid of him once and for all.

When they questioned the man, he said 'He put some mud on my eyes; I washed my face, and now I can see'.

Here was a man being healed, by Jesus, on the Sabbath! Jesus could not possibly be their God, he did not obey the Sabbath law. The law forbade working on the Sabbath, and here was Jesus openly working, giving a man his sight.

How easy it is to become so caught up in traditions and by-laws that we are prevented from serving others in love and miss out on God's grace.

Pray that no-one is lost from the family of God through our putting laws before love.

When I hesitate to help others because it may not be 'the done thing', help me, dear Lord, to act with love and for your glory.

(Assurance for each day - Australian Devotions)

Church Services and activities during June, 2016

5th	9am.	Worship Service - conducted by
		Worship Team.

11.45am Annual Winter Luncheon. Church Council meeting 7.30pm

12th 9am Worship Service and Communion conducted by Judy Rigby

19th 9am Worship Service. 26th 9am Worship Service



Have you been bereaved by suicide?

Support after suicide Macedon Ranges is a new initiative offering peer support for those bereaved by suicide. On Monday July 11 the newly formed Macedon Ranges Support After Suicide Peer Group, along with their proud auspice Jesuits Support After Suicide Service, will be hosting a Community Information Session for anyone interested in knowing more about our group.

If you are wondering how we might be able to support you or how our group might be of benefit to someone you know who has lost a loved one to suicide - we encourage all to attend this session.

On this night you can meet the Peer Group that have been trained to hold this space and learn why this group is so important to them and how the group works and what to expect. If you would like to receive further information about our group please contact us by email at macedonrangesspag@gmail.com.

We hope to see you at the Newham Mechanics Institute on Monday July 11th at 7:00pm



Support After Suricidie

Working together to prevent suicide in the Macedon Ranges



Macedon Ranges **News June Edition**

Teen hour—get fit for free during June

Secondary school aged students can improve their fitness and enjoy Teen Hour at Kyneton Toyota Sports & Aquatic Centre for free during June.

Held weekdays between 4pm and 5pm and weekends from 11am–12pm in the fitness centre at the Kyneton Toyota Sports & Aquatic Centre, the exercise sessions are a great way to help sharpen minds, manage moods and alleviate the pressures of study.

Qualified staff will guide students through increasing muscle strength and power, and improving self-confidence and body image. Participants will be shown a structured strength and conditioning program with emphasis on body awareness, proper technique and wellness.

For more information, phone 5421 1477, drop into the centre or visit mrsc.vic.gov.au/leisure

Parents or guardians must co-sign registration forms of those participants under 16 years.

Teen hour—get fit for free during June

Secondary school aged students can improve their fitness and enjoy Teen Hour at Kyneton Toyota Sports & Aquatic Centre for free during June. Held weekdays between 4pm and 5pm and weekends from 11am-12pm in the fitness centre at the Kyneton Toyota Sports & Aquatic Centre, the exercise sessions are a great way to help sharpen minds, manage moods and alleviate the pressures of study. Qualified staff will guide students through increasing muscle strength and power, and improving self-confidence and body image. Participants will be shown a structured strength and conditioning program with emphasis on body awareness, proper technique and wellness. For more information, phone 5421 1477, drop into the centre or visit mrsc.vic.gov.au/leisure

Parents or guardians must co-sign registration forms of those participants under 16 years.

Tell us (and the world) about an amazing young person in your life!

Do you know a young person between 12–25 years doing amazing things in our community?

Macedon Ranges Shire Council would like you tell us about the inspiring young people in your life by nominating them for our annual Youth Awards, which celebrate and recognise the incredible achievements of young people in the shire. Perhaps the young person is:

excelling in the arts

- giving their all to their education
- ăn exceptional employee or apprentice
- best on ground in a sporting endeavour flying the flag for youth mental health and wellbeing contributing to our community in other ways.

If so, then we want to hear from you.

Nominations open Friday 10 June and can be for anyone aged 12-25 years who lives, works or attends school in the Macedon

Submit a nomination online, mrsc.vic.gov.au/youth or pick up a nomination form from a Council service centre in Gisborne, Romsev. Woodend or Kyneton. Nominations close on Friday 31 July at 5pm.

The winners will be announced at the 2016 Youth Awards presentation night on Tuesday 25 August at 7pm in the Kyneton Town Hall. The evening will be hosted by the Macedon Ranges Youth Ambassador program leaders.

For more information, contact David Hale on 5422 0226 or email dhale@mrsc.vic.gov.au

New Vic Roads rules for temporary community event sign-

Community groups are urged to familiarise themselves with new Vic Roads regulations which affect placement and display of temporary community event signs on arterial road reserves throughout the shire.

There are now 37 new Vic Roads-approved sites for temporary community event signage within 10 Macedon Ranges Shire towns. Each site has two steel posts erected to fix temporary community event signs, which must be produced by a professional sign writer and approved by Vic Roads. Vic Roads says it has developed these new rules to ensure the safety of all road users, to minimise any line of sight issues and to reduce sign clutter."All community groups need to make themselves aware of these changes by Vic Roads and ensure they allow enough time for the application process," said Anne-Louise Lindner, Council's Manager Community Safety Information regarding the event post location and conditions for use can be found on Council's website at www.mrsc.vic.gov.au/signs Community groups should direct any inquiries to Kelly Sanders at Vic Roads on (03) 5434 5003. The new rules come into effect on 1 July 2016 and penalties may apply under the Road Management Act 2004 if anyone erects a sign on an arterial road without written consent from Vic Roads.

Winter warmers at Romsey Recreation Centre

There's no such thing as slowing down for winter at the Romsey Recreation Centre. Our popular Staving Strong classes are now running four times a week, soccer is booming with the under 12s and 16s, and our basketball competitions remain competitive. With activities, fitness classes and services, as well as facilities for hire, our multi-sport facility is ready and waiting for you to come and pay us a visit!

Staying Strong. Enjoy the benefits of improved health through attending this group circuit class for mature adults. Our qualified instructor Debbie takes participants through a range of exercises designed to build muscle and cardiovascular strength. Bookings are not required for these sessions, held on Mondays, Wednesdays and Fridays at 10.30am and Tuesdays at 9.30am.

Soccer and basketball. Our autumn and winter basketball and soccer competitions and development programs have begun, with over 90 children currently enrolled. If you haven't enrolled your child yet, it's not too late!

Get in touch with one of our team members to enrol your child in our Shooting Hoops basketball program (Tuesdays from 4pm -4.45pm or Goal Kick soccer (Fridays from 4pm-4.45pm).

Squash court hire. Macedon Ranges Squash Club is looking for new and experienced players to join their mixed senior squash competition played at the Romsey Recreation Centre squash courts on Tuesdays from 7pm. Contact Bruce 0402 595 368. For casual squash court hire contact Romsey Recreation

Junior and senior netball. Teach your child the benefits of teamwork as they take part in our junior netball competition, with games held on Wednesday and Thursday nights. Senior games are played Mondays from 7pm. Competitions are held at the RRC and managed by Romsey and District Netball Association. For more information call Chris on 5429 5582.

Romsey Occasional Care. If you need to run errands, study or attend an appointment but need the kids looked after, have you considered booking the children into occasional care? Romsey Occasional Care provides quality, affordable care for your children in a safe, fun and relaxed environment. Sessions operate during school term with programs running on Wednes-



It's switching your banking to us. But it's bigger than that.

It's \$1 million poured back into the Lancefield and Romsey communities.

Being bigger is not just about size, it's also about your actions.

We're not a big bank by standard measures, but we're probably bigger than you think. We're part of Bendigo Bank – so we can help you with everything you expect from a big bank.

But in the things that matter, we're even bigger than that.

Community Banking is about the good that money can bring.

We know full well the difference a bank can make.

We know that successful customers make for a successful community. And that's why we set out to make both.

Our bank is owned by our community. We earn revenue from our banking business. And we get to decide how it gets spent for the benefit of all.

So just by banking with us, you automatically become part of something bigger.

Bigger than a bank.

Drop into your nearest branch at 20A High Street, Lancefield -5429 1977 or 105 Main Street, Romsey - 5429 5526.

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Bigger than a bank.

bendigobank.com.au

Lancefield and Romsey Community Bank® branches



The Romsey-Lancefield & District Ambulance Auxiliary

The Romsey-Lancefield & District Ambulance Auxiliary combined with the Romsey/Lancefield Lions Club, the Bendigo Bank Romsey branch and the Romsey-Lancefield Probus club have raised and donated funds to purchase two Automatic External Defibrillators (AED's). One AED has been given to the Romsey Caltex petrol station and the second given to the Lancefield Shell service station. Sudden cardiac arrest does not discriminate; it affects all

Sudden cardiac arrest does not discriminate; it affects all age groups, races and genders. When a person suffers a cardiac arrest it is critical that

- 000 is called
- CPR is commenced immediately
- Defibrillation is applied as soon as possible
- Advanced medical care is implemented

This is referred to as the chain of survival and is an internationally recognised standard.

Early defibrillation is by far the most vital component I the chain of survival. Victims of cardiac arrest can be saved if a defibrillator is immediately available. For every minute following a cardiac arrest the chance of survival decreases by 10%. The earlier the person receives defibrillation the greater the chance of survival. Often emergency services cannot get to a patient inside this optimal time period. Having these AED's placed in the community has the potential to save lives.

The AED's were strategically placed in the Romsey Caltex and Lancefield Shell service stations as they are two businesses in the community which receive a high number of foot traffic. Locals are familiar with the businesses and will hopefully be aware that these AED's are situated there and are able to be used in an emergency. In addition the service stations are open early in the morning and don't close until late in the evening. The AED's are very easy to use with voice prompts that guide the user through every step. Staff will be receiving training on how to use the defibrillators in an emergency.

Horace Vella

Ambulance Paramedic Romsey Branch

The Romsey-Lancefield & District Ambulance Auxiliary is a small, dedicated group who raise funds to support the local ambulance station. We meet every 3 months on a Tuesday at 7.30pm at the Romsey Sporting clubrooms. Dates for this year are: May 17th, 16th August and 15th November. We have two fundraising activities a year, our next one being a BBQ at the Lancefield Farmers market Saturday June

If you are interested in joining our auxiliary please call our secretary Helen Richardson 0448208655



P

COMBINED PROBUS CLUB OF ROMSEY and LANCEFIELD Inc.

A0042634P

P.O. Box 280, Romsey. Vic. 3434

For Active Retirees.

President: Greg Buist 5429 1116 Secretary: Jenifer Clampit 5429 5480

Probus is for people 55 years or over.

The Romsey/Lancefield Probus has 34 active members aged between 58 - 90 years.

We have all made good friendships and enjoy fellowship with each other whenever we are together.

Monthly meetings

10am on the 4th Thursday of the month St. Mary's Church Hall, Main Street, Romsey. June Meeting: 23rd June, 2016

Guest Speaker: Jay Brooks speaking about the history of the c1919 'Red Cross Quilt', known as the Romsey Quilt

Now you are retired or close to retiring from work come and join the friendly folk in the Romsey & Lancefield Probus Club and learn more about what Probus can offer to assist you in staying active. Or phone the numbers above.

All we want to achieve is a day of enjoyment and friendship. Please come and have a look at what we do and who we are.

Check out our website for information about the Romsey & Lancefield Probus Club rlprobus.org.au

For Active Retirees. Probus South Pacific

In 1976 Probus was launched in Australia and clubs began to form all over the country.

What else happened in 1976: Malcolm Fraser is Prime Minister; NASA unveils its first space shuttle, the Enterprise; Random breath testing is introduced in Victoria; Apple Computer Company is formed; Cigarette and tobacco advertising is banned on radio and TV in Australia.

The secret to maintaining a fulfilling lifestyle following retirement is to stay involved, become an adventurer, and enjoy new experiences with friends.

When you finish work and lose the responsibility of having a job, it is important to develop interests and friendships. You also need to accept the psychological impact that this may have on you, when you realise that your work skills are no longer required. Probus provides fellowship with others in a similar situation, which is vital to the ongoing mental wellbeing of retirees and your work skills could be used to help in another way.

Reasons to join Probus: Enjoy the fellowship of likeminded people - Probus club members meet active retirees in their local areas, across Australia and around the world.

You can check out the Probus South Pacific website to find out more about how Probus was formed 40 years ago and what it has achieved.

www.probussouthpacific.org

Phone: 1300 630 488

BIKE SAFTEY Happy Reminders

Light Up The Road

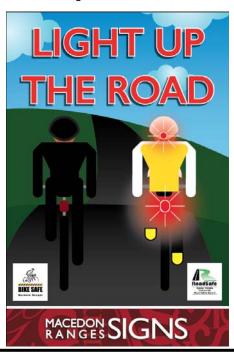
Winter is coming, the days are getting shorter. Many of us are now leaving and returning in the dark for our commute to work or school. Now is a good time to consider how visible you are on the road to other users. This applies whether you are driving a car, walking or riding a bike or horse. For cyclists in particular, it is important that we make ourselves as visible as possible. This means always carrying lights and many of our local community now use flashing front and rear lights ever time they ride a bike, day or night.

What you wear is important. Do you realise who difficult it can be to see a cyclist without lights and wearing dark clothing during the day? It's that time of year where many of our tree lined roads are in shadow at various times of the day. Are you really as visible as you think? Check out this short video for a graphic demonstration. https://www.youtube.com/watch? v=VQsYih8lf1I.

No matter how you use the road, you need to be responsible for making yourself visible to other road users. After all, no one wants to run over a cyclist or to be knocked off a bike so let's Light Up The Road!

Jem Richards

Bike Safe Macedon Ranges



Public notice of thanks to the Romsey-**Lancefield Community Anzac Appeals Week 2016**

We at the Romsey-Lancefield RSL are in awe of the wonderful support and generosity of our community. Sales of Anzac badges, tokens and donations during the recent Anzac Appeals week have been outstanding. Our sincere thanks go to all our supporters.

A large proportion of the sales collected each year goes directly towards assisting our veterans in making their lives more comfortable.

We would like to thank the business communities of both Romsey and Lancefield for their help in displaying the sales collection boxes on their premises.

We would also like to take this opportunity to thank our volunteer sellers who, unstintingly gave their time and braved windy and very cold weather conditions during the week.

Yours sincerely

Reinhard Goschiniak

President

CELEBRATING COMMUNITY

What: Outside the Square - Celebrating Community

When: Sunday 5 June at 2pm

Where: Mechanics Institute, Corner of High Street and The Crescent,

Outside the Square is a community gathering to celebrate and foster innovation and contribution in communities. The next Outside the Square event is on Sunday 5th of June at the Mechanics Institute in Lancefield and everyone is welcome to come along to share news. ideas and the inspiration to make a difference!

Regional communities are amazing and flourishing with people who contribute so much. Adam Fennessy, Secretary of the Department of Environment, Land, Water & Planning says "At DELWP we recognise that regional communities are full of resources, leadership and generosity. This Outside the Square event is an opportunity to come together to share ideas on how we can support inclusive, resilient and sustainable communities in Lancefield, Cobaw, Romsey, Baynton and

The event is for everyone including people involved in clubs, social groups, community groups, schools, local businesses, volunteers, mums and dads, young people, residents, community members, and anyone in-between that wants to make stuff happen.

"People get so much out of attending our Outside the Square events," says Karen Corr of Make a Change Australia, and host of Outside the Square. "At our event on June 5, people will get a chance to catch up, find out what's happening in the region, generate new ideas for the future and explore ways to strengthen existing initiatives." Karen goes on to say, "There will be a variety of short talks, discussions, some delicious treats and plain old good company."

Dr Adam Bostanci, co-organiser of the Lancefield Megafauna Festival, thinks Lancefield should explore the creation of a megafauna fossil exhibit in Lancefield. "Lancefield Park is home to a very significant megafauna fossil site and a permanent exhibit would attract visitors and students alike." Adam is attending Outside the Square because it is "an opportunity for more people to hear about the megafauna festival and hopefully also to recruit a few new members to the organising committee."

"Our community is doing some incredible stuff," acknowledges Michelle Belthaszar, Benloch resident and coordinator of Romsey Neighbourhood House. "We need to raise greater awareness of this as well as how more community members can get involved. The Outside the Square event will provide the opportunity for this to happen."

Deb Bailey an active volunteer for the Lancefield Townhouse has lots of ideas for her community. Such as a Christmas BBQ street party, and more town gatherings. "I'm looking forward to Outside the Square to see what people's ideas are for our community, to see what ideas can be tabled together and what we can implement.

Outside the Square is taking place on Sunday 5 June at 2.00pm, at the Mechanics Institute Lancefield. For more information and registration visit makeachange.org.au. Everyone is welcome and registra-



Karen Corr, Make a Change Australia, Deb Bailey Lancefield Townhouse volunteer, Dr Adam Bostanci, co-organiser Lancefield Megafauna Festival, Michelle Belthaszar Romsey Neighbourhood House.

Australian Decorative &

Arts Societies

ADFAS members will hear about trees in art on 16 June at Kyneton Town Hall, when Director of Geelong Gallery, Geoffrey Edwards, will lecture on 'Giant, ancient and historic trees', that have been pictured in historical and modern paintings, prints, photographs and antiquarian books. This is an opportunity to hear an unusual topic delivered by one of Victoria's most respected lecturers in the arts. Guests are welcome to attend for an entry of \$30, which includes supper with local wine, at Kyneton Town Hall, Thursday 16 June, 7 for 7.30pm.

Please ring 0408 517 485 or email adfascenvic@gmail.com.au.

We look forward to welcoming you. Norma Aplin, ADFAS Central

LIONS AT WORK

Just thought you would like to know what the Lancefield/Romsey Lions are doing after the high winds on the weekend of the 5th -6th of May 2016.

The weekend following we attended a property to help the owners clean up their 10 blown down 70 year old pine trees. There were about 15 people including members of the Lancefield/ Romsey Lions and their partners, family and their neighbours.





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The Independent Living Specialists

Services available:

- Personal Care Assistance with daily living
- Respite Care Supporting family and carers
- Transport On time and in comfort
- Nursing Care When expert care is needed





Community Funding Opportunities - Information Evening

Representatives of your community group or club are invited to attend an Information Evening to discuss our Community Investment Program (grants and sponsorships) for 2016-17.

Our annual call for grant and sponsorship applications will commence on 14 June 2016, and application forms will be emailed to community organisations on this date.

When: Wednesday 15 June 2016

Time: 7 - 8pm

Where: Lancefield Mechanics Institute

RSVP: Sally Peeler on 0414 089 311 or at marketing@lancefieldromseybank.com.au

Applications close on Thursday 28 July 2016.

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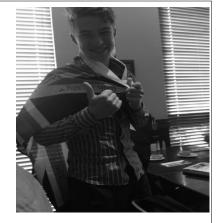
Lancefield and Romsey Community Bank® branches



MAKE THE WORLD YOUR HOME-YFU STUDENT EXCHANGE-STUDENTS, FAMILIES AND VOLUNTEERS

In 2013, I had a once in a life time opportunity to spend an entire year in a place called Sale in Victoria, Australia. When I was told, that I will be spending my exchange year in Sale, I didn't really know what to expect, because I had never heard anything about the place. I had hoped to get allocated to a host-family who lives in a big city like Sydney or Melbourne. However, now I am very glad that it did not work out this way.

Living in Sale had so many advantages, compared to a life in a city. The great thing about Sale is that it doesn't matter where you live, you are able to walk to wherever you need to go. What I liked most about living in Sale were the people. You are always around your friends. You don't have to travel long distances to catch up with them, you just walk to their house. Plus you always run into somebody you know when you go out.



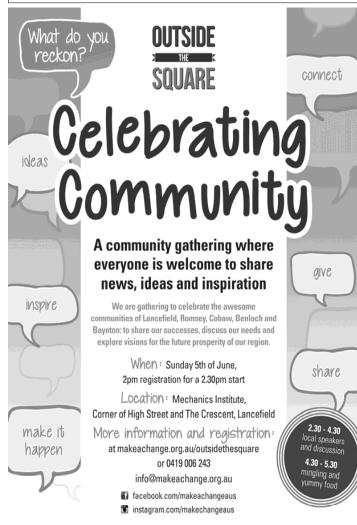
I was lucky to live with a great host-family. Even though my English was not good when I arrived, and I am pretty certain that they didn't always understand what I was trying to say to them, they made me feel extremely welcome. I really appreciated that almost every day we all had dinner together and talked about what happened that day. This not only helped me improve my English a lot, but, it also made me feel like part of the family.

One of my best memories with my host siblings was when they decided to take me to an Australian football game. I really got into this sport during my year in Australia because my youngest host brother was a big AFL supporter. He taught me everything there is to know about the sport and I turned into a big AFL fan myself. Through my exchange I made friends for life and gained a second family!

Lukas YFU Exchange Student from Austria 2013

If you would like to make the world your home by hosting a student like Lukas, or, becoming an exchange student yourself, contact YFU today at yfuaus@yfu.com.au or 1800 654 947, www.yfu.com.au







Our annual call for grant and sponsorship applications for 2016-17 will commence on Tuesday 14 June 2016. Application forms will be emailed to community organisations on this date.

All Lancefield and Romsey community groups and sporting clubs are eligible to apply.

Applications close on Thursday 28 July 2016.

For more information, please contact Sally Peeler at marketing@lancefieldromseybank.com.au or on 0414 089 311.













Romsey Medical

99 Main Street, Romsey, 3434 Monday to Friday: 8.15am to 8.00pm Saturday: 8.30am to 1.00pm **Tel: 5429 5254**

Email: doctors@romseymedical.com.au www.romseymedical.com.au

Flu Vaccinations Now available at Romsey and Lancefield Medical

The 2016 Influenza vaccine is now available. The vaccine does not contain any live viruses and therefore cannot cause the illness. It is important to have an influenza vaccine each year because the virus changes from year to year and immunity last only one year. Flu vaccines are the single most effective way of helping fight the spread of flu in the community. Approx. 3,000 Australians die every year, either directly from the flu, complications due to the flu, or pneumonia.

FREE FLU VACCINATIONS ARE AVAILABLE FOR:

Everyone 65 years of age and over People medically at risk Pregnant Women Aboriginal and Torres Strait Islander Persons

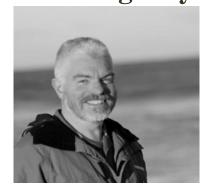
If you are not eligible for a free vaccine, there is a fee of \$18.00 payable on the day of vaccination.

The administration of the vaccine is bulk billed.

REGULAR FLU CLINICS AVAILABLE

PHONE:)5429 5254

Romsey and Lancefield Medical Welcomes: Dr Stuart Franks Commencing July 2016



Dr Stuart Franks is a 1986 University of Sydney graduate, who went on to serve in the Royal Australian Air Force as a Senior Medical Officer. He has continued his work in Defence, and, more recently in family General Practice, with further experience in skin cancer medicine, sports medicine, and psychiatry. Having settled near Romsey eight years ago, he and his family have been enjoying rural life activities, including equestrian sports – Stuart is a past-president of Riddell's Creek Pony Club. Dr Franks will commence at Romsey and Lancefield Medical on Monday 11th July 2016. Dr Franks will initially offer Bulk Billing to all patients. Appointments are available Monday to Friday, including one late week night and one Saturday per month. The Romsey and Lancefield Medical Centre's are both fully accredited. We are committed to providing the highest quality medical care to our community by delivering ethical, consistent, timely and comprehensive medical care encompassing family medicine, emergency care and preventative health strategies.

Serving Romsey Since 1952 ----- Local Doctors with Local Knowledge



TERM 2 PROGRAM UPDATE 2016
Courses Recommence 11th April -- 24th June
Now Open: Mon-Fri 10-3pm

There is so much more to RNH!
What's On Offer!



Let's Get Fit Romsey!

Metafit: NEW! (Mondays 2.30pm -3.00pm, EOI for Tuesdays 7.00pm-7.30pm & Fridays 9.15am-9.45am) Is an effective (High In-

tensity Interval Training) in helping improve your fitness levels, maintain lean body muscle and burn fat in a short period of time. Suitable for ALL levels it's a Workout that keeps on working AFTER class has finished. Bookings Justine on 0412 999 822. \$14 casual \$10 per class for Term payment. Why not join all classes and maximise benefits faster!

Gentle Exercise: (Mondays 10am-11am) \$5 per class. It's fun and tailored to meet the abilities of each participant! May assist with mobility, balance, bladder control and joint pain. Chair based exercises available. Enquires: Jan on 5428 1223 or 0412 219 900. Join us after class for a cuppa!

Reiki: (Mondays-Friday by appointment) \$10 per 45min session. Experience the healing stress release and relaxation therapy of Reiki with Oksana. Be pampered for only \$10 and feel revitalised! Bookings essential on 5429 6724.

Yoga for Kids with Special Needs: NEW! (Mondays

5.45pm-6.15pm) \$10 per child. Yoga can help autistic children get out of the 'fight, flight' freeze' response, and feel more relaxed and less anxious in their bodies. Specific yoga poses can aid digestion and elimination, while deep breathing practices help calm the nervous system. As this is a specialised class numbers are limited. Enquires: Leisa Kirk on 0408 934 656 for questions or bookings.

Yoga: (Mondays 6.30pm-8:00pm) \$15 per class when paid in full at the commencement of the term.\$20 casual rate. Enquires: Leisa Kirk on 0408 934 656.

Romsey Walkers: (Wednesdays 9.30am-11.00am) Don't walk alone! Join this casual friendly group and walk at your pace. FREE!

Equilibrium Pilates: (Mon 6.30pm-7.30pm, Tues –EOI, Thurs 9.30am-11.30am) \$15 per class Want to get more out of life? Want to increase flexibility and strength? Want to build long, lean muscle rather than bulk? Bookings Essential: Kirsty 0419 296 555. Tuesday Night class register expressions of interest now!

Dance & Movement for Children: (Wednesdays 4pm-4.30pm - Under 5's, (Cost: Casual \$10) 4.30pm - 5.15pm - Over 5's (Cost: \$12 Casual) \$8 per class for Term payment. Join in this fun, creative dance class where kids learn the joy of expressing themselves through dance. Enquiries: Claire 0434 419 560.

Zumba GOLD: (Thursday 9.30am-10.30am) Come join in the fun dance fitness program suitable for all ages. Low impact, move at your own pace, learn a variety of dance steps, easy to pick up. Bookings: at the House on 5429 6724 Enquiries: Karen on 0432 807 682. Offsite location: Romsey Mechanics Institute.

Yoga: (Thursdays 7pm-8:30pm) \$15 per class when term is paid before end of week 1. \$18 casual rate. Enquires: Lisa Moor on 0448 345 338.

Meditation: NEW! (Fridays 9.30am - 11.00am) Meditation is a deep contemplation and awareness of the self. The health benefits from practising regular meditation are enormous. Come along and find out more about how meditation can assist your well-being. Learn to relax, de-stress and renew yourself with simple techniques that you can implement at home. \$10 per class. Register now!

Let's Get Creative!

Art In Company: (Tuesdays 11am-2pm) \$2 Gold coin. Bring your work in progress and join like-minded people for 3 hours of creative stimulation.



Craft Group: (Tuesdays 12pm-3:30pm) \$Gold Coin. Bring along your latest project and craft away in the company of others and maybe pick up a new skill or two! Contact: Leanne Menzies: 0407 053 806

Art Classes for Children with Mim: (Tuesdays 3:45pm-4:45pm) \$80 for a 10 week course. Numbers limited. Bring an A3 Visual Arts Diary & basic acrylic paints. Enrolments and payment in advance essential prior to week 1. Contact: House on 5429 6724 to book.

Learn to Mosaic: NEW! (Wednesdays 10am-12.00 noon)
A class for all levels from beginners to those more experienced.
Bring along a project you've been wanting to do or learn the art of mosaicking with the help of an experienced tutor. Cost: \$10. Bookings required. Contact House for materials required.

Kidz Fun Crafty Club: NEW! (Wed 3.45-4.45pm) Come have fun exploring your creative side whilst learning life skills as well. Making things out of a variety of materials such as paper/beads/wool & more...An hour of fun so if your child would like to join us, we would love to see them there! Ages 5-10yrs. Cost \$12

Watercolours for Beginners-Intermediates: (Fridays 1pm -3pm) Learn to develop your skills and techniques in using watercolours with helpful guidance in this tutor-based class. Bookings: 5429 6724 Enquiries: 0455 131 659 Cost: \$10 session.

Scrapbooking & Card Making: NEW! Capture those treasured memories forever in designing your own unique album or personalised gift cards. Register your interest at the House for this class to go ahead.

Vintage & House Signs & Chalk Paint Workshops:

NEW! Make your own vintage or unique house sign or revamp your furniture pieces. Register your interest now!

Soap Making: NEW! Learn the traditional method of homemade soap making with natural ingredients which is gentle for you and your family to use. Register now and state preference for day or evening course. Enquires Emily on 0408 857 659.

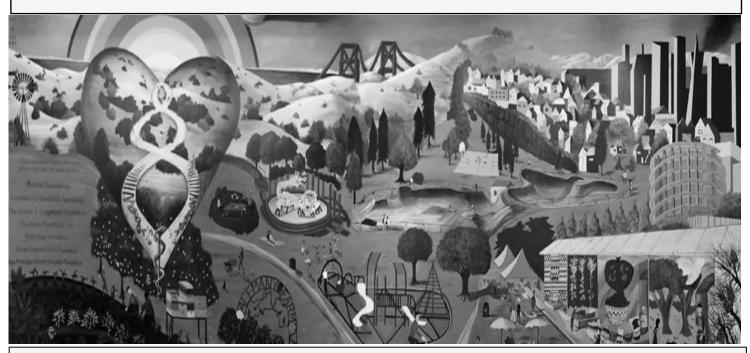
Let us know what you'd like offered in Romsey!

Remedial Massage Sessions- NOW AVAILABLE!

(Availability flexible Mon-Fri 9am-3pm)by appointment only. 1hour full body massage \$60, \$5 discount to senior citizens. Angela is a qualified remedial massage therapist with over 3 year's industry experience. Treating massage as more than just providing physical relief, it is also good for the mind and soul. Angela now has the opportunity to offer her services through the Romsey Neighbourhood House. If you would like to discuss your needs or book a time, please contact Angela on 0416 226 466 or book in at the House.

It's Your Neighbourhood House...Be Part of It!

ROMSEY COMMUNITY MURAL PROJECT 2016



We have finally been successful in applying for grants to go ahead with this initiative for our Romsey community.

The theme of this mural is "Our Sustainable Future". This mural will be proudly displayed on our RNH boundary fence.

This community mural is hoping to involve all ages of the community from preschool, primary, youth, middle age and golden years. If individuals or your group would like to be involved in this exciting initiative please contact the house.

You will be involved in a series of workshops covering 'Environmental Sustainability", planning & production. Workshops Commencing Term 3.

Register your interest to be involved at the Romsey Neighbourhood House.





